



*Adapting to technological change in haematopathology*

# Fine-needle aspiration and haemato-oncology diagnostics

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# Issues

- Haematopathologists in the UK are generally tissue biased.
- The 'Google effect'
- Rapid *mimimally invasive diagnosis* in 'lumps & bumps' clinics.
- Imaging (US/CT, esp PET) are now picking up incidental / post therapy **visceral** lesions.
- PET – not entirely specific, often picks up macrophage response avidly in post therapy lesions (Deauville score: >3) – requiring sampling to determine if residual disease is present.
- Morbidity / mortality associated with surgical access usually precludes utility of this modality.
- Often lesions are at sites where interventional radiologists would not dare to go.
- Therapy controls disease better, so more relapses encountered in routine clinical practise – do we have to biopsy all of them?

# Cytologic material & haematolymphoid malignancy diagnosis

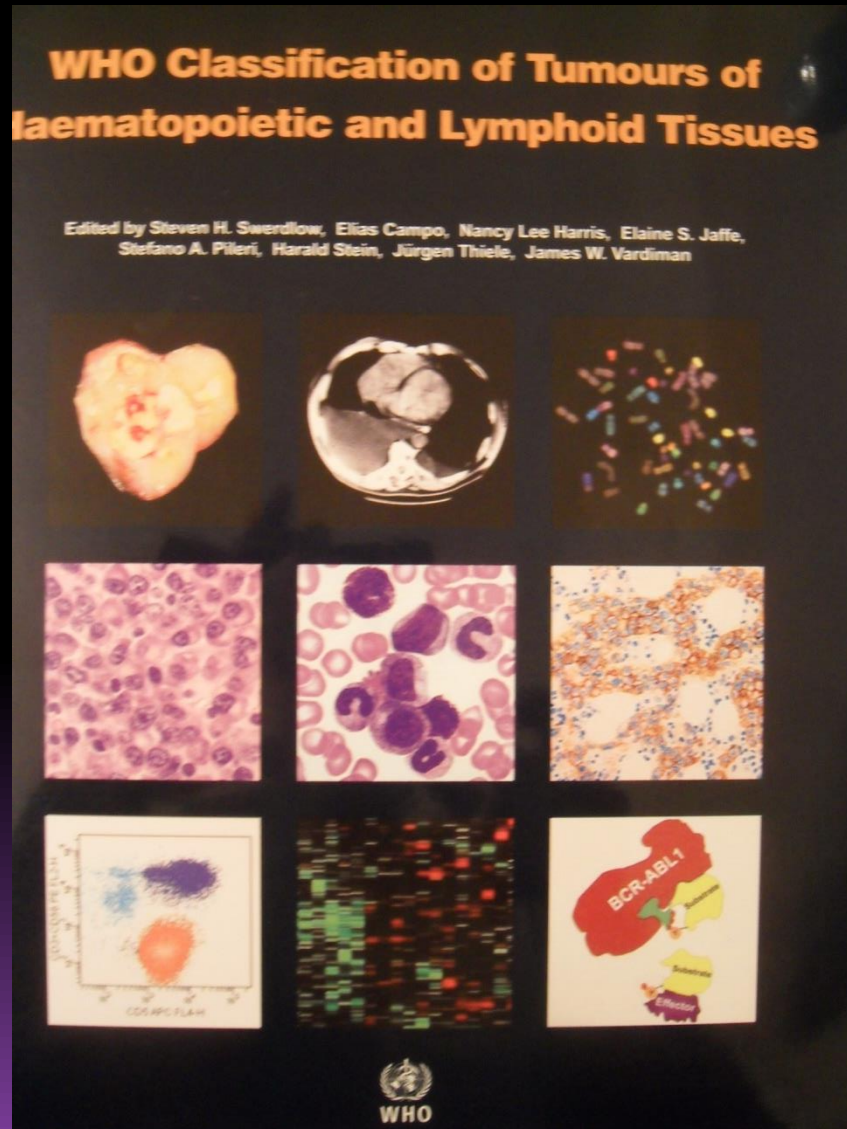
## ■ Clinical

- Can one use cytologic material to make a diagnosis of lymphoma / leukemia (akin to using a blood sample)?
- Is this diagnosis reliable?
- Are we able to get enough material out to do the same workup that we would be able to do on biopsy material?
- Is the extent of sampling adequate?

## ■ Laboratory

- Is it possible to perform ancillary testing on such samples – immunohistochemistry, flow cytometry, FISH, B & T-cell clonality studies?
- Can one convert cytologic material to histologic material?

Can one use cytologic material to make a diagnosis of lymphoma / leukemia (akin to using a blood sample)?

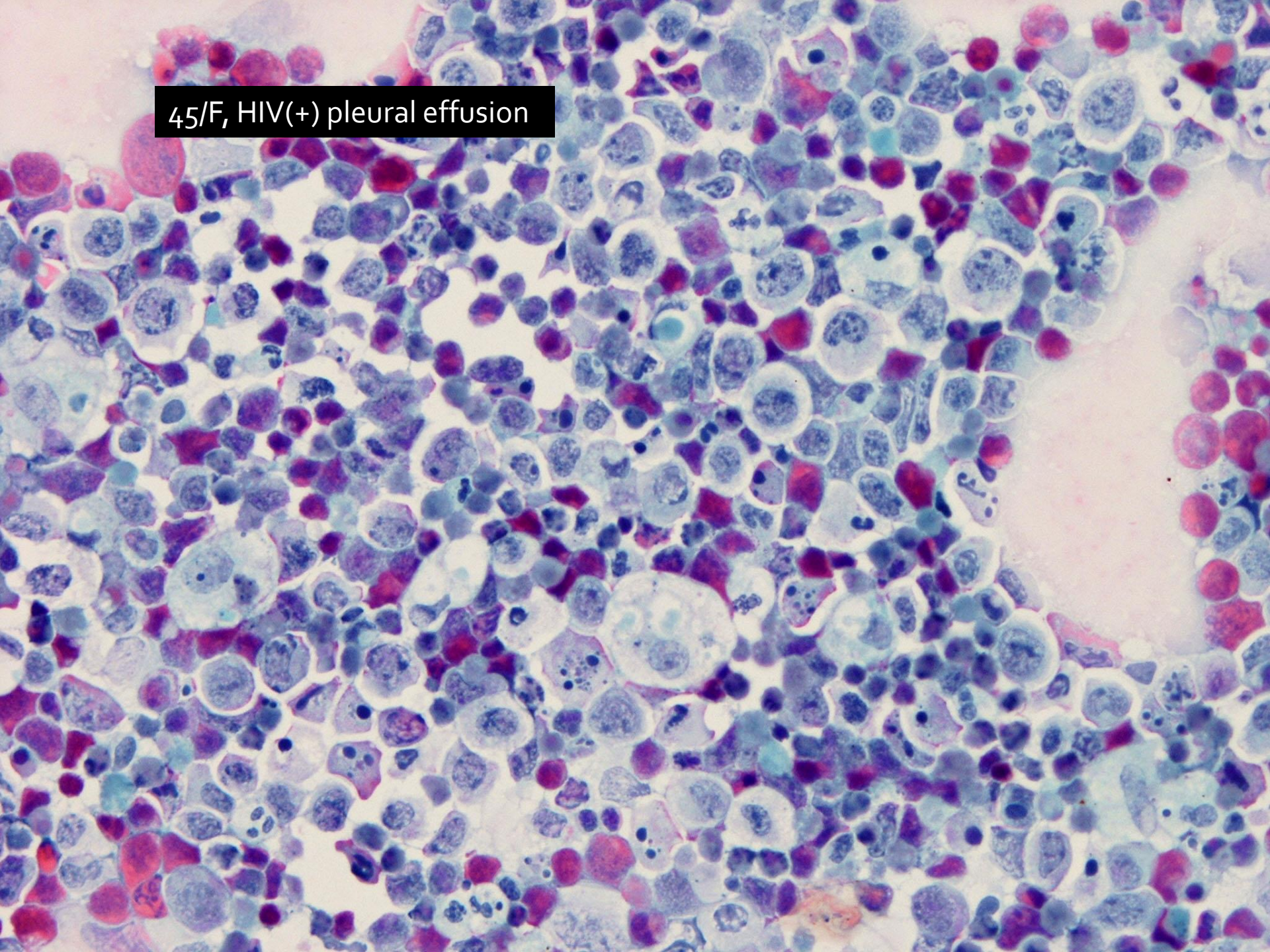


**WHO 2008** – diagnosis based on:

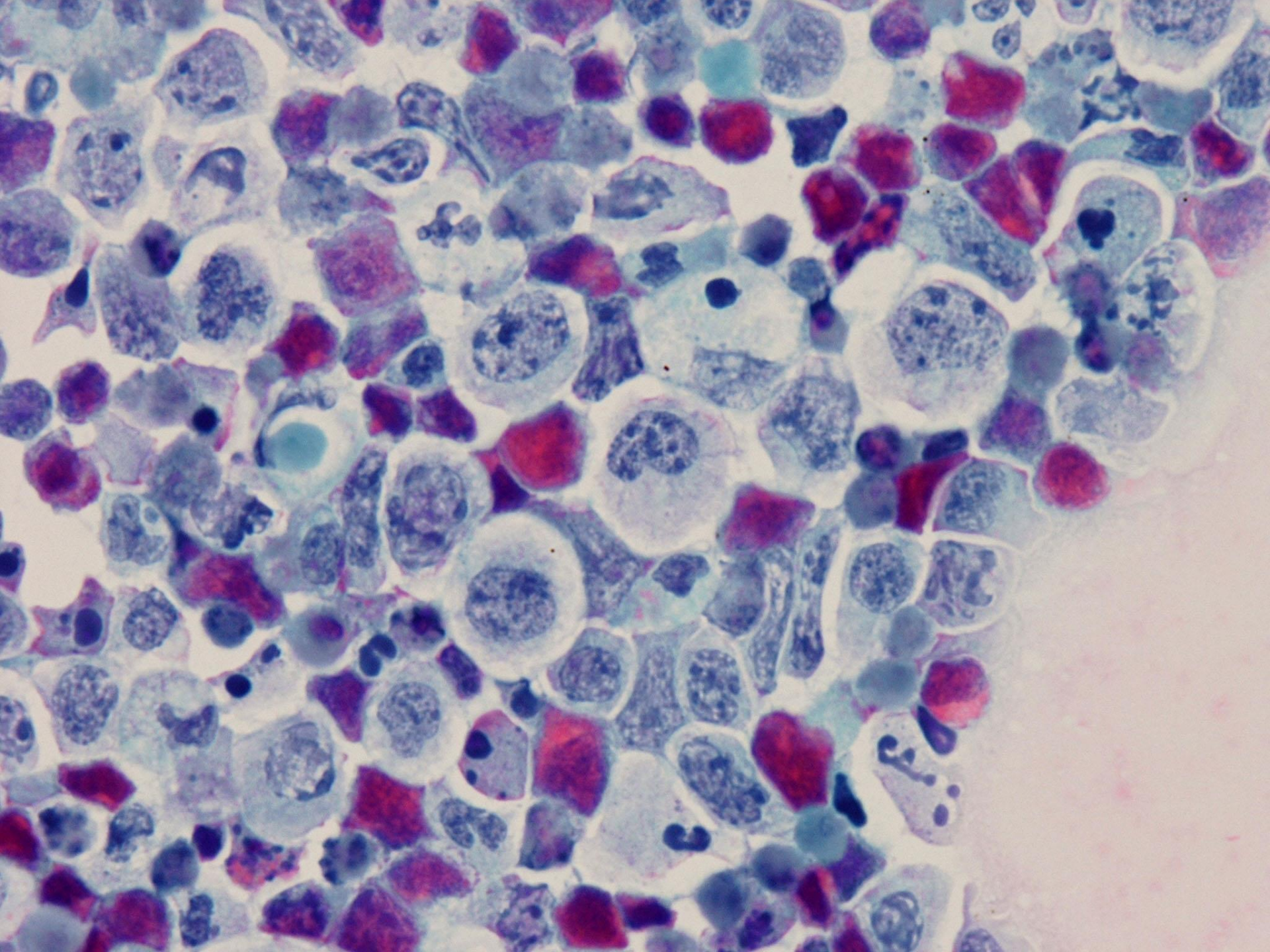
- Cytologic
- Immunophenotypic
- Genetic
- Molecular data



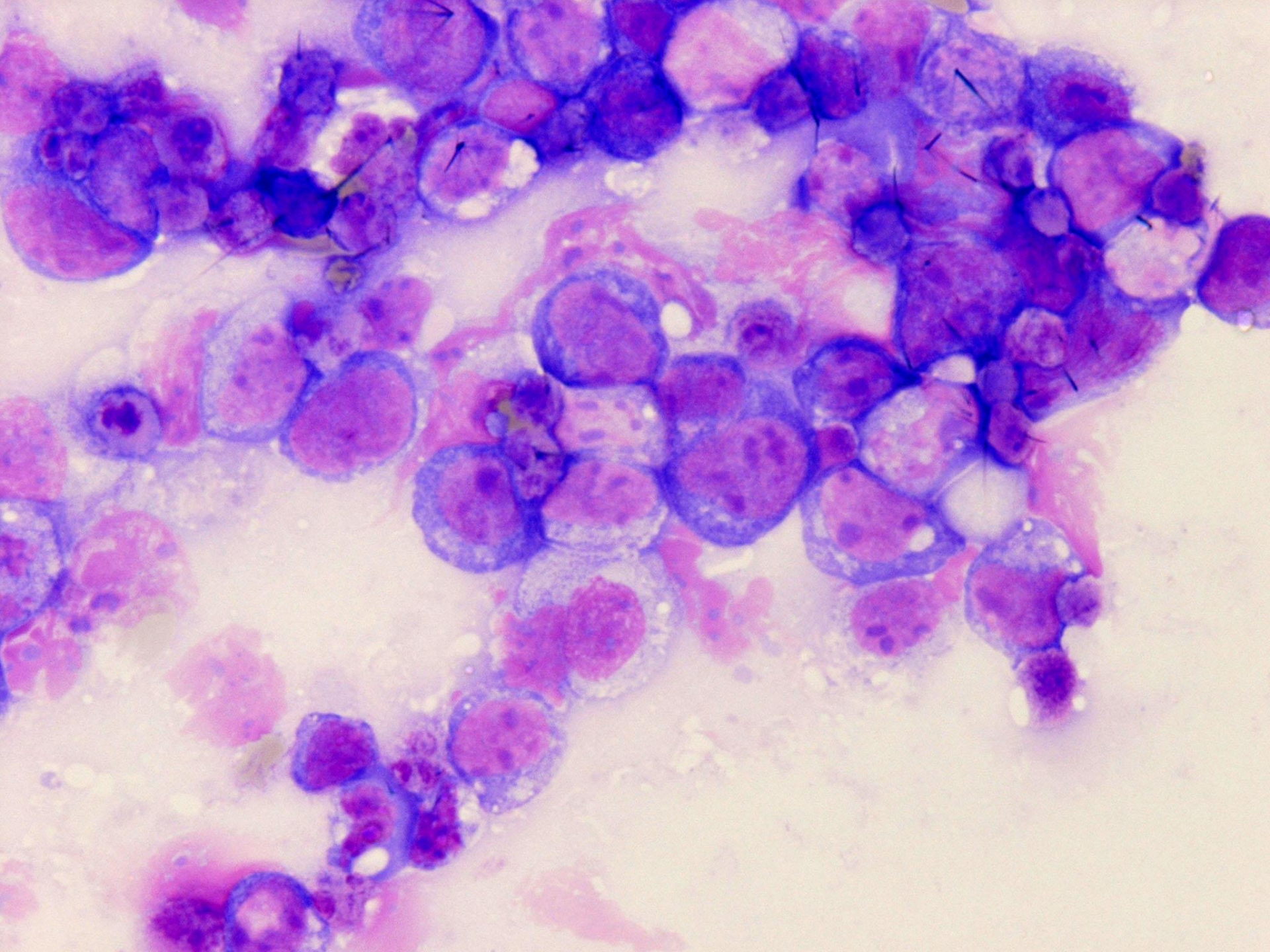
45/F, HIV(+) pleural effusion



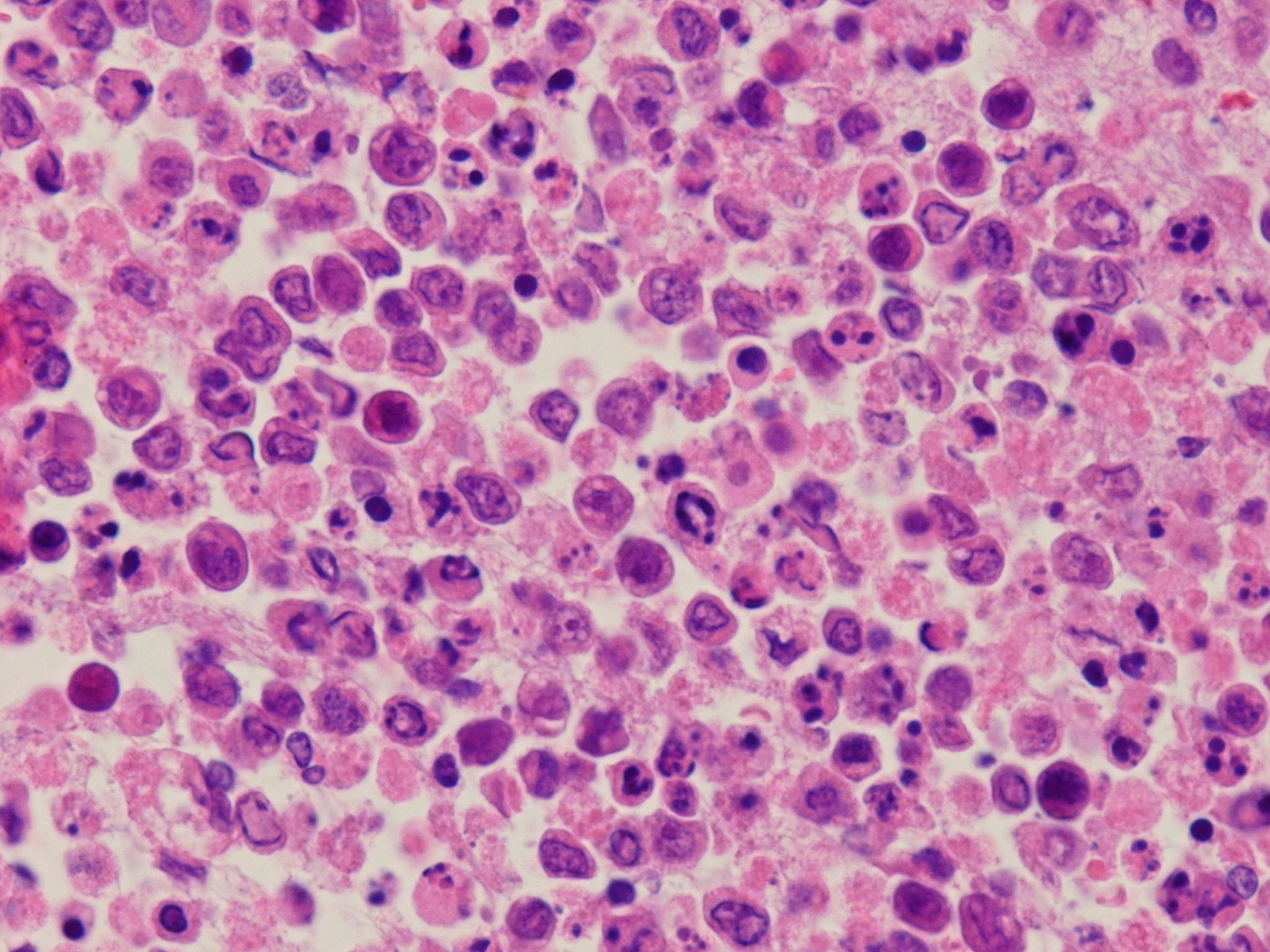




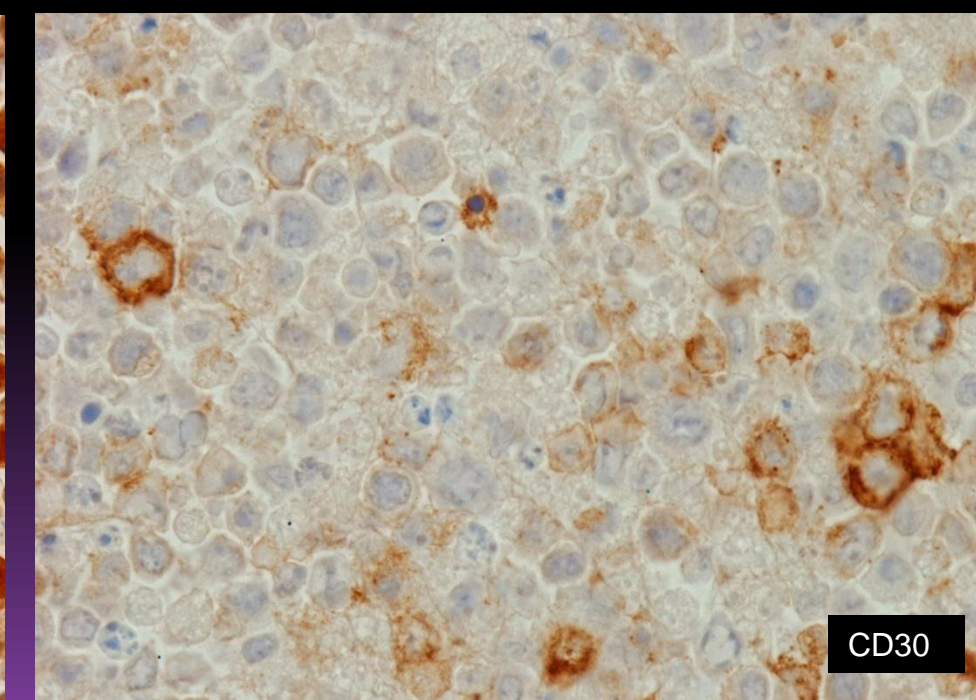
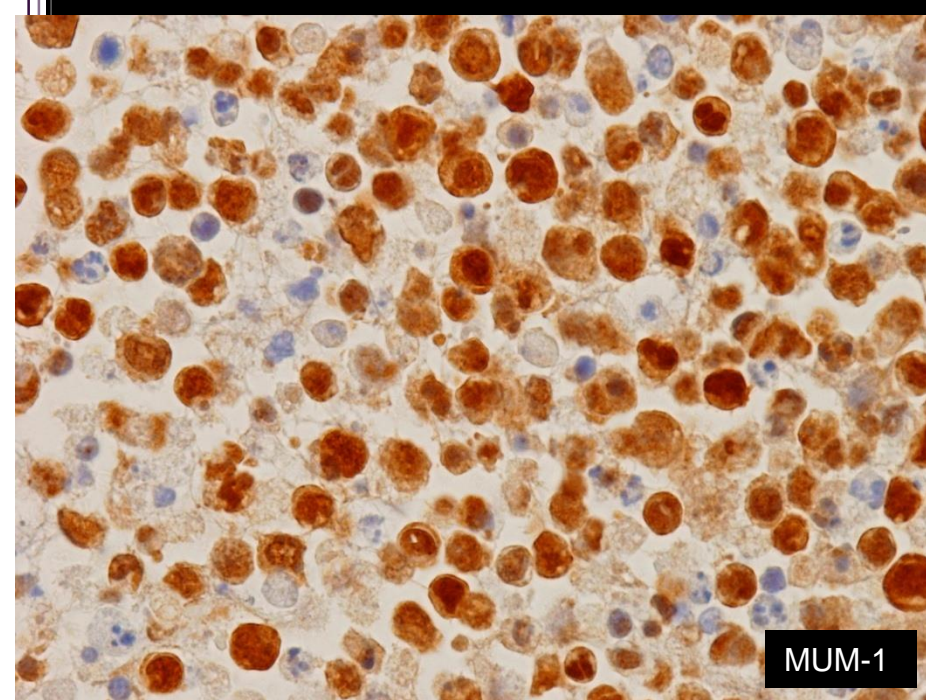
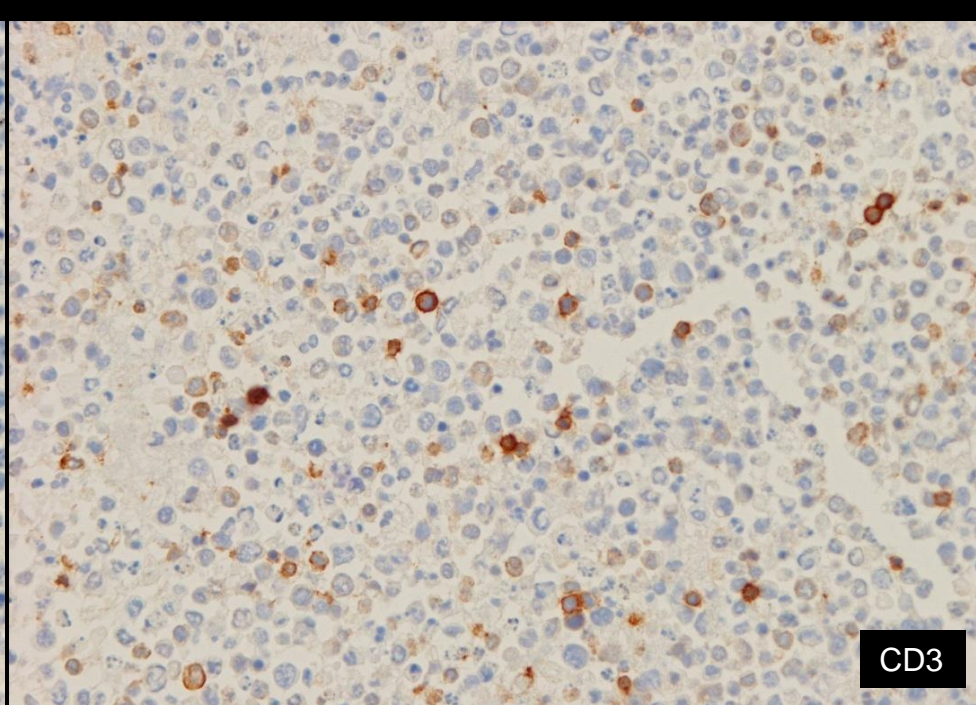
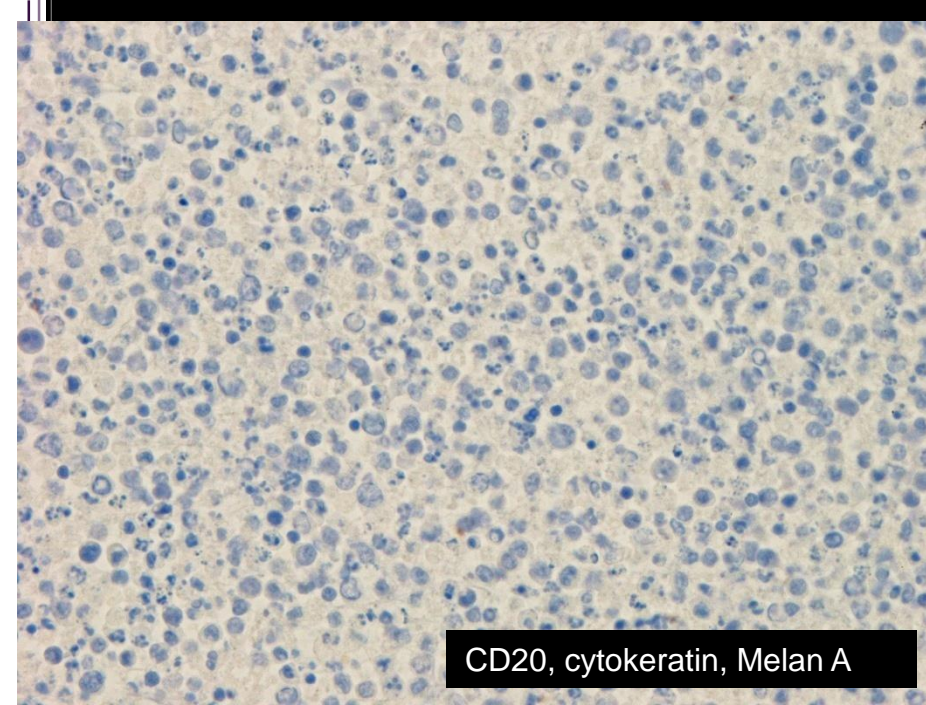
















HHV-8

Diagnosis:

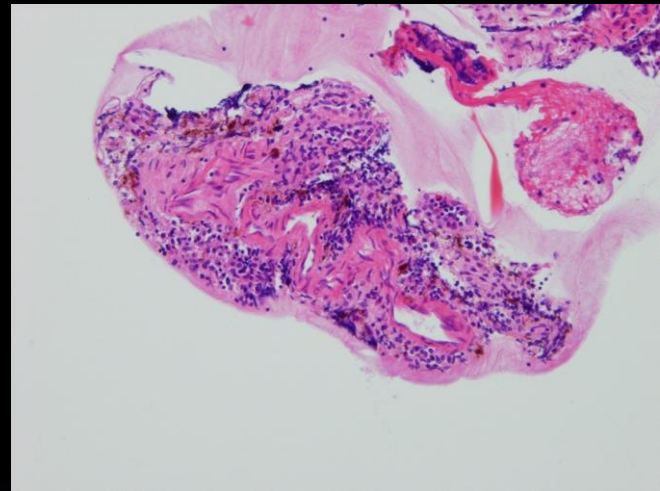
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**Primary Effusion Lymphoma**

# Cell block technology

- Conversion of cytology specimens → histologic specimen
- Most cytology specimens if appropriately collected.
- Needle washings / additional passes
- Normal saline (2 ml)
- Centrifuged
- Supernatant discarded
- Sediment mixed with plasma
- Thrombin added
- Clot prepared
- Clot transferred to cassettes
- Fixed & routine processing

- Allows evaluation of architecture

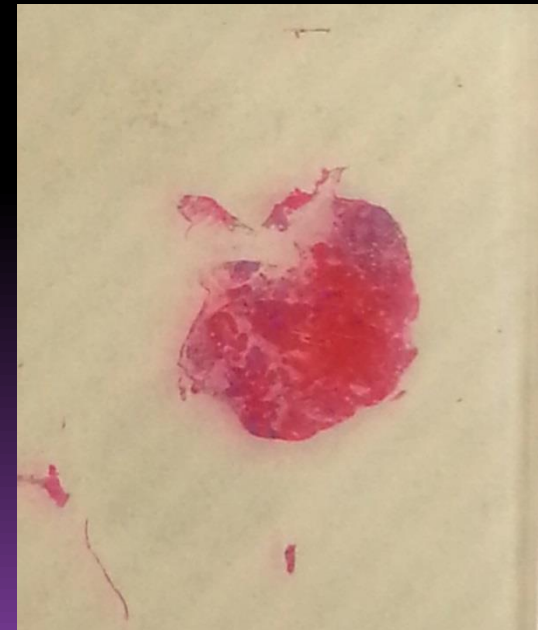
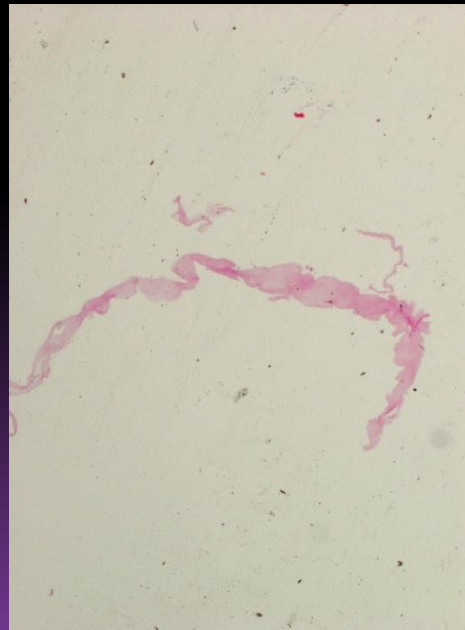
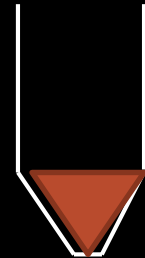


- Allows
  - Special stains
  - Immunohistochemistry
  - FISH
  - Molecular (PCR / NGS)



# Cell blocks – technical issues

- ▣ Type of container used



# Cell blocks - technical issues



Double the material

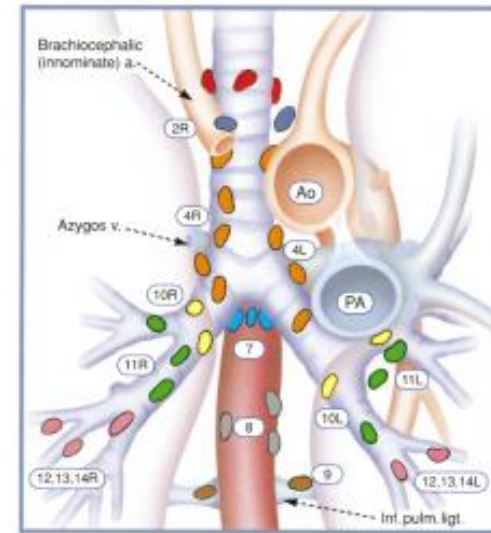
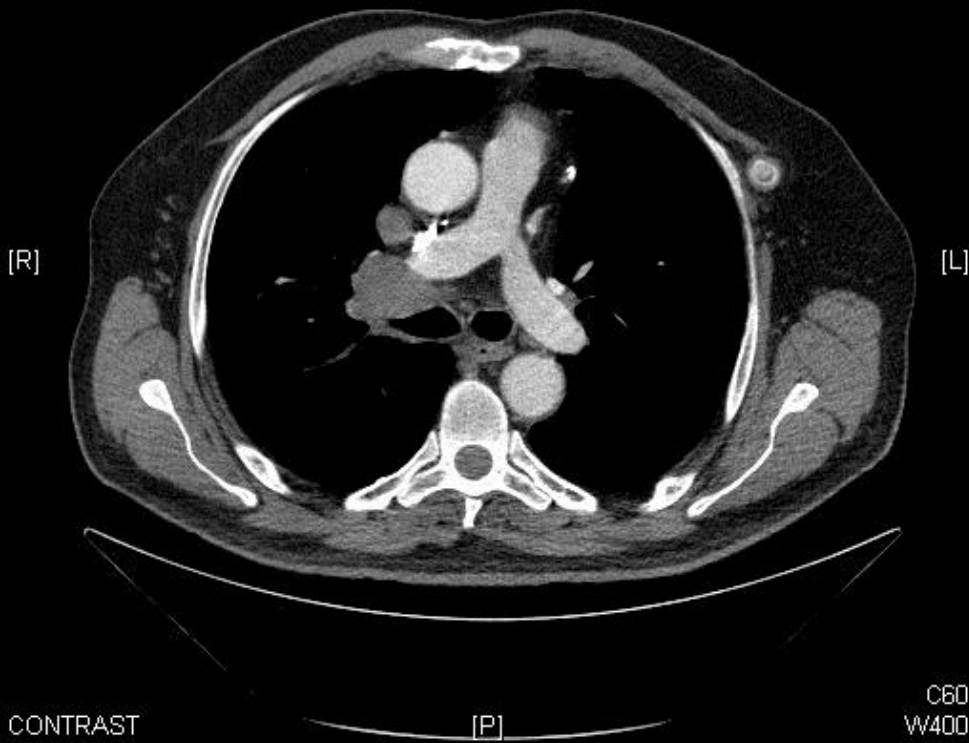
EBUS: **E**ndoscopic **B**ronchial **U**ltra**S**ound

EUS: Endoscopic ultrasound



## **Visceral lymph node / mass sampling**

The EBUS story



**Superior Mediastinal Nodes**

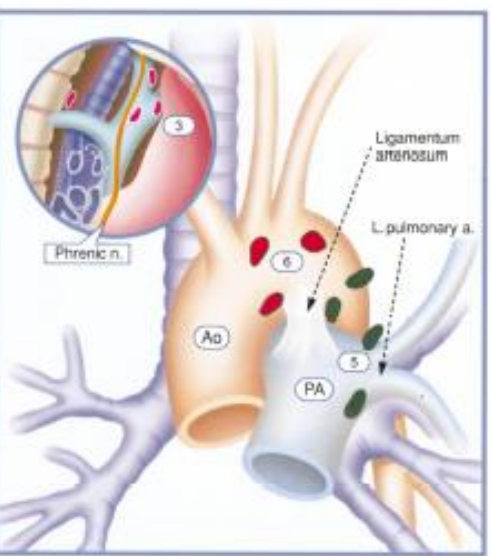
- 1 Highest Mediastinal
  - 2 Upper Paratracheal
  - 3 Pre-vascular and Retrotracheal
  - 4 Lower Paratracheal (including Azygos Nodes)
- N<sub>1</sub>* = single digit, ipsilateral  
*N<sub>2</sub>* = single digit, contralateral or supraclavicular

**Aortic Nodes**

- 5 Subaortic (A-P window)
- 6 Para-aortic (ascending aorta or phrenic)

**Inferior Mediastinal Nodes**

- 7 Subcarinal
- 8 Paraesophageal (below carina)
- 9 Pulmonary Ligament



**N<sub>1</sub> Nodes**

- 10 Hilar
- 11 Interlobar
- 12 Lobar
- 13 Segmental
- 14 Subsegmental

**TABLE 3**  
Procedures Used to Sample Lymph Nodes, by Lymph Node Level

Lymph node level	Mediastinoscopy	Thoracotomy	Chamberlain/WATS	Esophageal sonography
2L, 2R	✓	✓		
4L, 4R	✓	✓		
5, 6		✓	✓	✓
7	✓	✓		✓
8, 9		✓	✓	✓
10L, 10R		✓	✓	
11-14		✓		

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(Mountain/Dresler modifications from Naruke/ATS-LCSG Map)

© 1997 Naruke are permitted for educational use only.

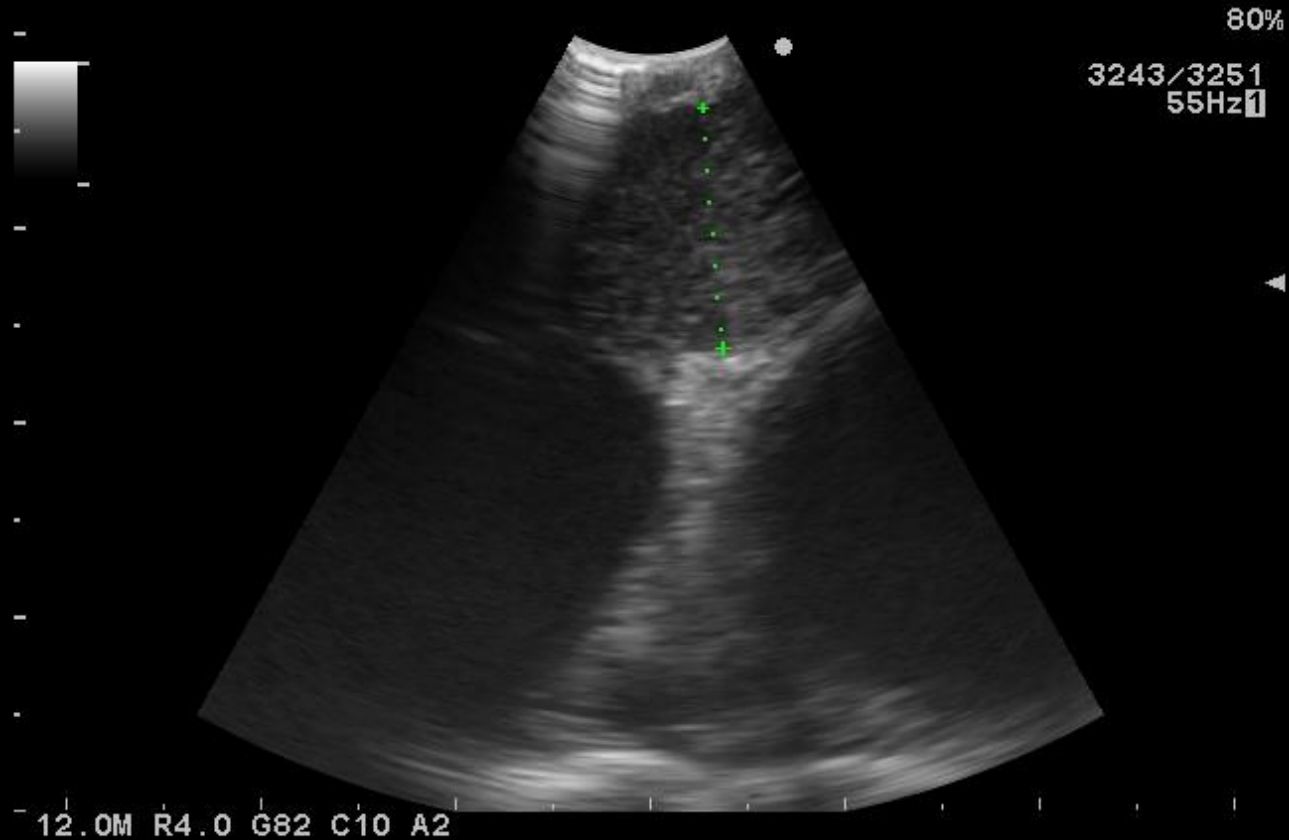
# Where radiologists do not tread....

ALOKA GSTT EBUS TEAM  
PROSOUND ALPHA 10

: 78Y

:F

23-01-'14  
11:26:52



Dist: 1.24cm

1:EBUS

Probe:OLY-R8C2



# Endoscopic ultrasound setup





# Rapid on site assessment (ROSE) setup









# What can be targetted



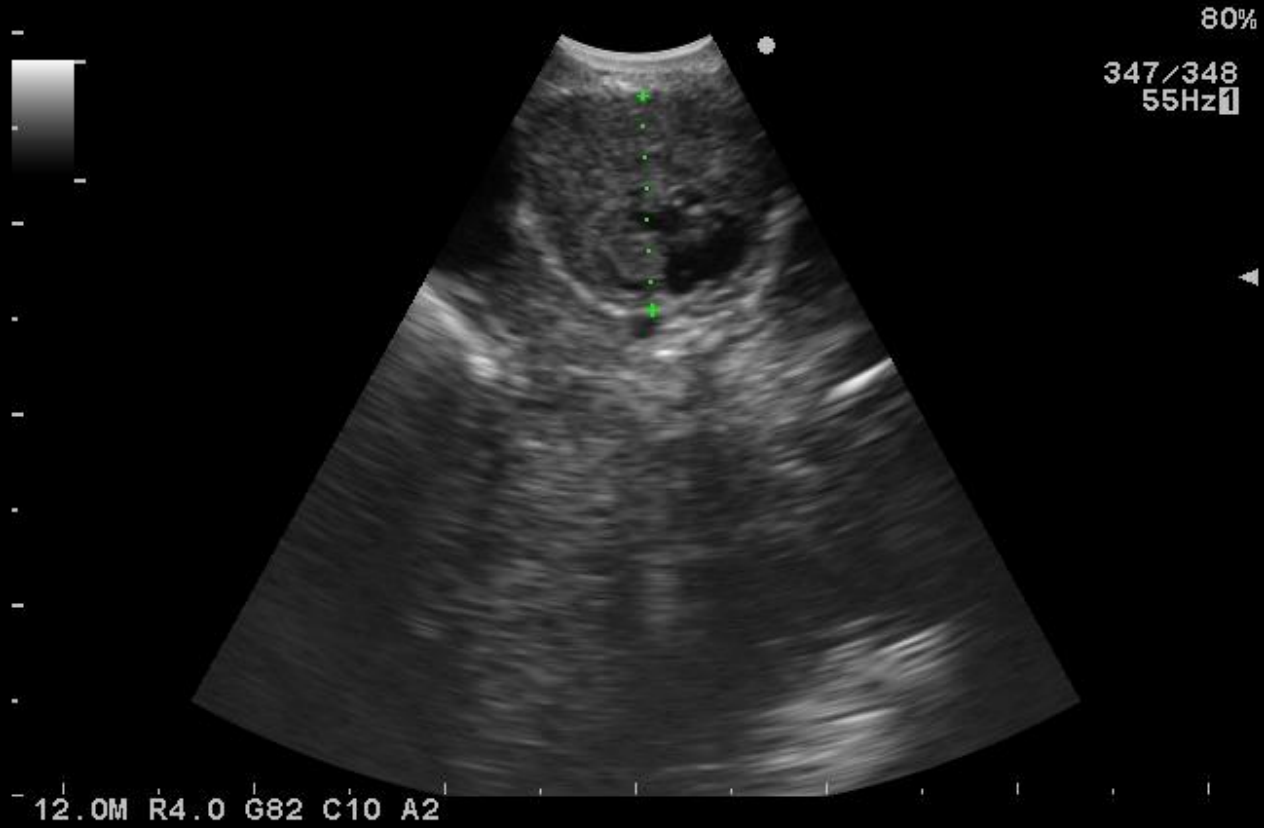
# Where to sample

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PROSOUND ALPHA 10

: 69Y

: F

21-01-'14  
15:41:32

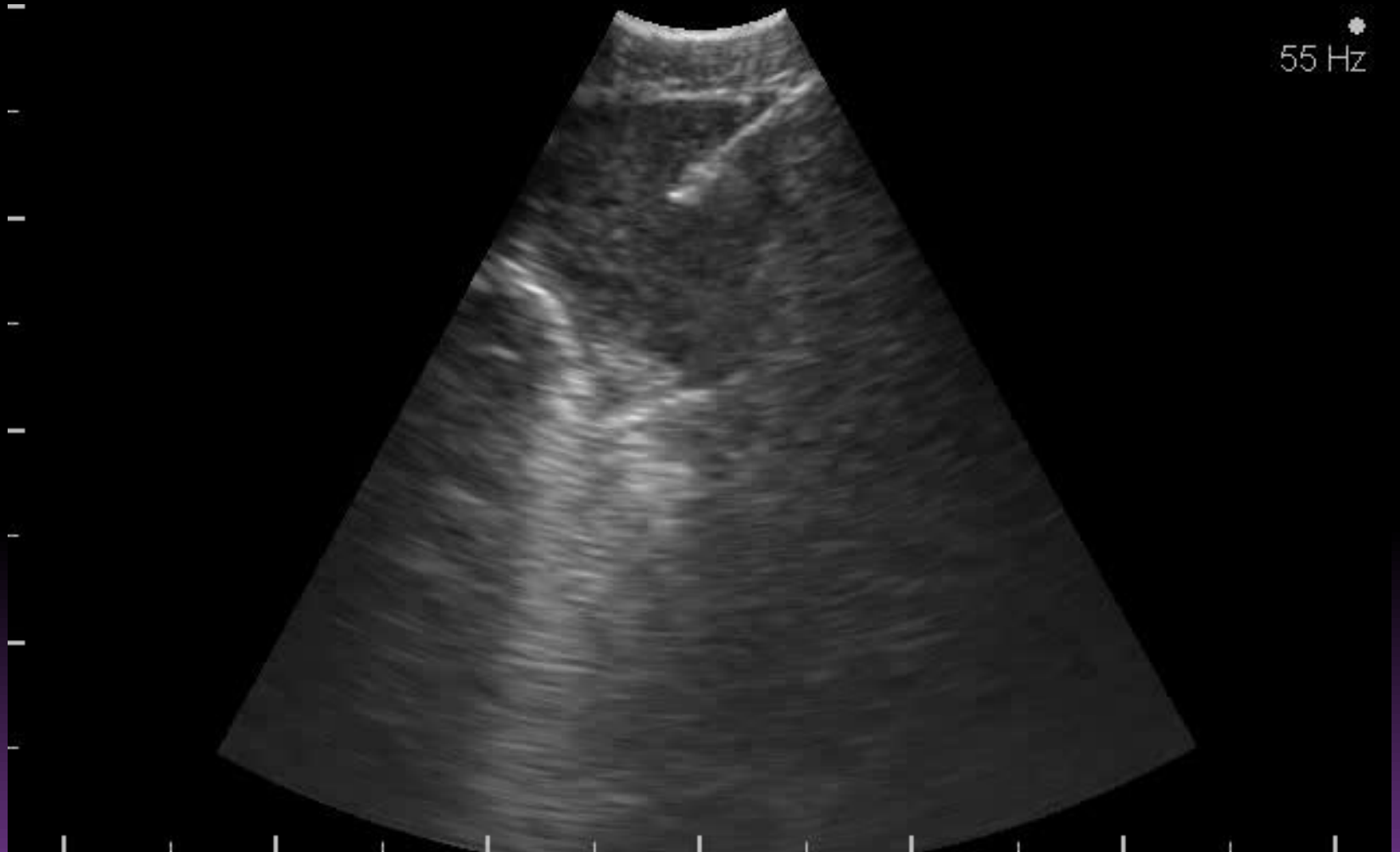


Dist: 1.12cm

1:EBUS

Probe:OLY-R8C2

# Is sampling adequate?



# How to deal with a lymph node aspirate

FNA

Intra-procedural assessment

- Abscess
- Granulomas

- Metastatic carcinoma
- Hodgkin lymphoma
- High grade NHL

- Reactive lymph node
- Low grade Non-Hodgkin lymphoma

Needle washings – same / additional passes

Microbiology

Cell block  
IHC / FISH / Molecular

Flow cytometry

Cell block

# Cytologic material & haematolymphoid malignancy diagnosis

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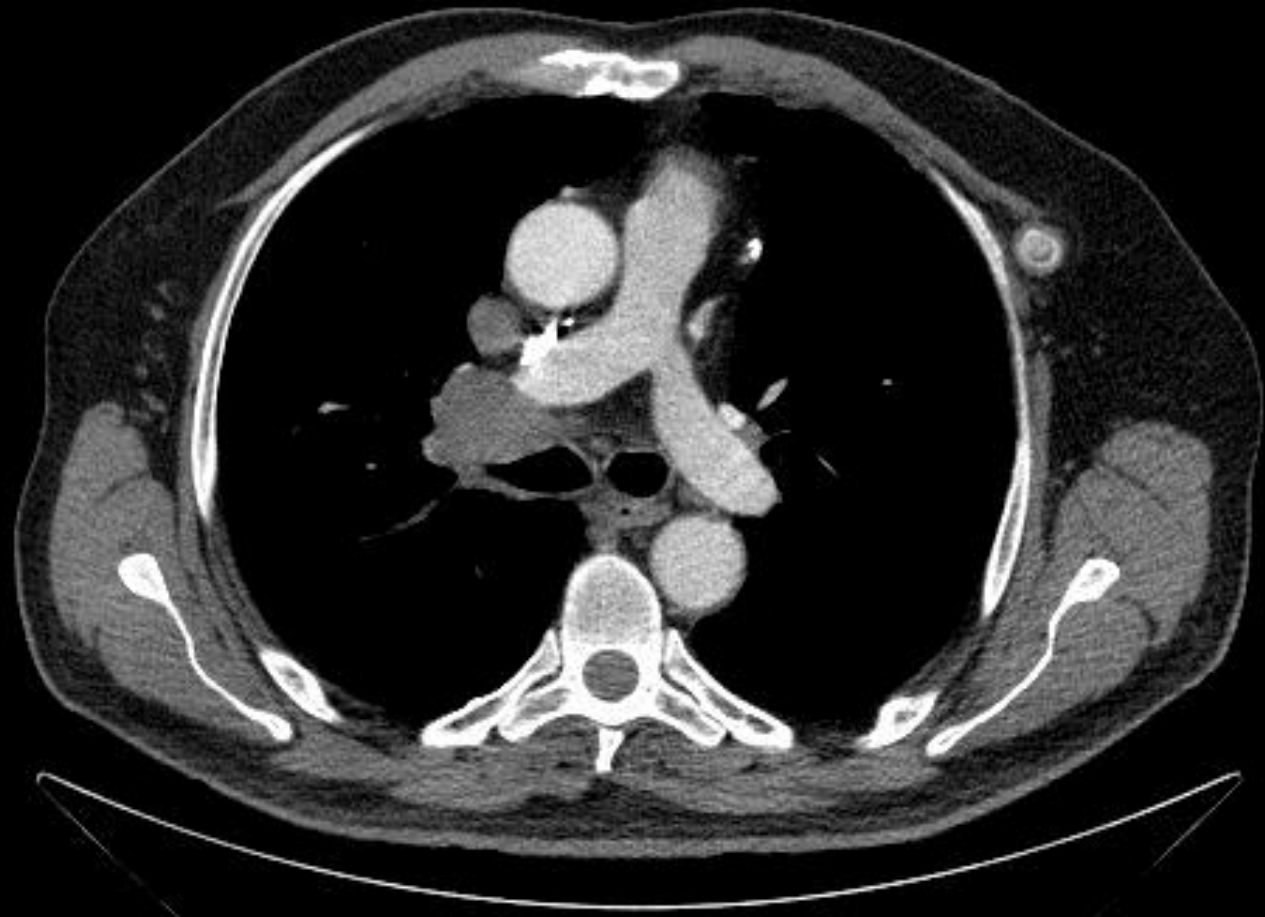
- Is it possible to perform ancillary testing on such samples – immunohistochemistry, flow cytometry, FISH, B & T-cell clonality studies?
- ✓ Can one convert cytologic material to histologic material?

- 74 F
- Bilateral 3rd nerve palsy, deviated tongue and uvula to left
- Soft tissue mass in the anterior and superior mediastinum anterolateral to the trachea on the right measuring 4.9 x 3.8cm.
- Right pleural effusion
- LDH: 2161 IU/L

Se:2  
Im:143

[A]

Study Date:29/01/2010  
Study Time:10:50:00  
MRN:

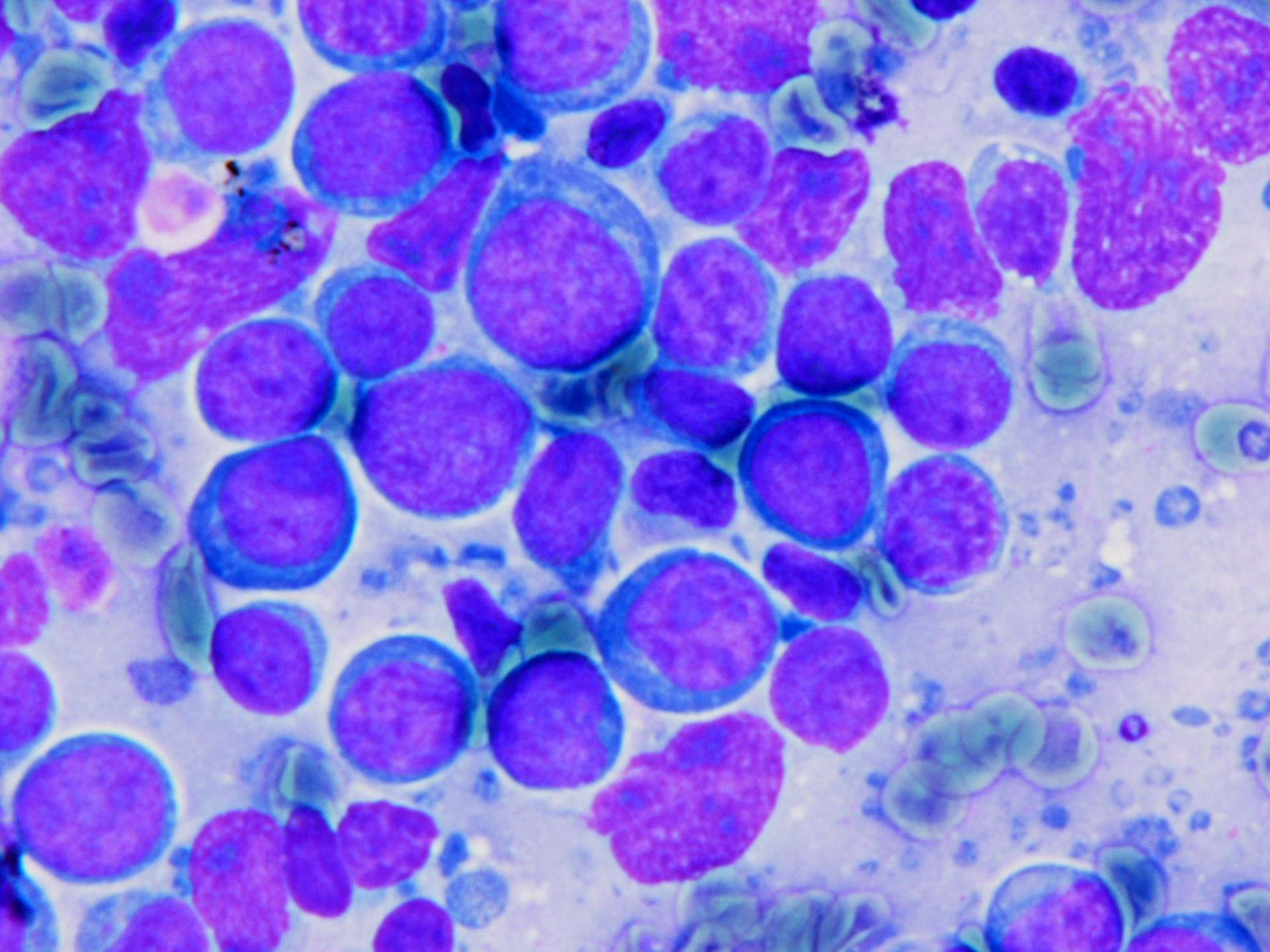


CONTRAST

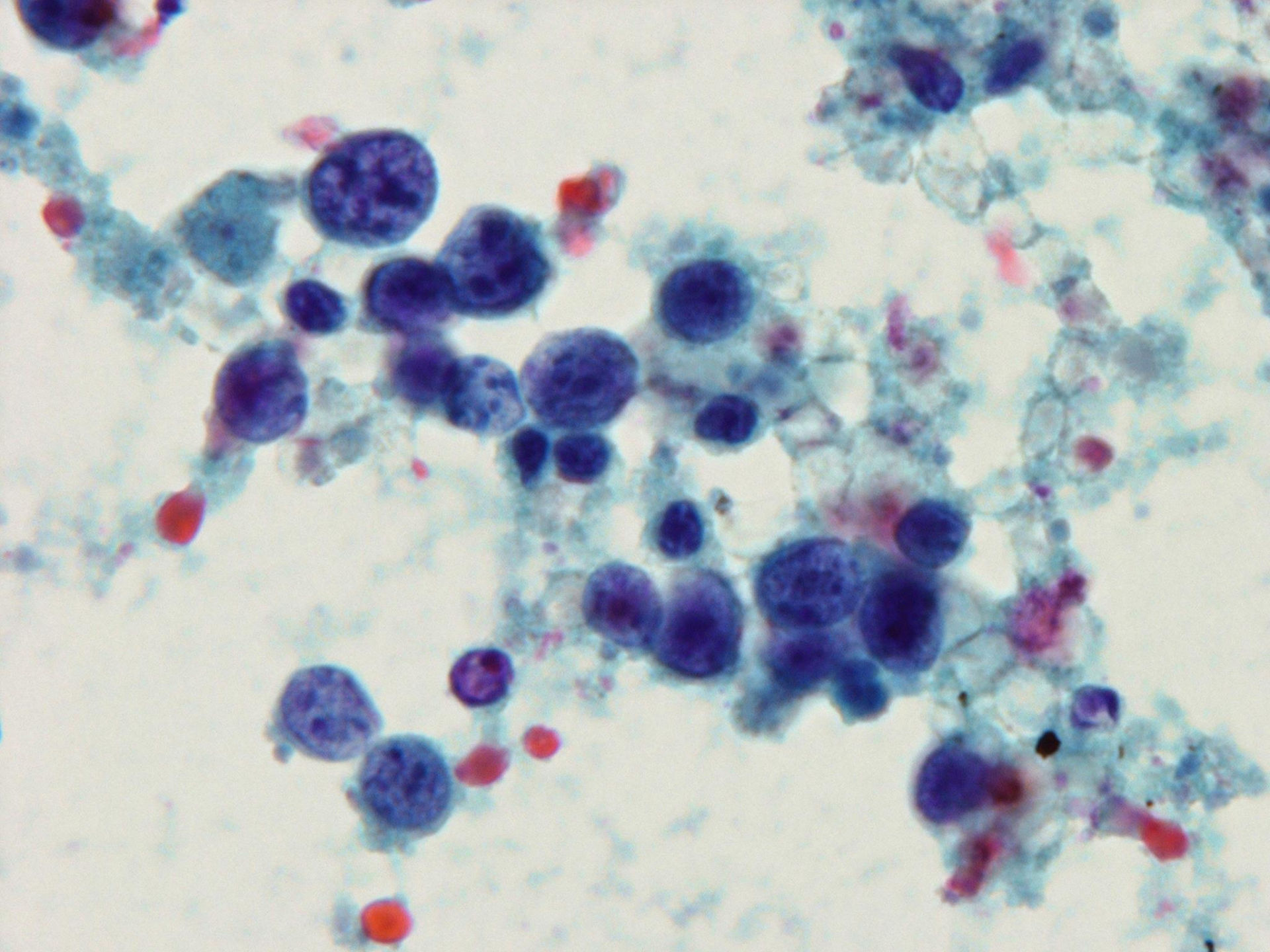
[P]

C60  
W400

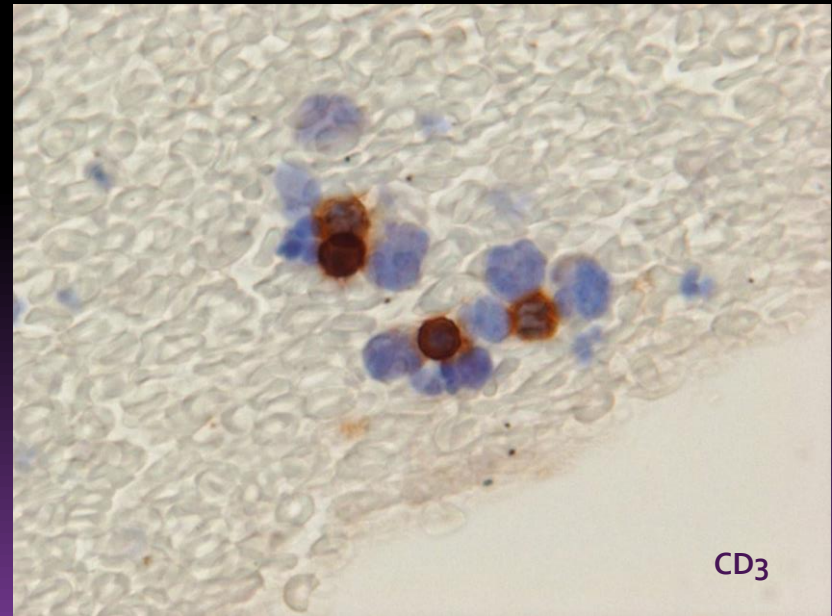
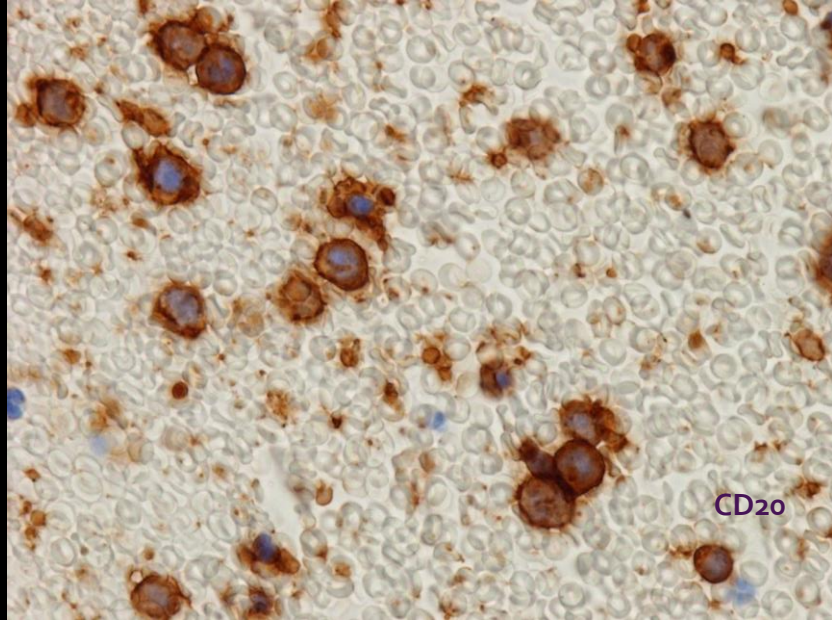
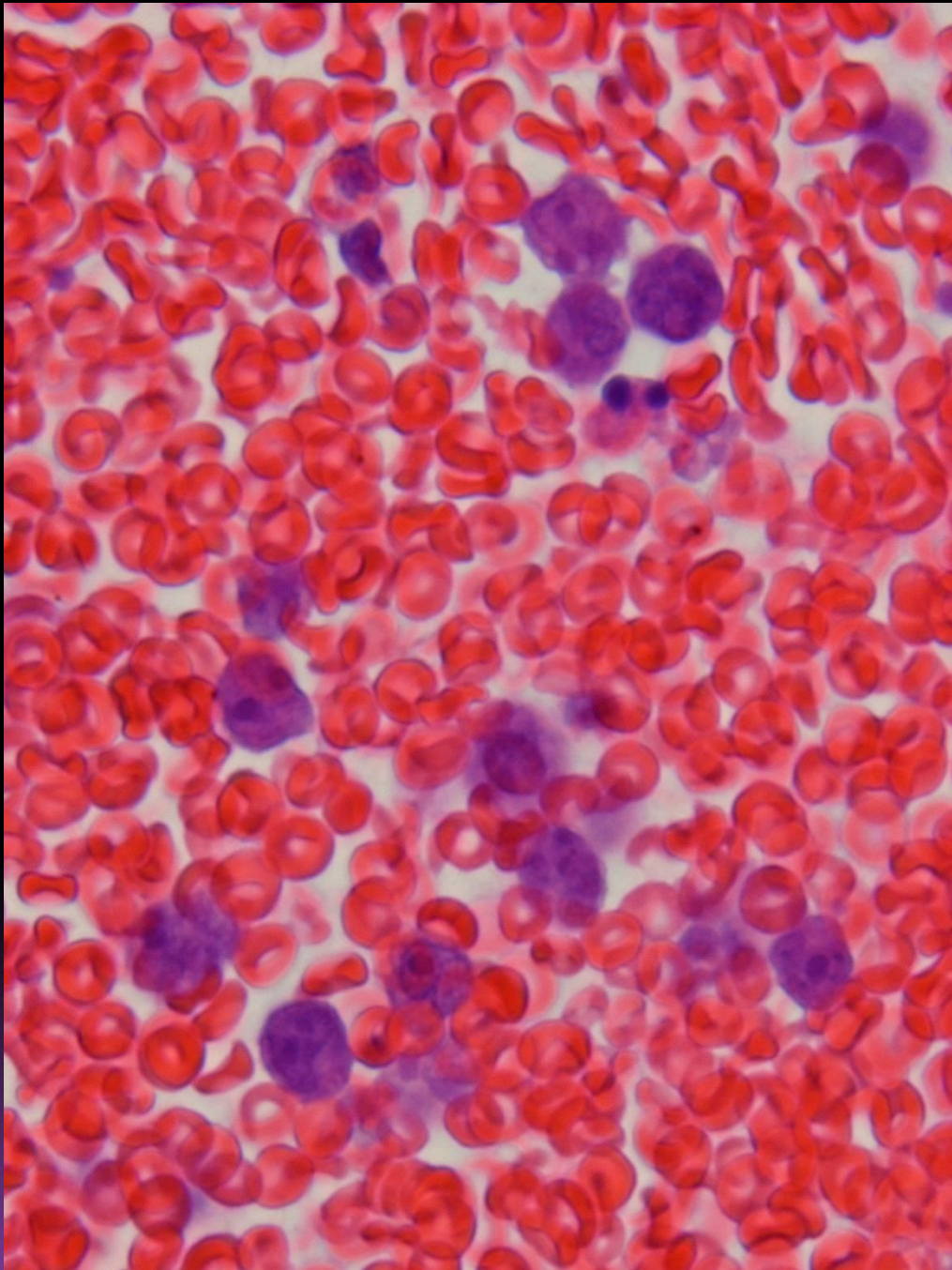




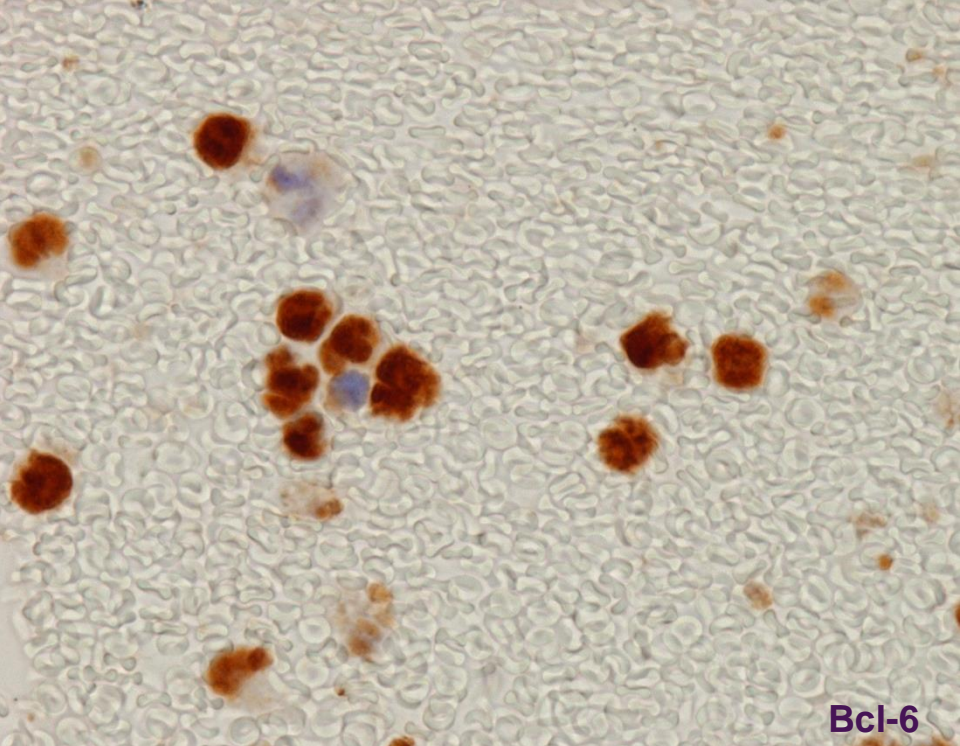






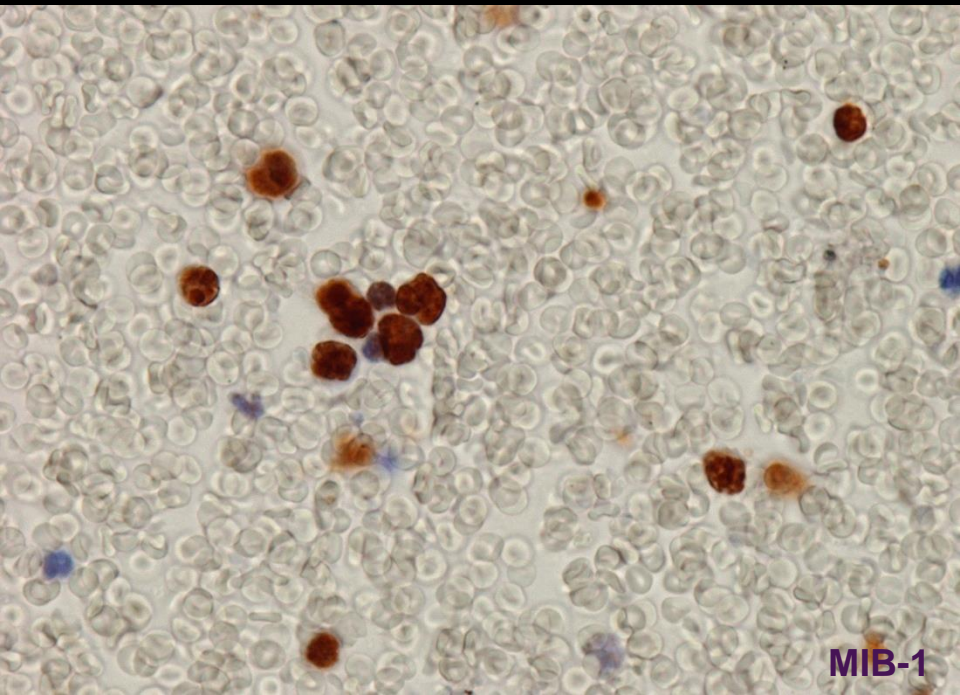
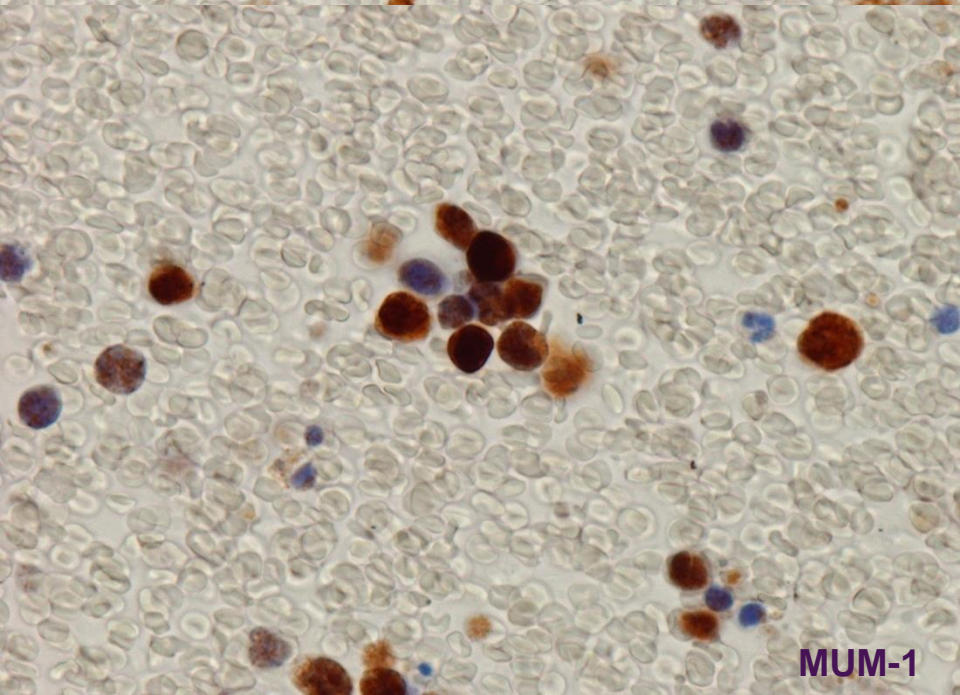






Antibody	
CD20	+
CD79a	+
Bcl-6	+
MUM-1	+
Bcl-2	+
p53	+

Antibody	
CD3	-
CD10	-
CD5	-
CD30	-
EBER	-
MIB-1	90%

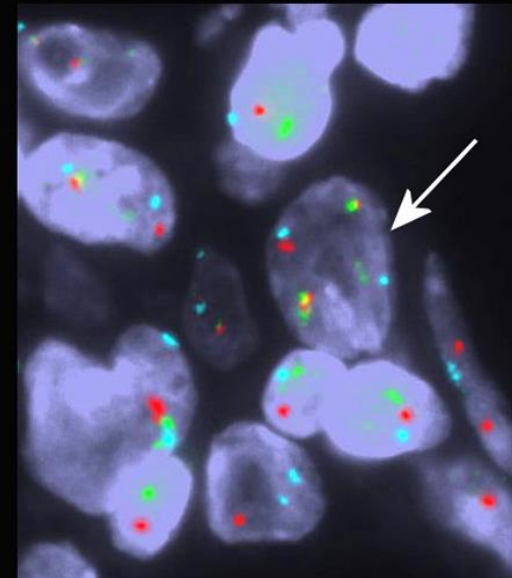
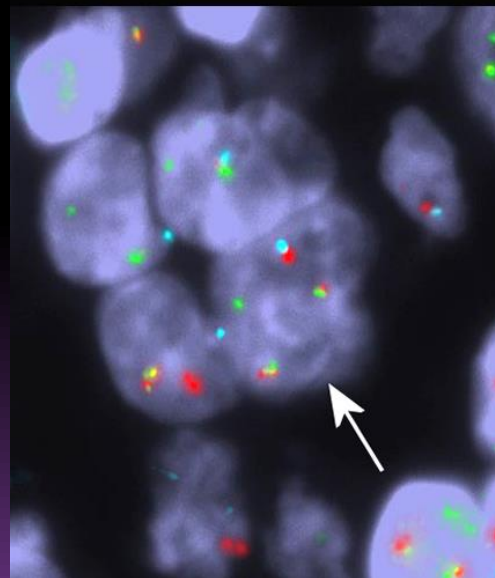
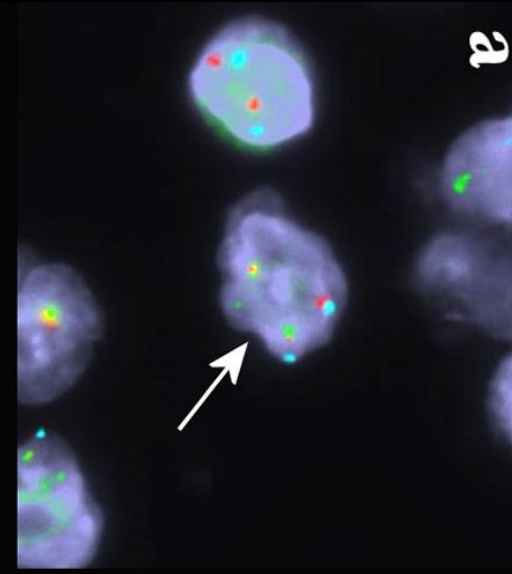
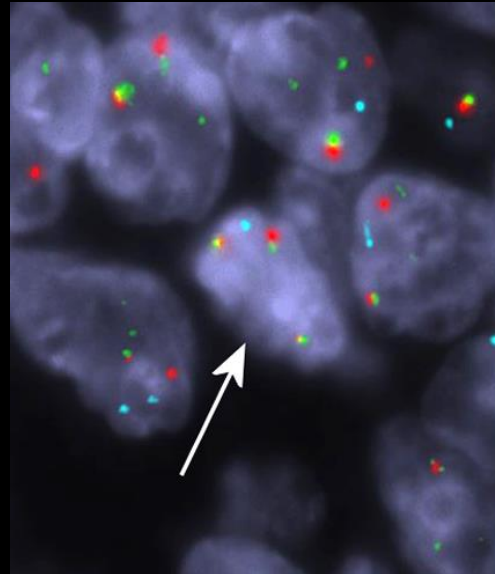


# FISH

☐ MYC (+)

☐ IGH/BCL-2 negative

☐ BCL6 not rearranged



# diagnosis

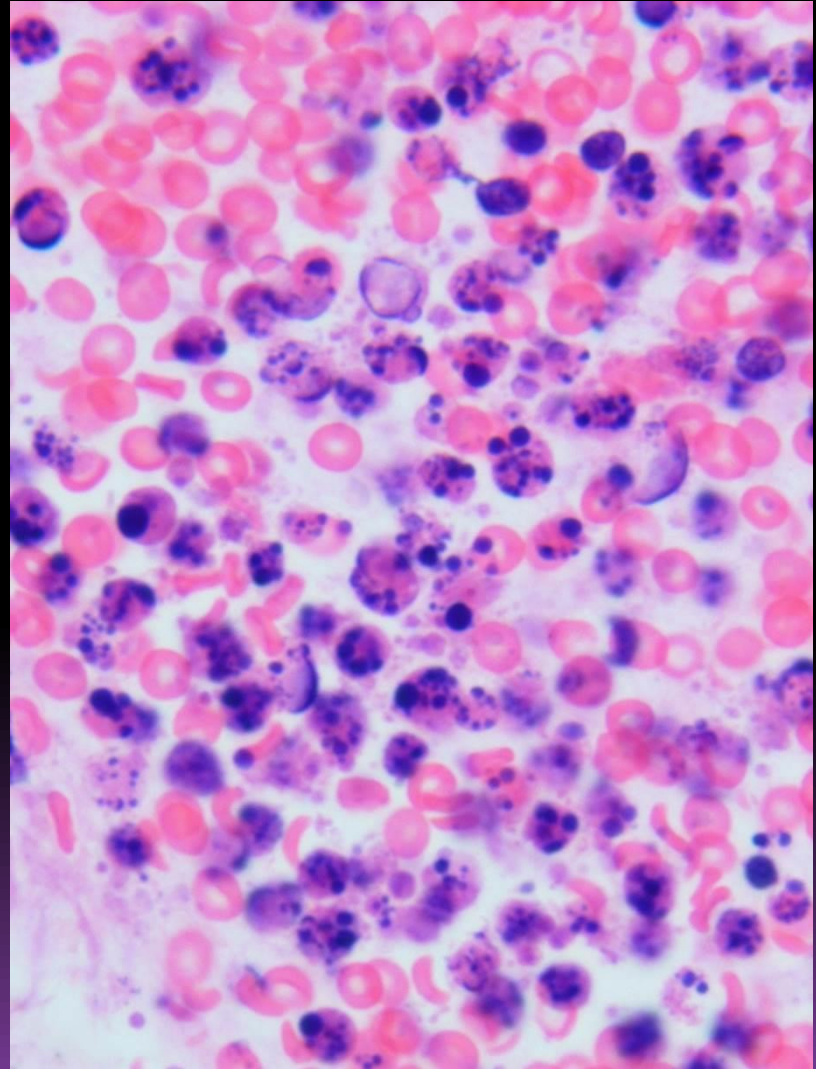
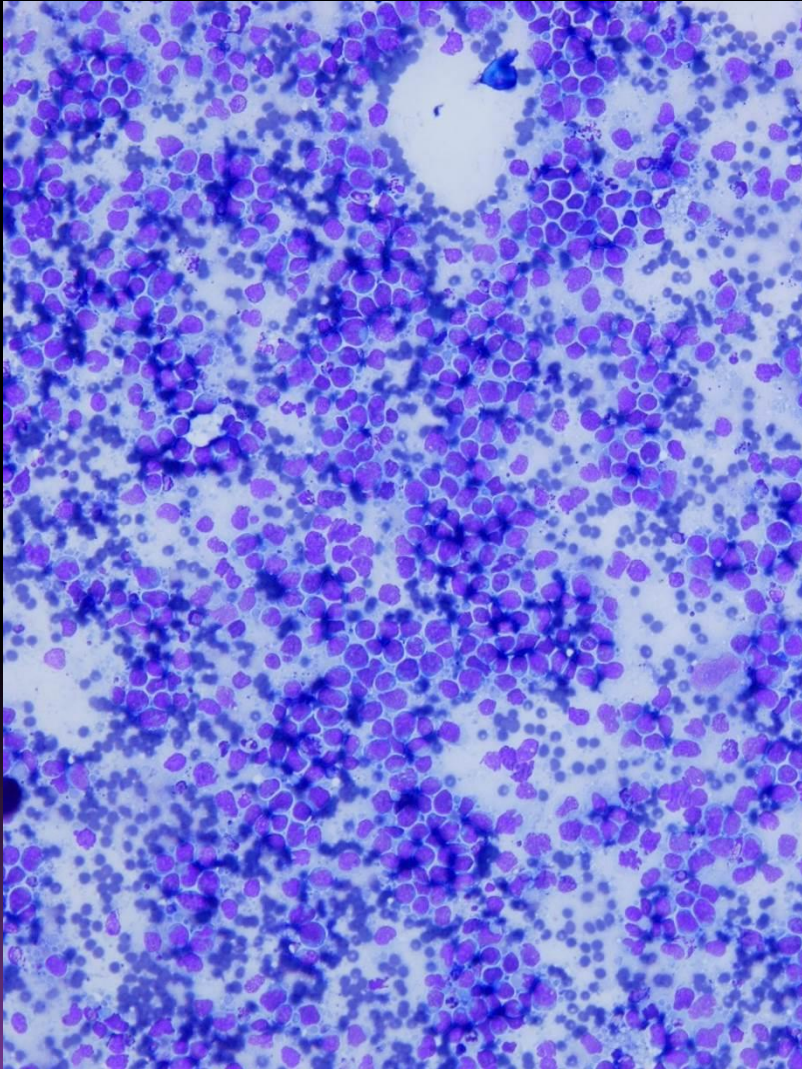


Non-Hodgkin lymphoma  
Diffuse large B-cell lymphoma  
Activated B-cell type  
MYC(+)

*There was still tissue left in the block if one wished to send for the REMODEL trial*

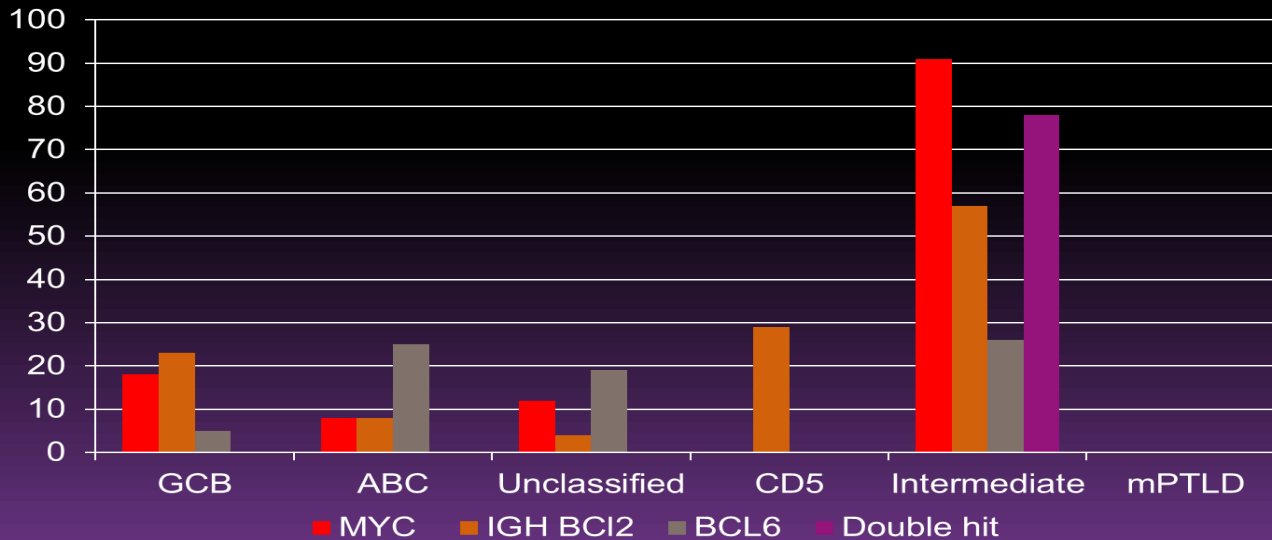
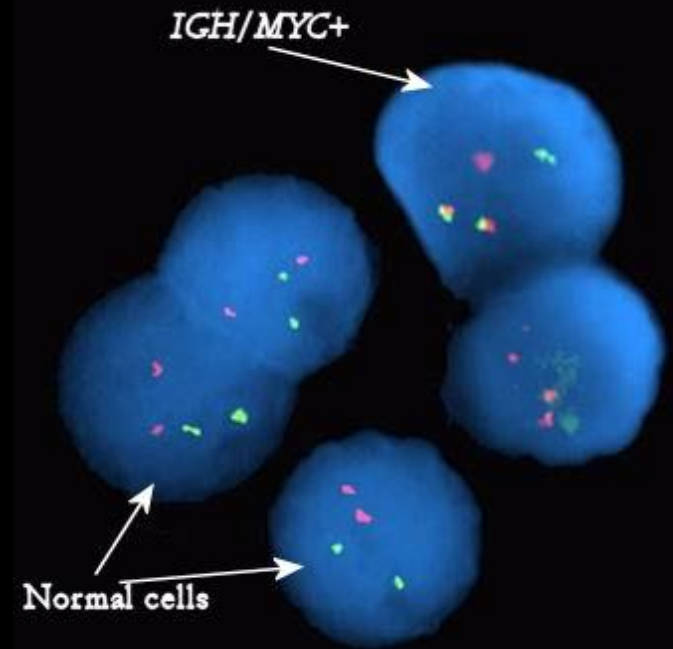


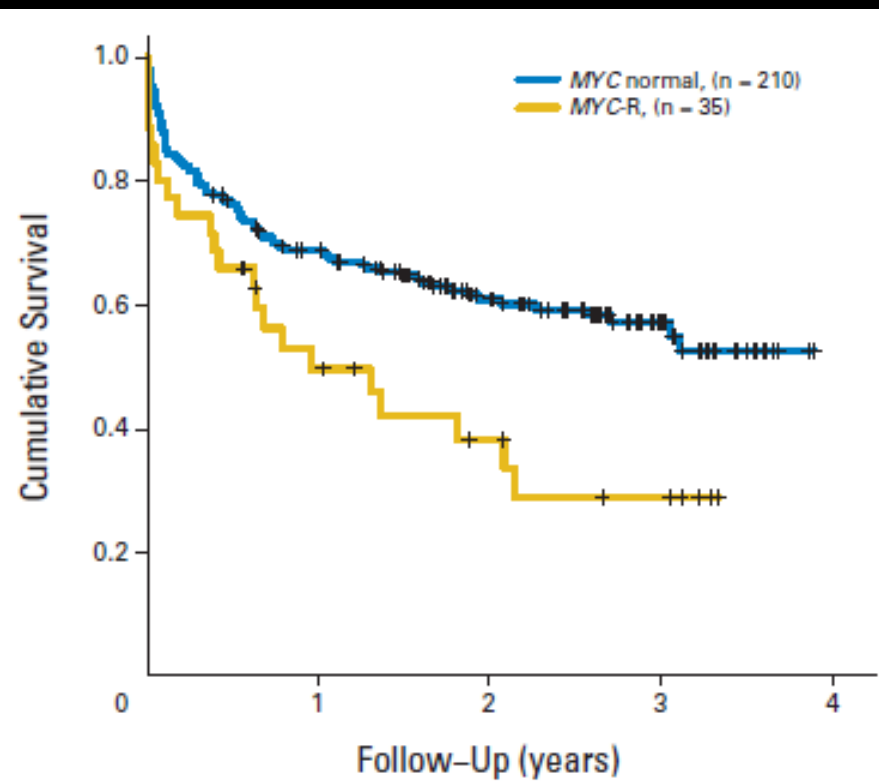
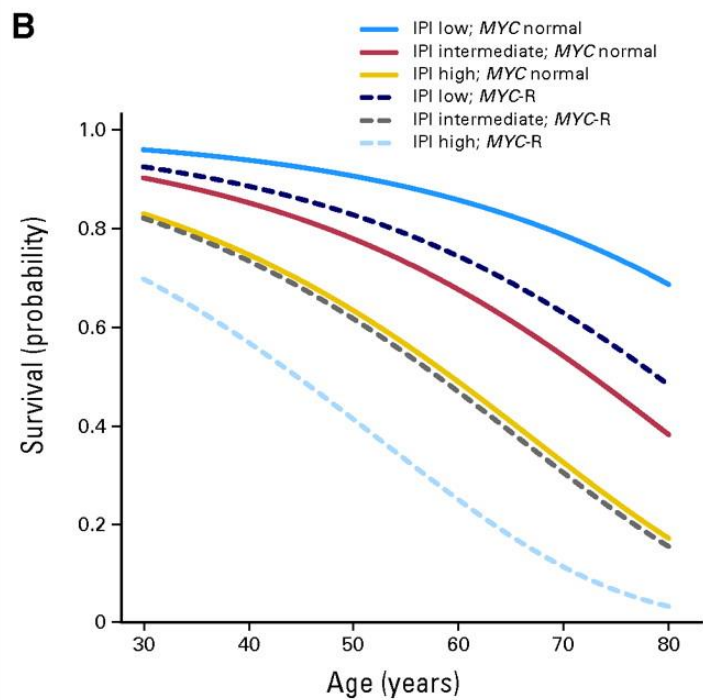
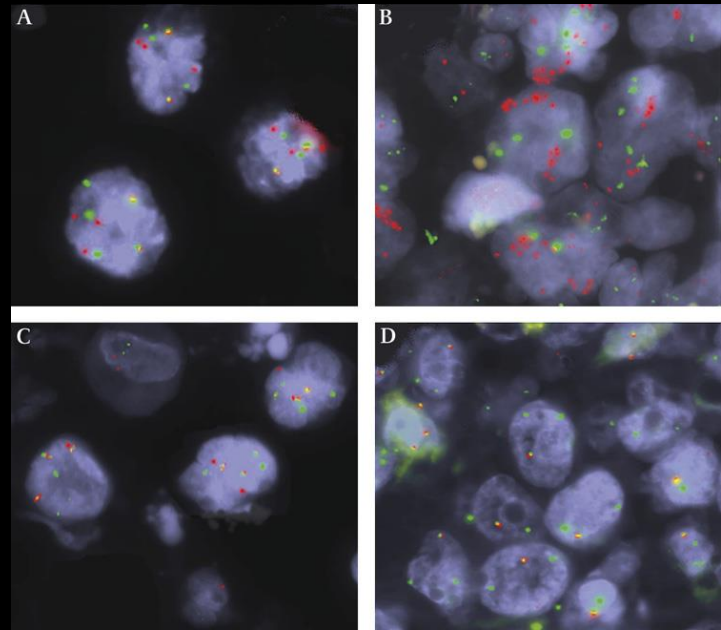
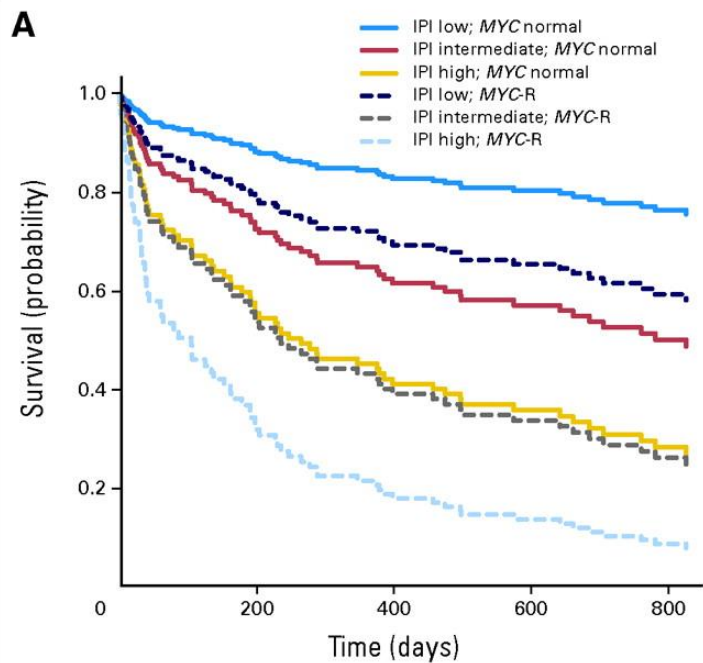
# Pitfall - high proliferation tumours!



# Recurrent genetic abnormalities in high grade B-cell NHL

- MYC
- IGH BCL2
- BCL6





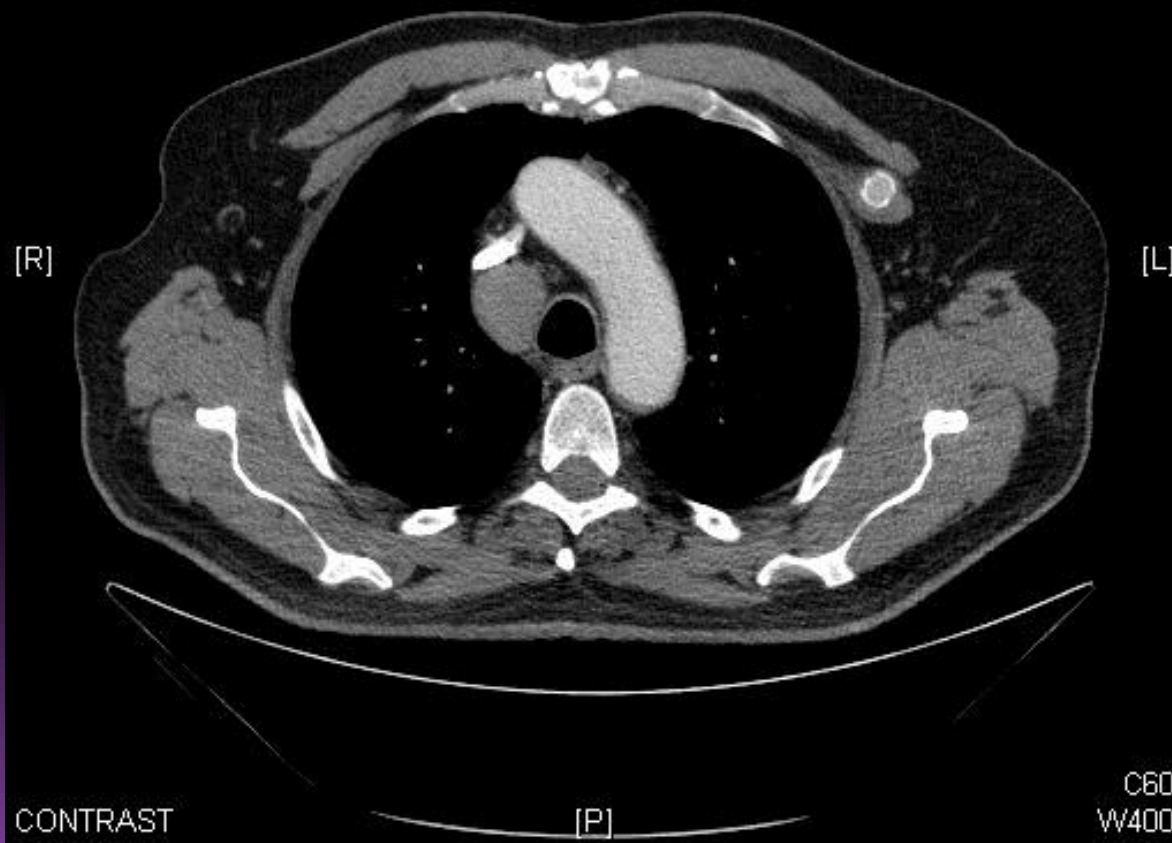


64 ♂, Fever, itching. Mediastinal mass. Subsequently, post diagnosis developed cervical masses.

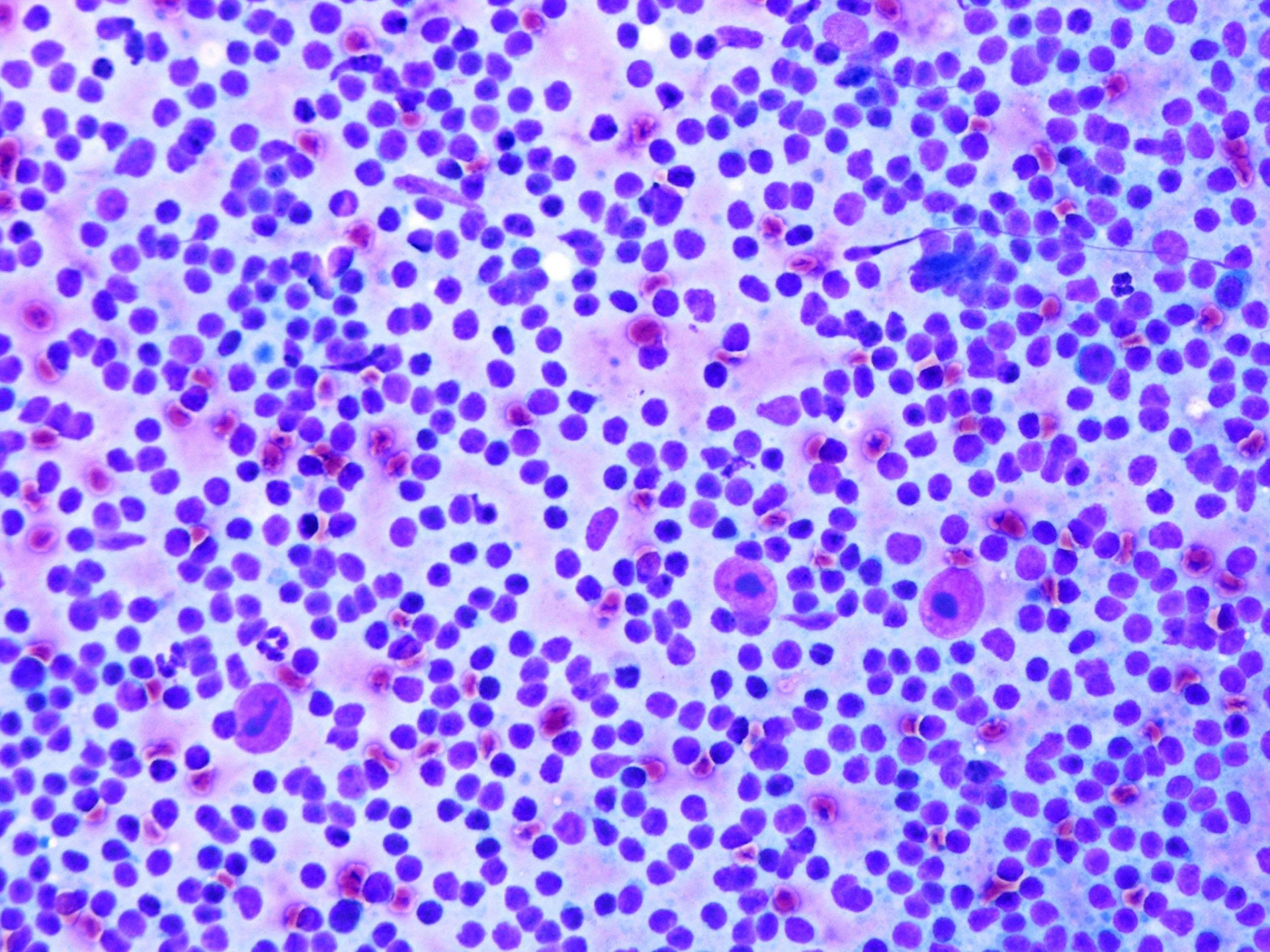
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Im:96

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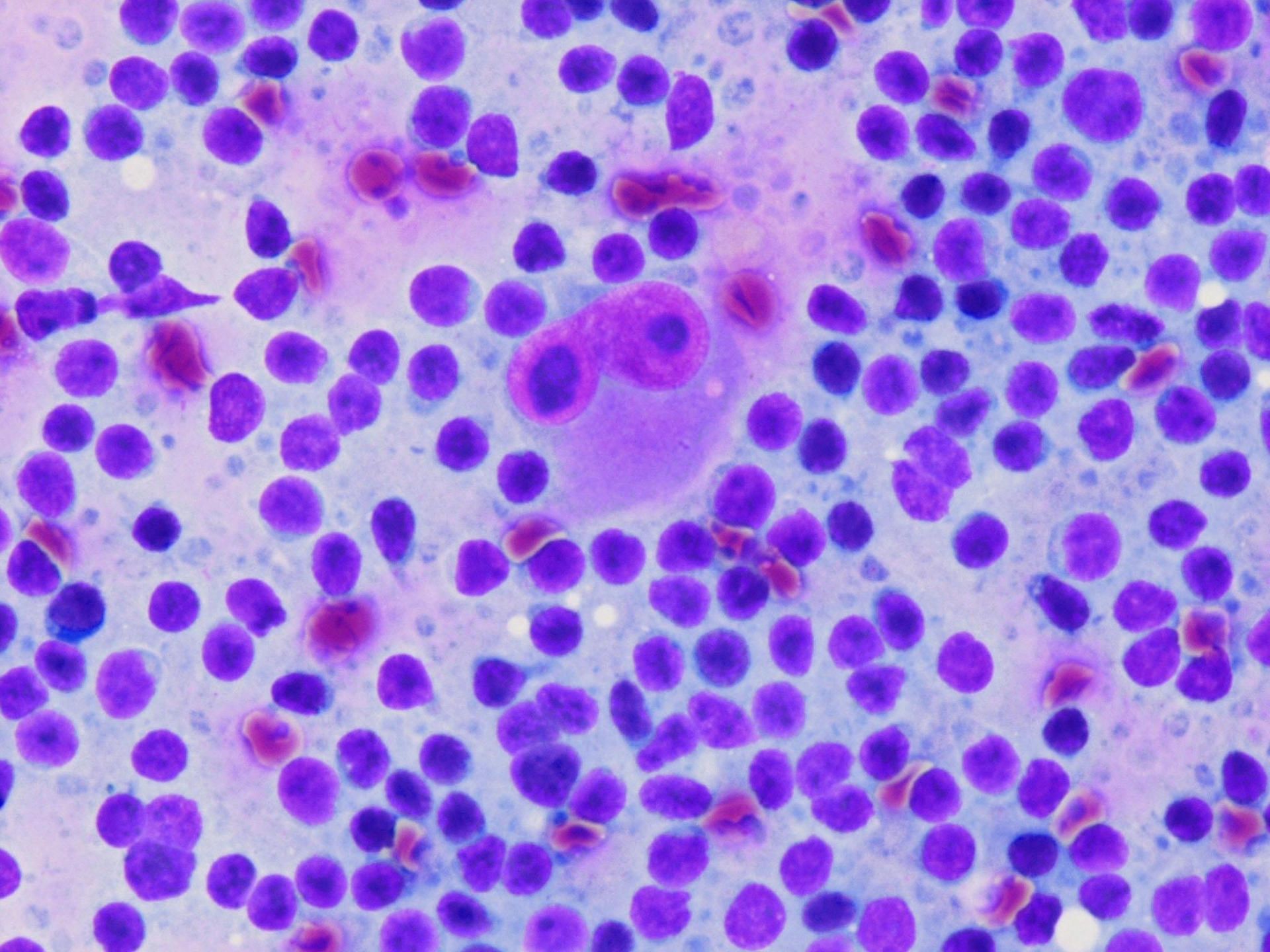
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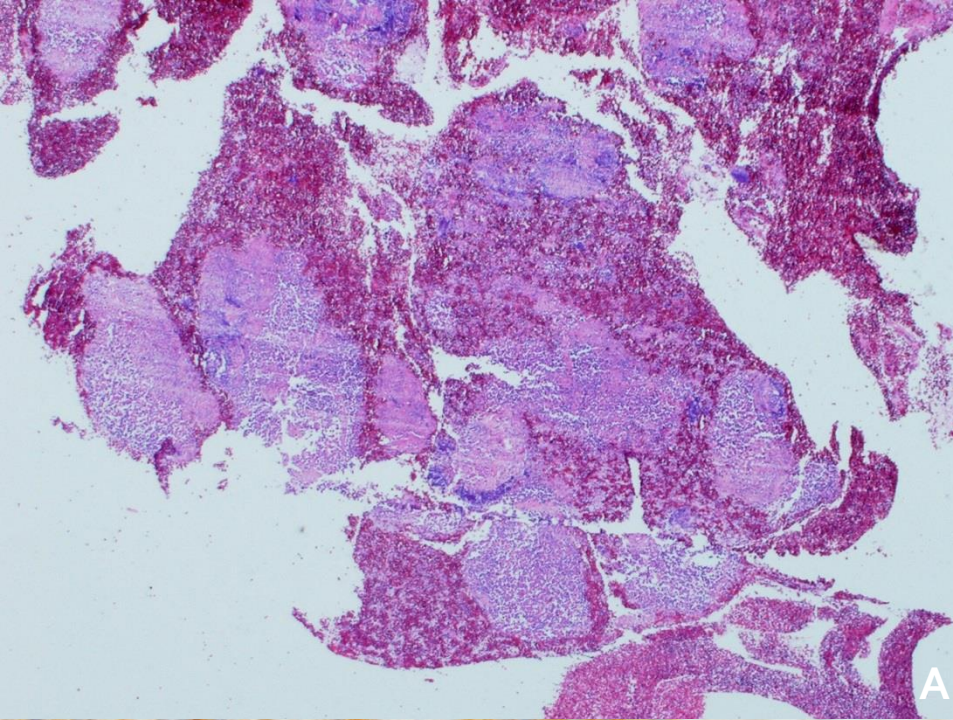




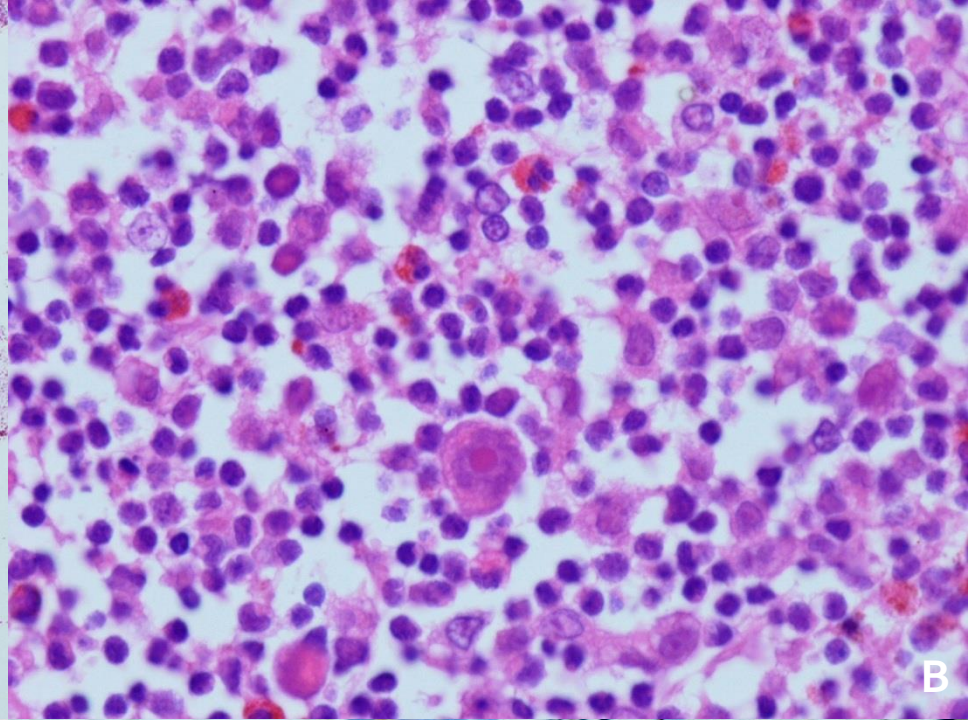




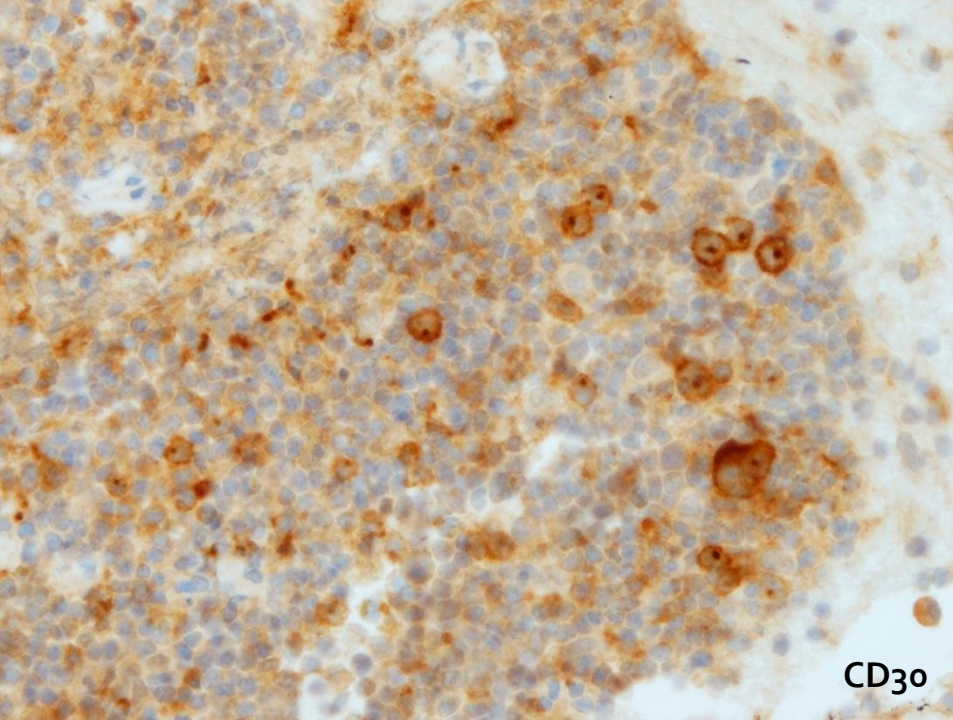




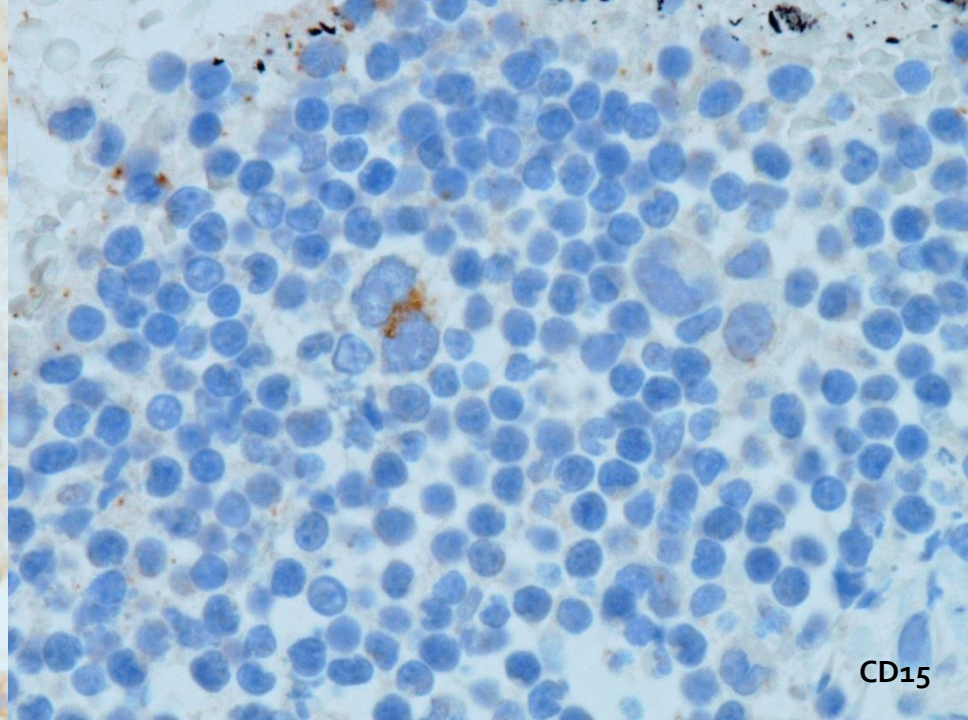
A



B



CD30



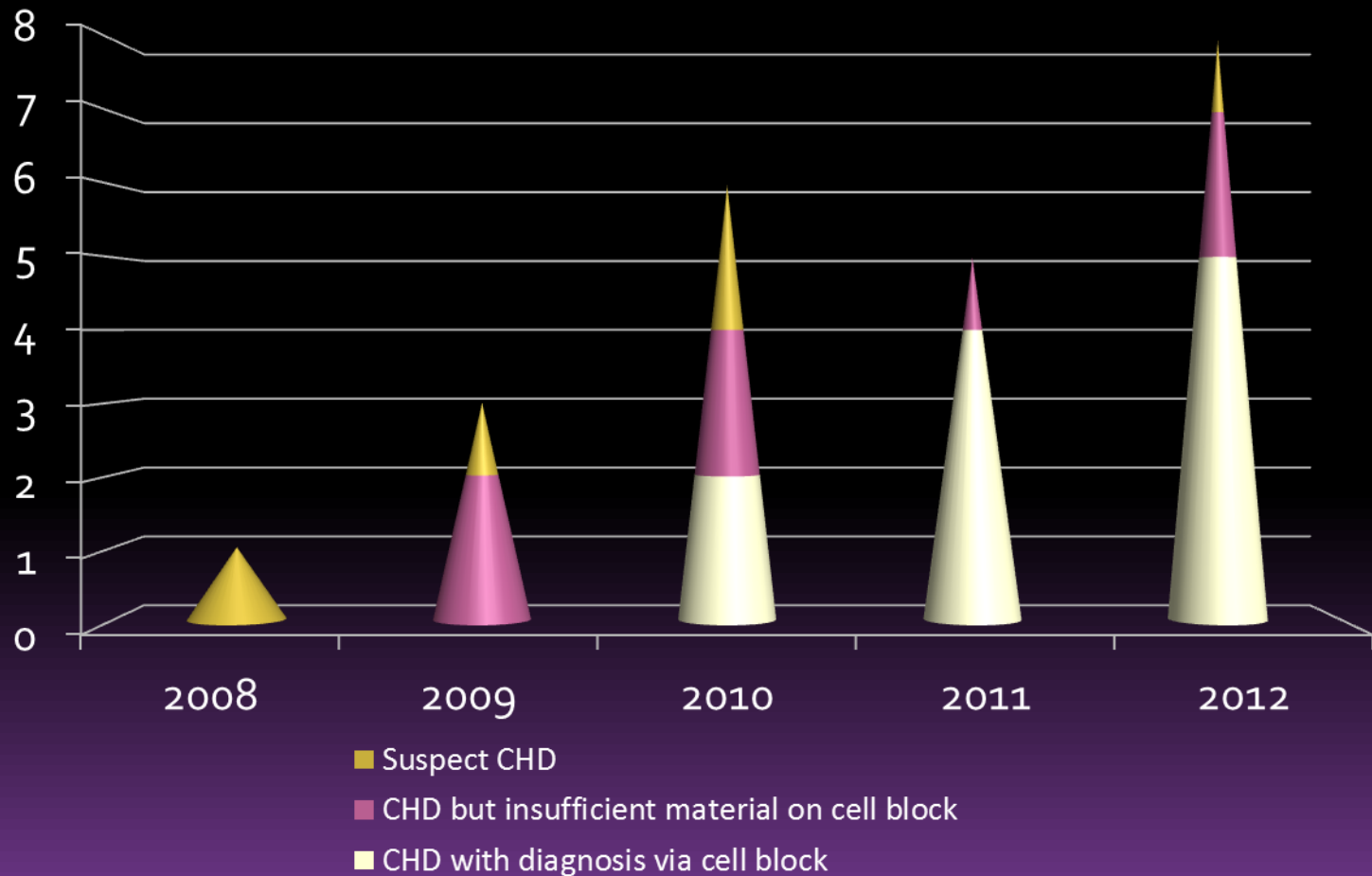
CD15



# CHD diagnosed on cell blocks (11/21)

Age / Sex	EBUS site	Cell block	LCA	CD30	CD15	MUM-1	EBER	CD20	CD3
65 / F	4R, 7, 10R	Yes	-	+	+	+	+	-	-
38 / F	4R	Yes	-	+	+	+	+	-	-
39 / F	4R, 7	Yes	-	+	-	+	-	-	-
50 / M	4R	Yes	-	+	+	-	-	-	-
24 / F	4R	Yes	-	+	-	+	+	-	-
77 / M	4R, 7	Yes	-	+	+	+	+	-	-
41 / M	4l, 10	Yes	-	+	-	+	+	-	-
32 / F	4R, 4L	Yes	-	+	+	-	-	-	-
45 / F	2R, 4R	Yes	-	+	-	+	-	-	-
24 / F	4R	Yes	-	+	-	+	-	-	-
51 / F	4R+2R, 4L	Yes	-	+	+	+	+	-	-

# Confidence of CHD diagnosis with development of service



# How are we able to get enough out?

**Single Use Aspiration Needle**  
 **Disposable 吸引生検針 NA-201SX-4022**

**ViziShot** Model No. **NA-201SX-4022** **OLYMPUS**

Working Length 有効長 **700mm** Minimum Channel Size 適用チャンネル径 **φ2.0mm**

Specifications 仕様

Needle Width 針径 **22G**  
 Echo enhanced region 超音波反射部  
 Maximum Needle Length 最大針突出長 **40mm**

This Product Contains No Natural Rubber Latex. 最大挿入部直径 **φ1.8mm**

Quantity 数量 **1** Use by (Exp. date) 使用期限 **2016.11**

Single use only 再使用禁止  
 Do not resterilize 再滅菌禁止

STERILE [EO] エチレンオキサイドガス滅菌済  
 管理番号掲載  
 一般の名稱：単回使用吸引針

USA: CAUTION: Federal law restricts this device to sale by or on the order of a physician.

WARNING 警告  
 Do not use the instrument if any tear, inadequately sealing, or water damage is detected in the sterile package containing the instrument.  
 When taking this instrument out of the tray, please do it by holding the sheath in order for the sheath not to spring out of the tray.  
 滅菌パックが破損または破漏、汚染されたものを取り扱わないでください。  
 滅菌パックが破損または破漏、汚染されたものを取り扱わないでください。  
 トレイから本製品を取り出す際は、シースが飛び出ないようにシースを保持しながら行ってください。

STORAGE 保管  
 Store this instrument at room temperature in a clean and dry environment.  
 Do not store in direct sunlight.  
 直射日光に注意し、清潔、涼所で、直射日光の当たらない清潔な場所に保管してください。  
 直射日光に注意し、清潔、涼所で、直射日光の当たらない清潔な場所に保管してください。

Manufacturer **OLYMPUS MEDICAL SYSTEMS CORP.**  
 2981 Ishikawa-cho, Hachioji-shi, Tokyo 192-8507, JAPAN  
 製造販売元 **オリンパス・メディカルシステムズ株式会社**  
 192-8507 東京都八王子市石川町2981



**ViziShot** Model No. **NA-201SX-4021** **OLYMPUS**

Working Length 有効長 **700mm** Minimum Channel Size 適用チャンネル径 **φ2.0mm**

Specifications 仕様

Needle Width 針径 **21G**  
 Echo enhanced region 超音波反射部  
 Maximum Needle Length 最大針突出長 **40mm**

This Product Contains No Natural Rubber Latex. 最大挿入部直径 **φ1.9mm**

Quantity 数量 **1** Use by (Exp. date) 使用期限 **2016.07**

Single use only 再使用禁止  
 Do not resterilize 再滅菌禁止

STERILE [EO] エチレンオキサイドガス滅菌済  
 管理番号掲載  
 一般の名稱：単回使用吸引針

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 192-8507 東京都八王子市石川町2981

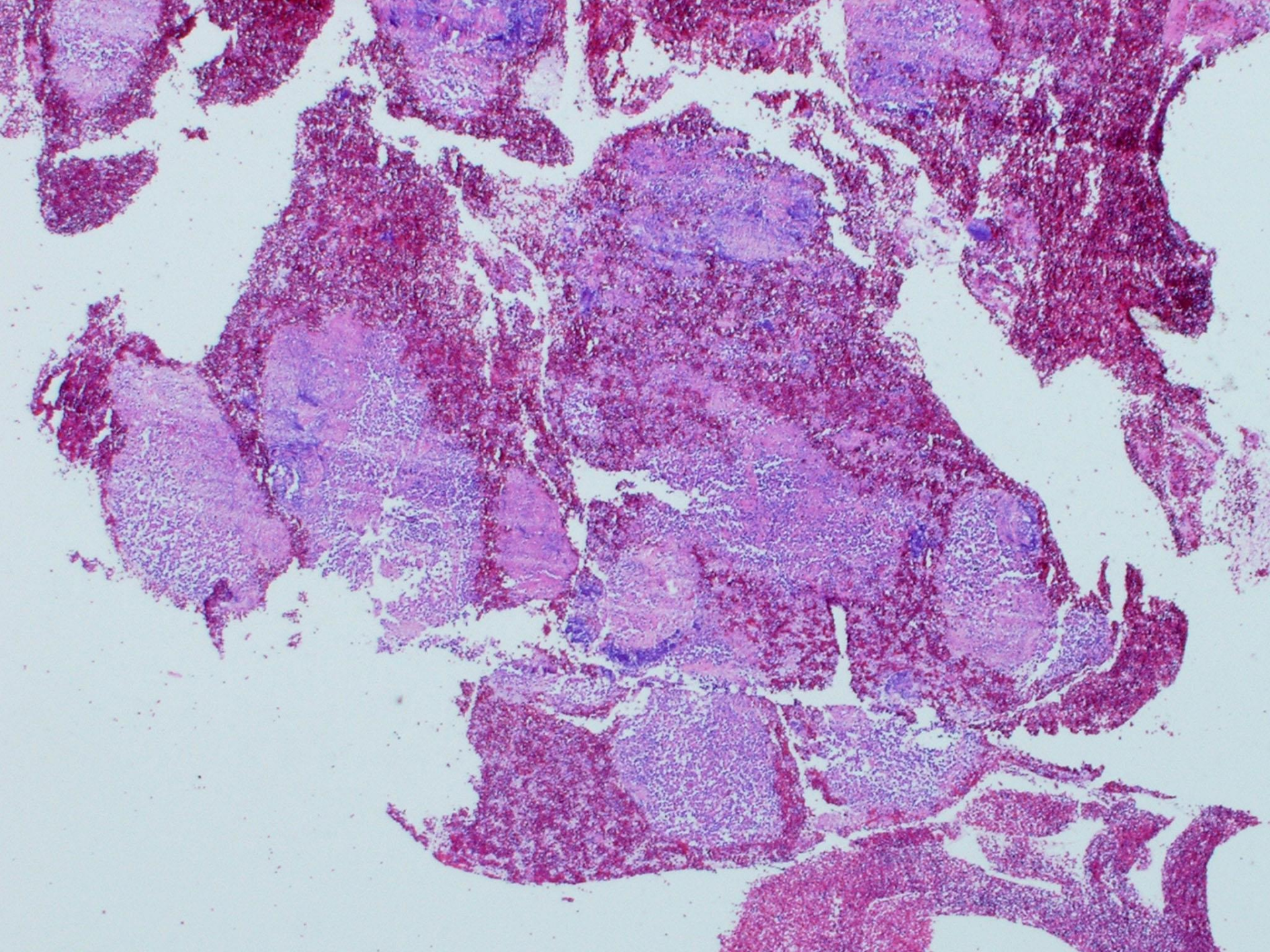




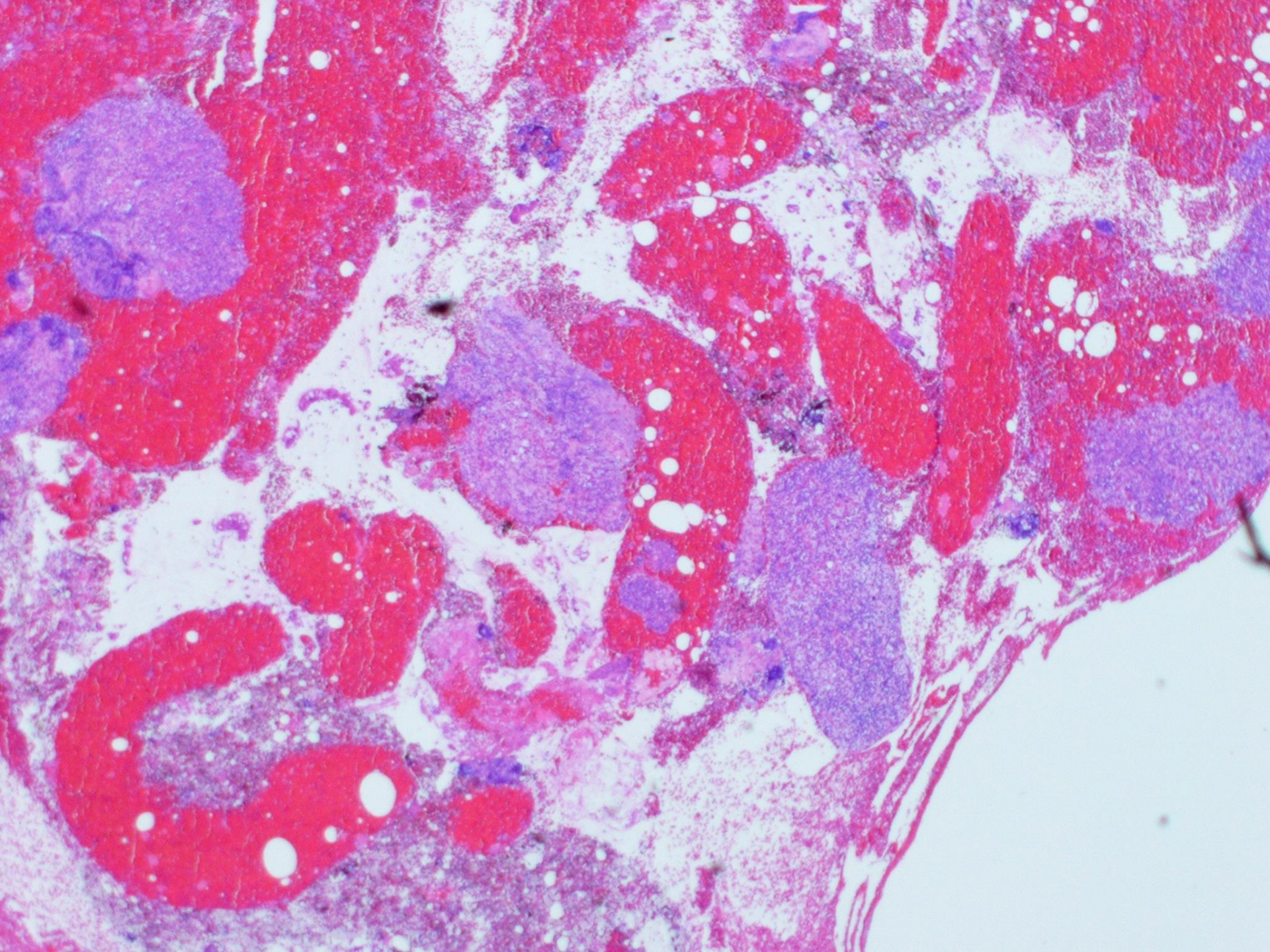
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**EBUS procure biopsy needles  
21G**

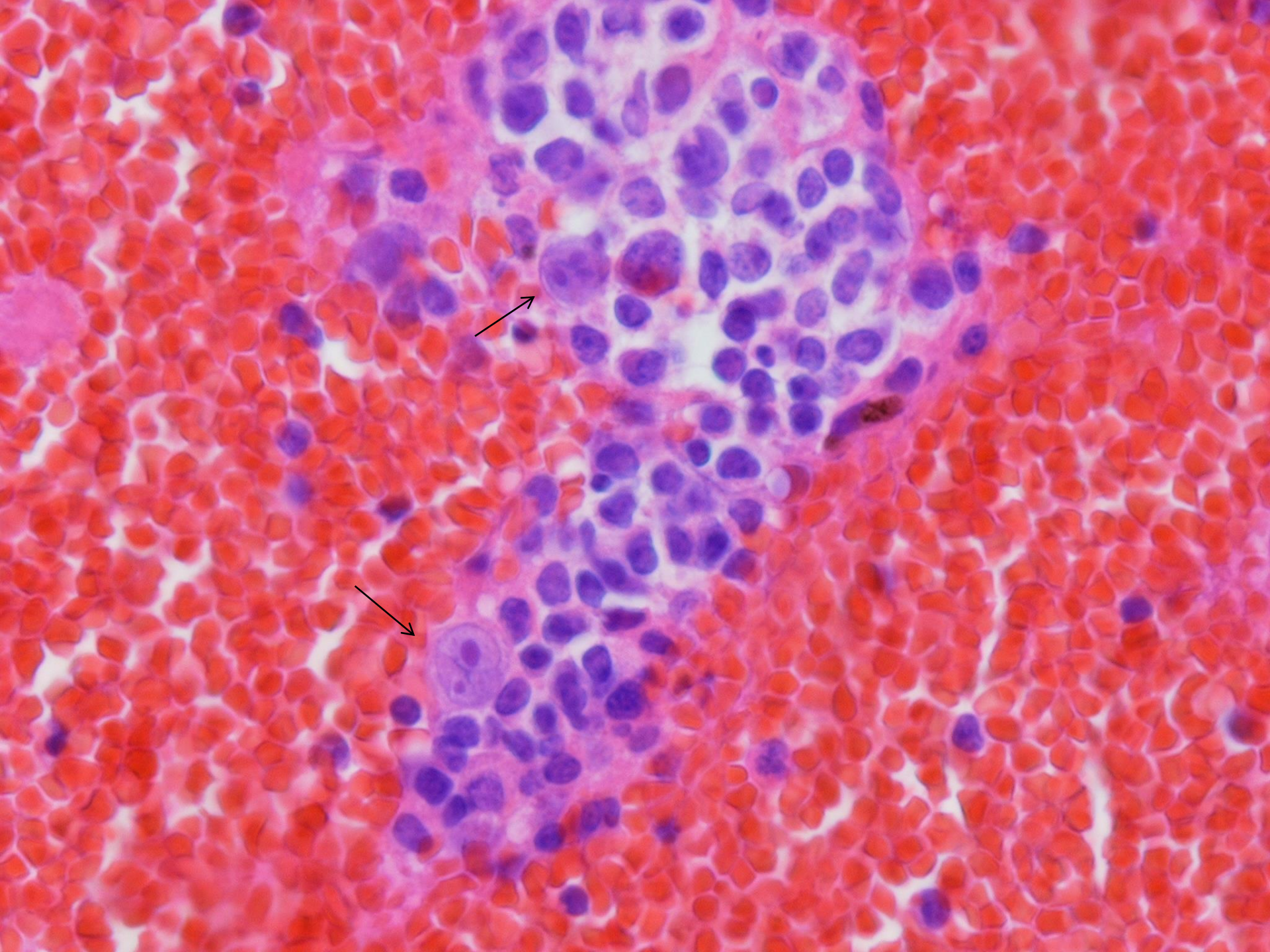












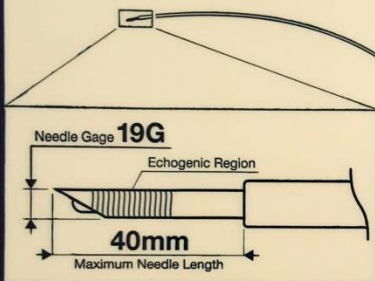
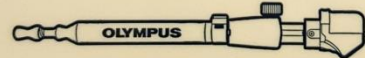


# ViziShot FLEX Model No. NA-U402SX-4019


- |  |                                      |
|--|--------------------------------------|
| D: Einweg Aspirationsnadel             | DK: Engangs-aspirationsnål           |
| F: Aiguille de ponction à usage unique | S: Engångs Aspirationsnål            |
| t: Ago per Aspirazione Monouso         | N: Engangs Aspirasjonsnål            |
| E: Aguja de aspiración de un solo uso  | FIN: Kertakäyttöinen Aspiratioineula |
| P: Agulha de Aspiração Descartável     | GR: Βελόνα Αναρρόφησης Μιας Χρήσης   |
| NL: Single-use Afzuignaald             | PL: Jednorazowa igła aspiracyjna     |

	<b>Working Length</b>	<b>Minimum Channel Size</b>
	<b>700mm</b>	<b>φ2.2mm</b>

**19G**











**Maximum Insertion Portion Diameter φ2.1mm**

 Not made with natural rubber latex

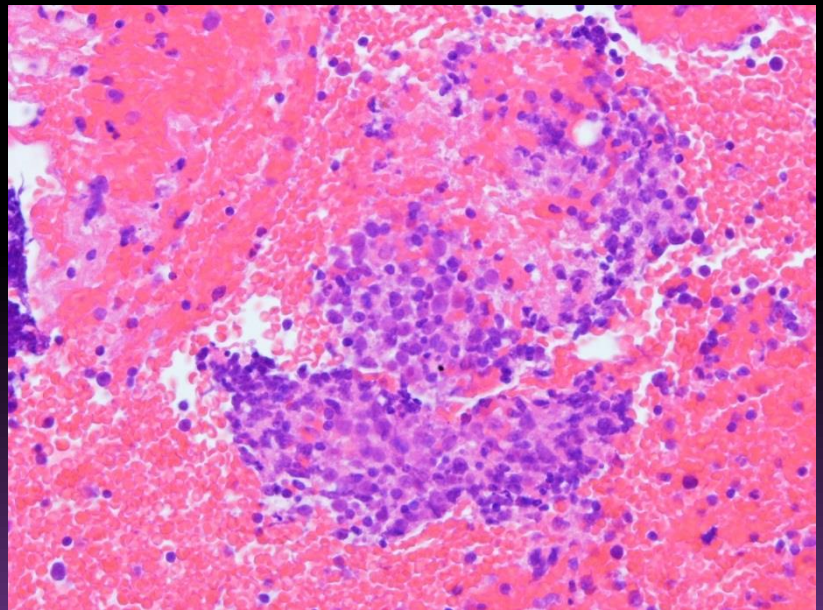
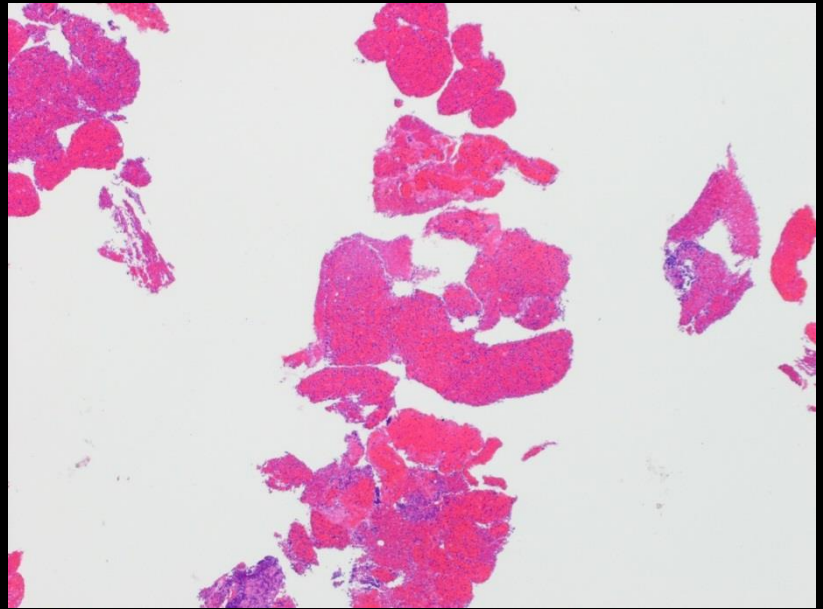
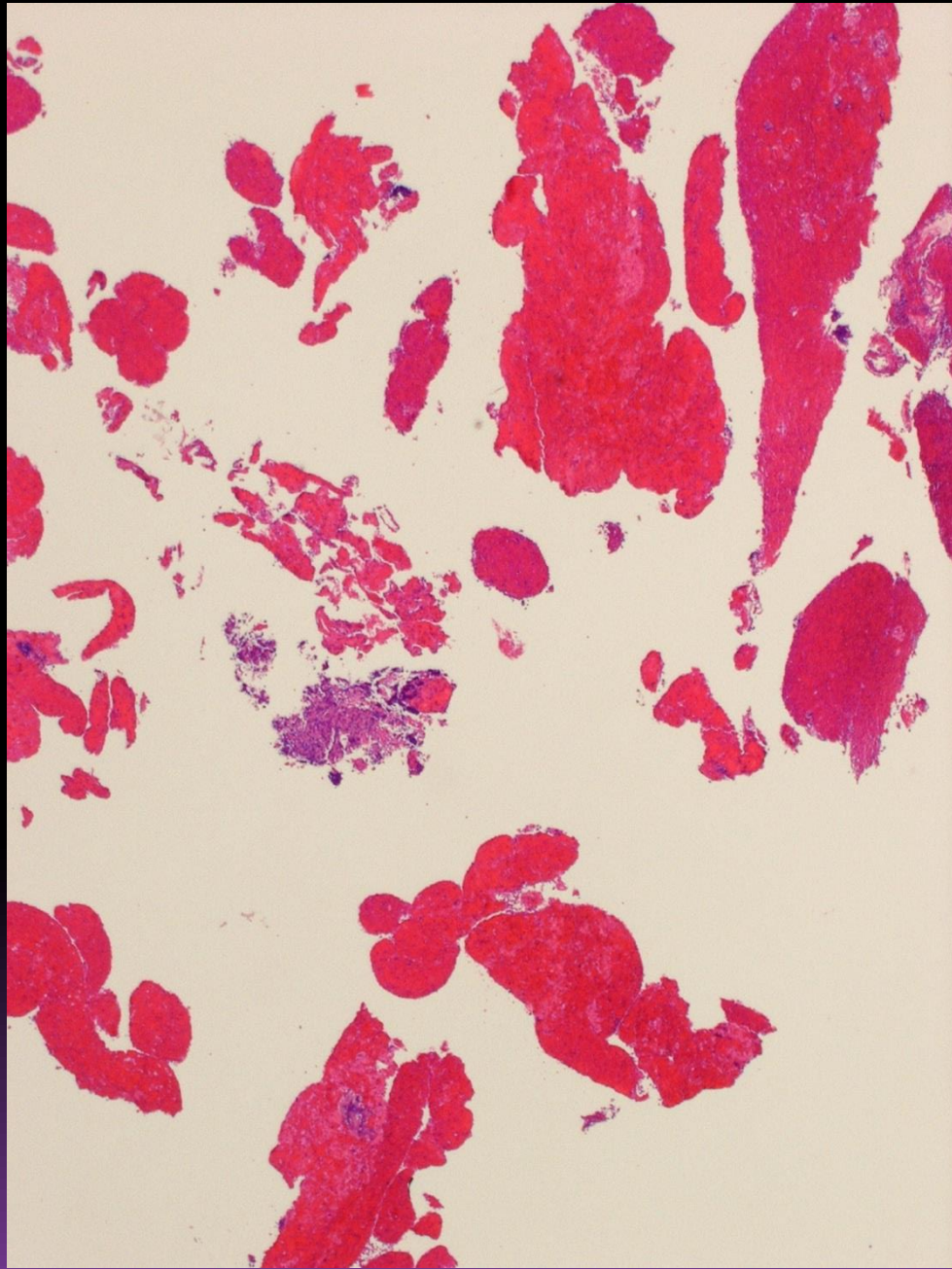
**Quantity** NEEDLE 1 ADAPTER 1 SYRINGE 1

**CAUTION**  
Federal (U.S.) law restricts this device to sale by or on the order of a physician.

-  Consult instructions for use
-  Do not reuse  Keep dry
-  Do not resterilize  Keep away from sunlight
-  Do not use if package is damaged  **STERILE EO** Sterilized using ethylene oxide

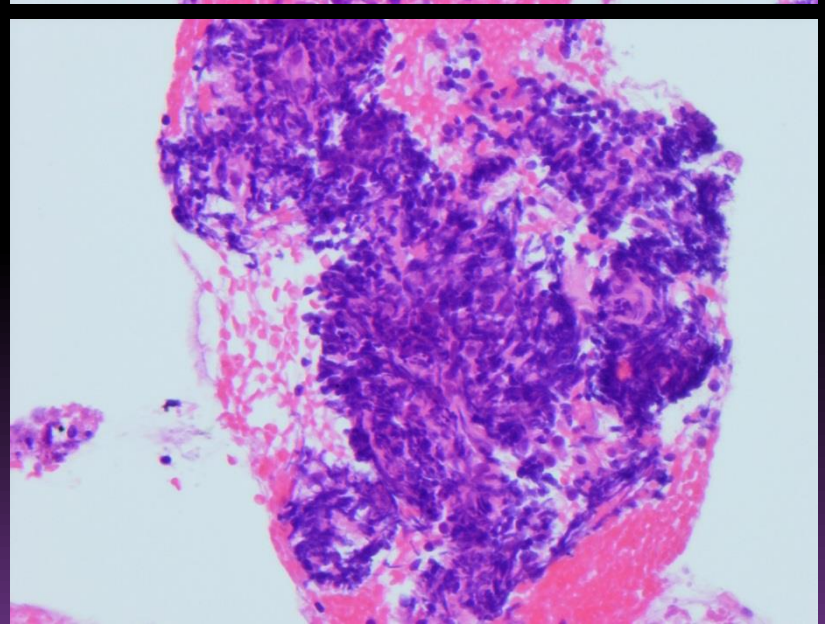
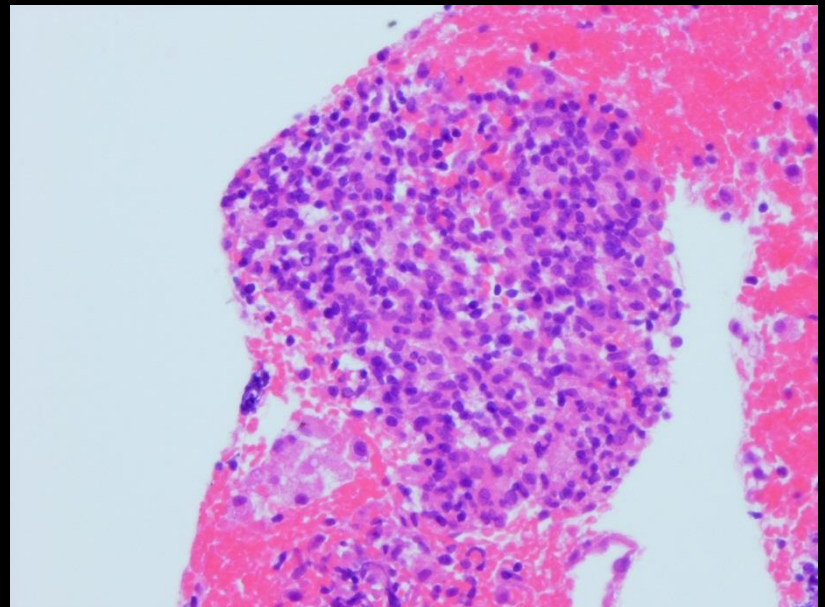
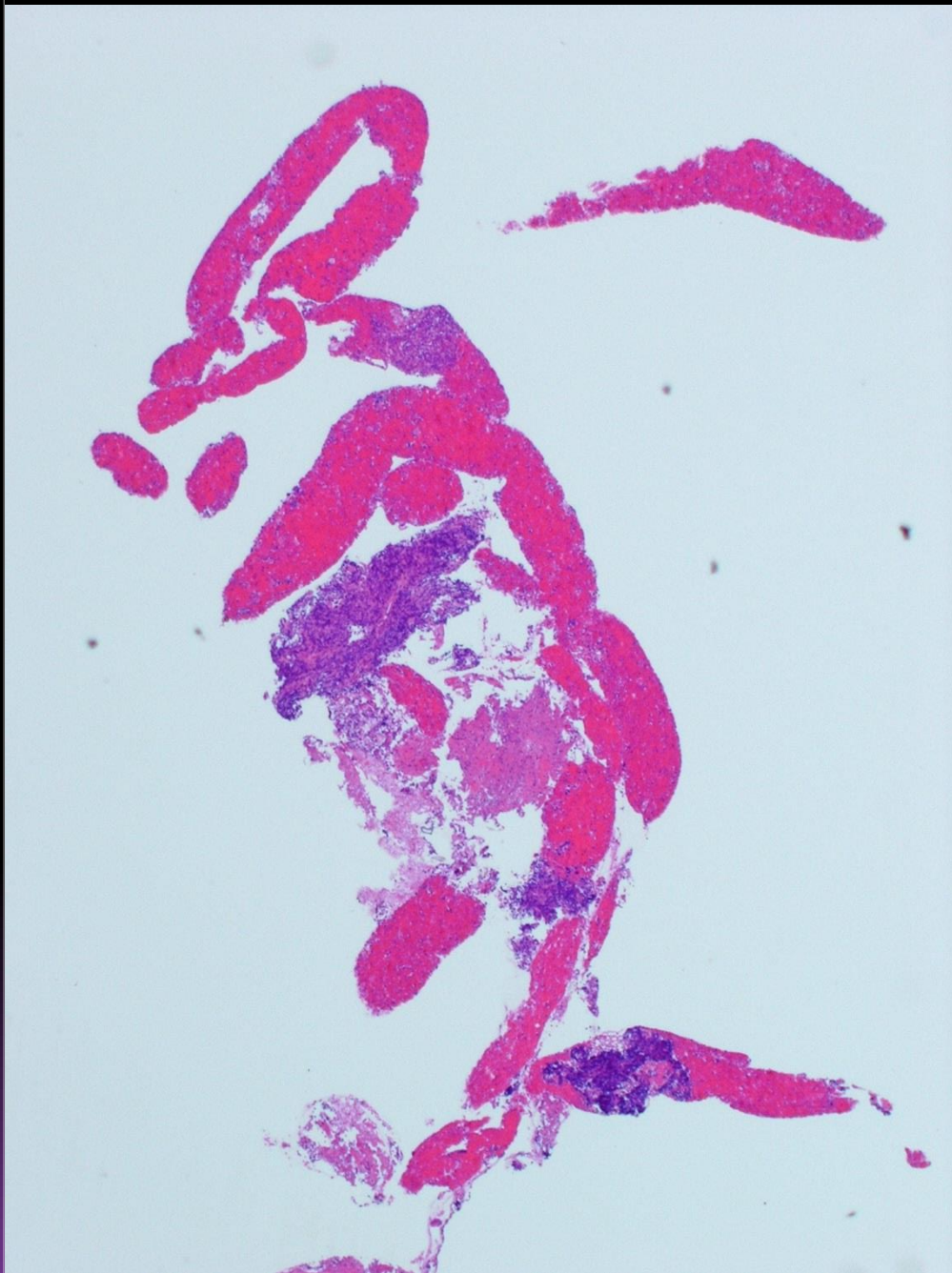
**ViziShot FLEX**  
Single Use Aspiration Needle

# EBUS 19G needles



DLBCL-GC, no cytogen abn

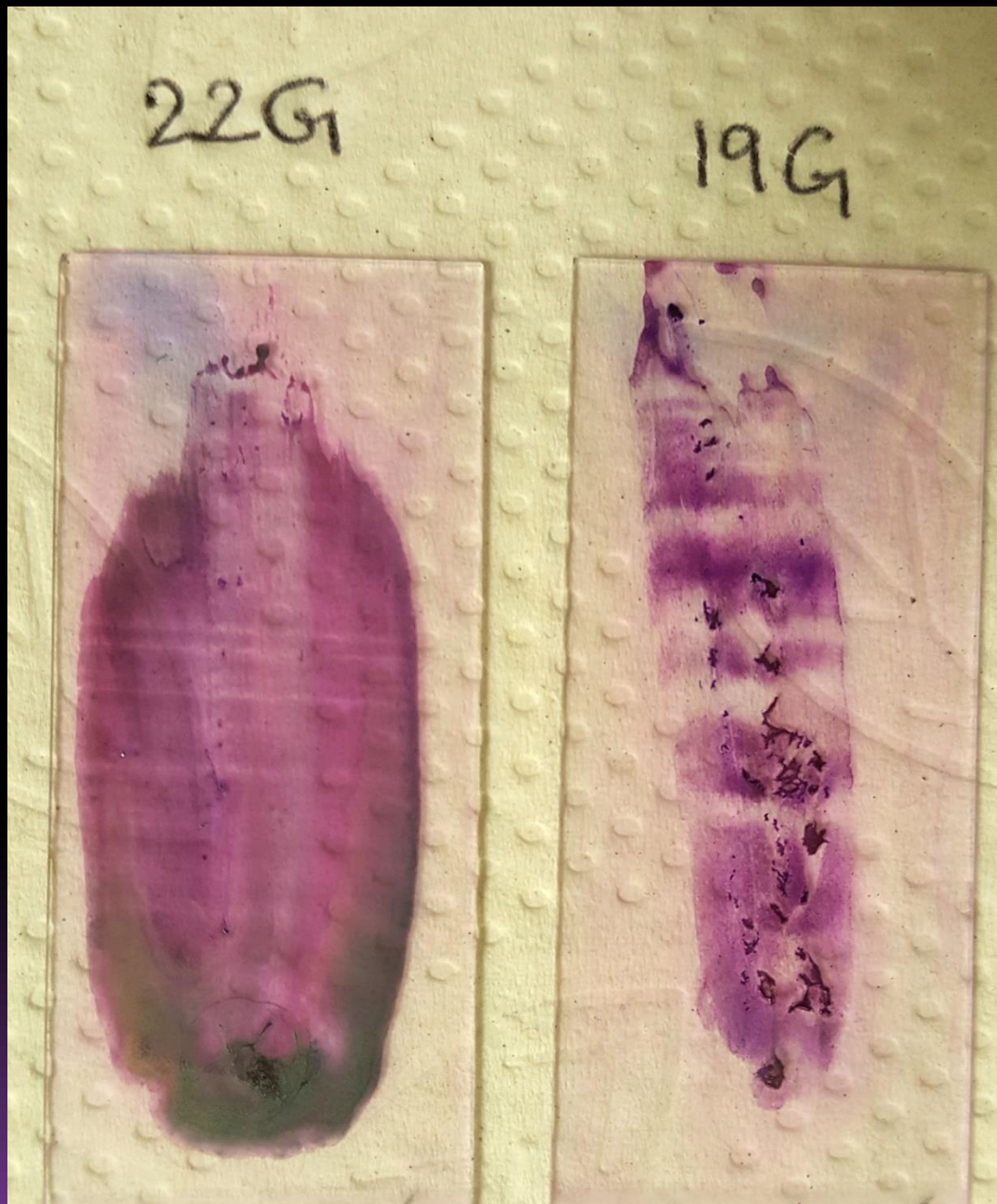




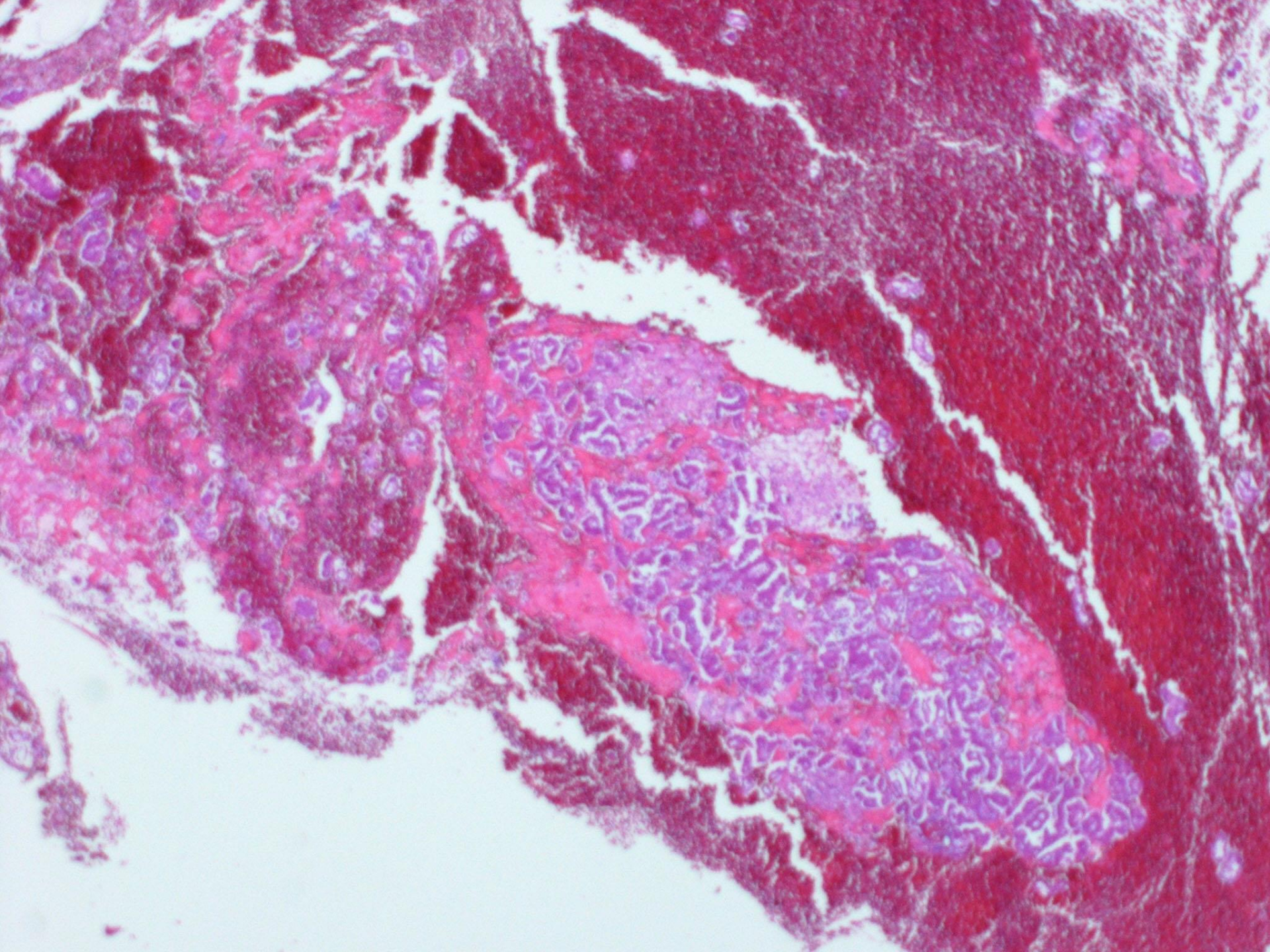
CTCL



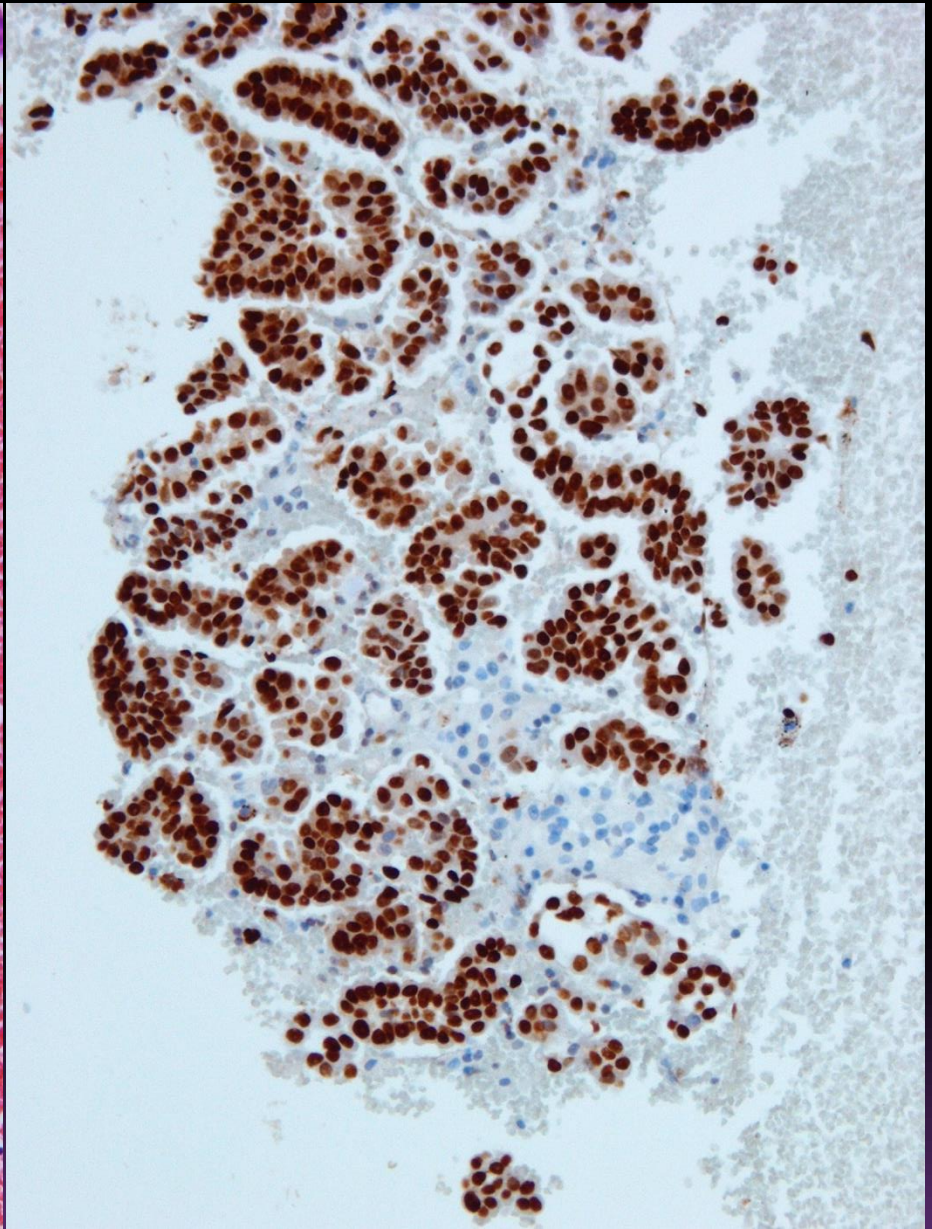
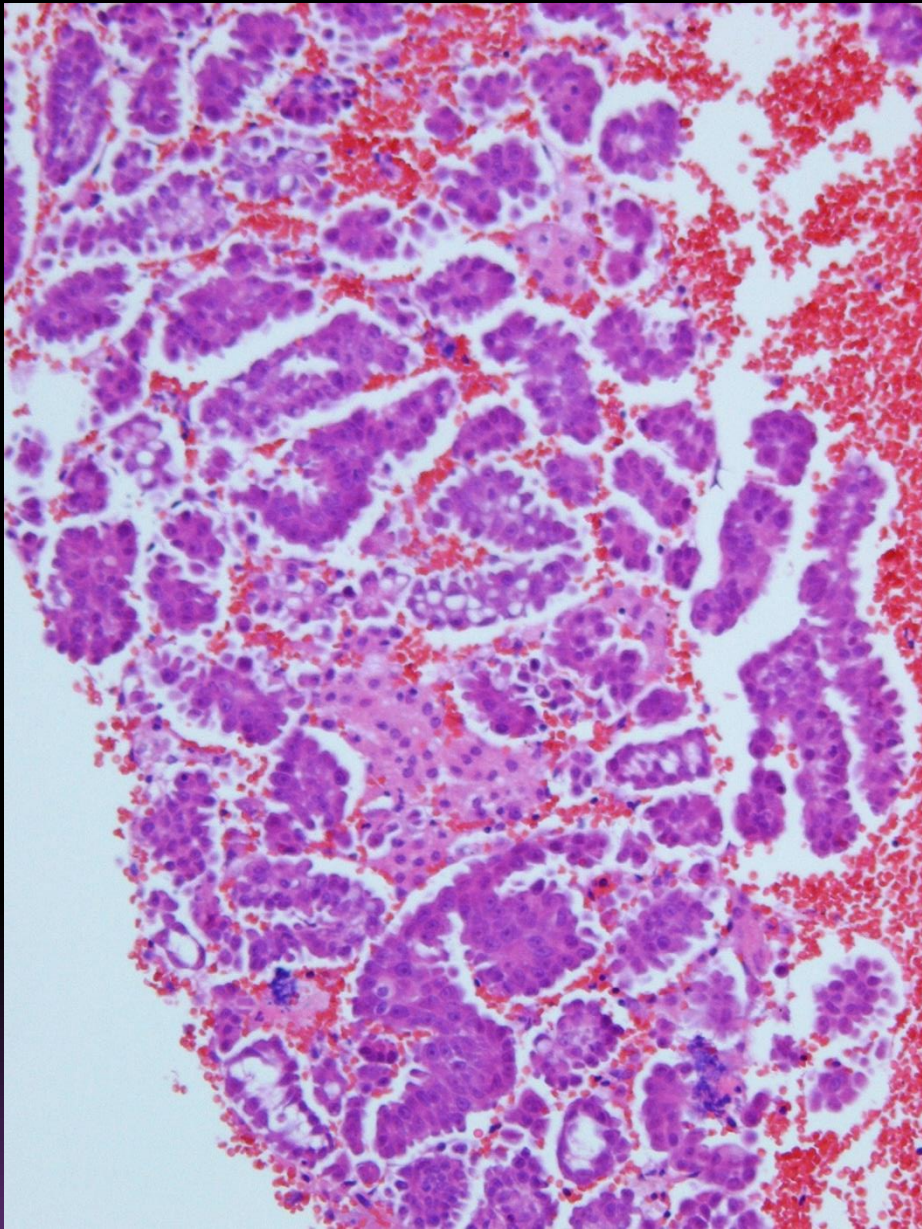




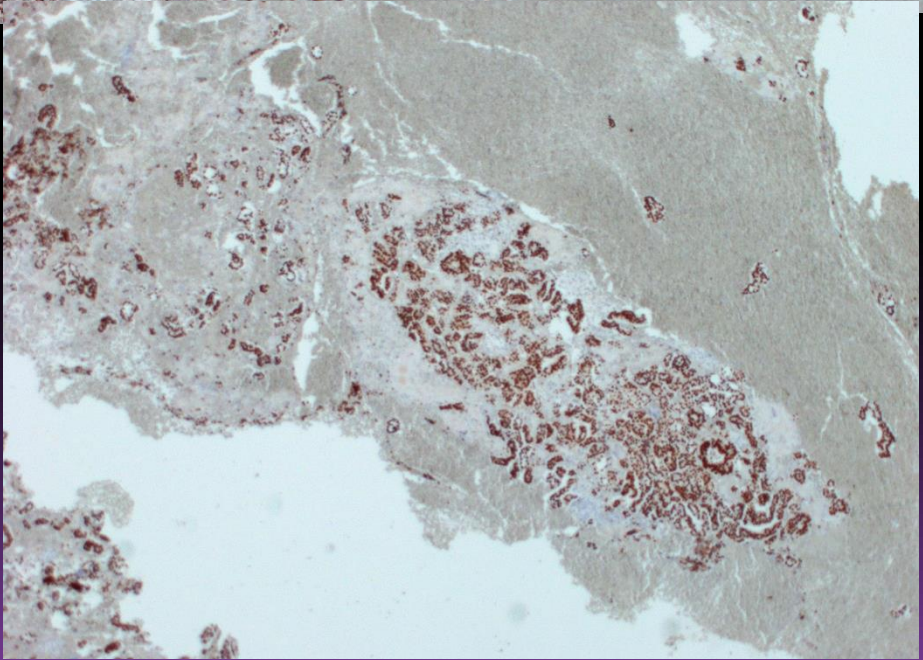
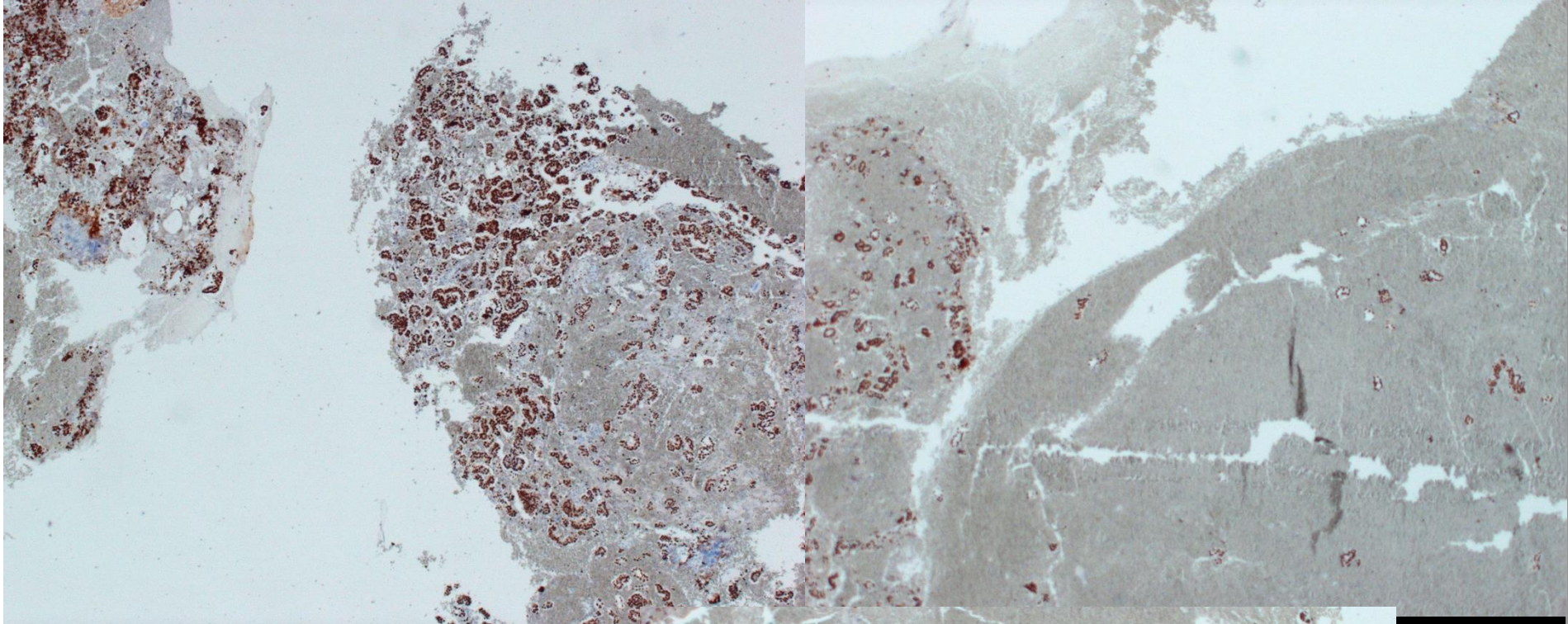




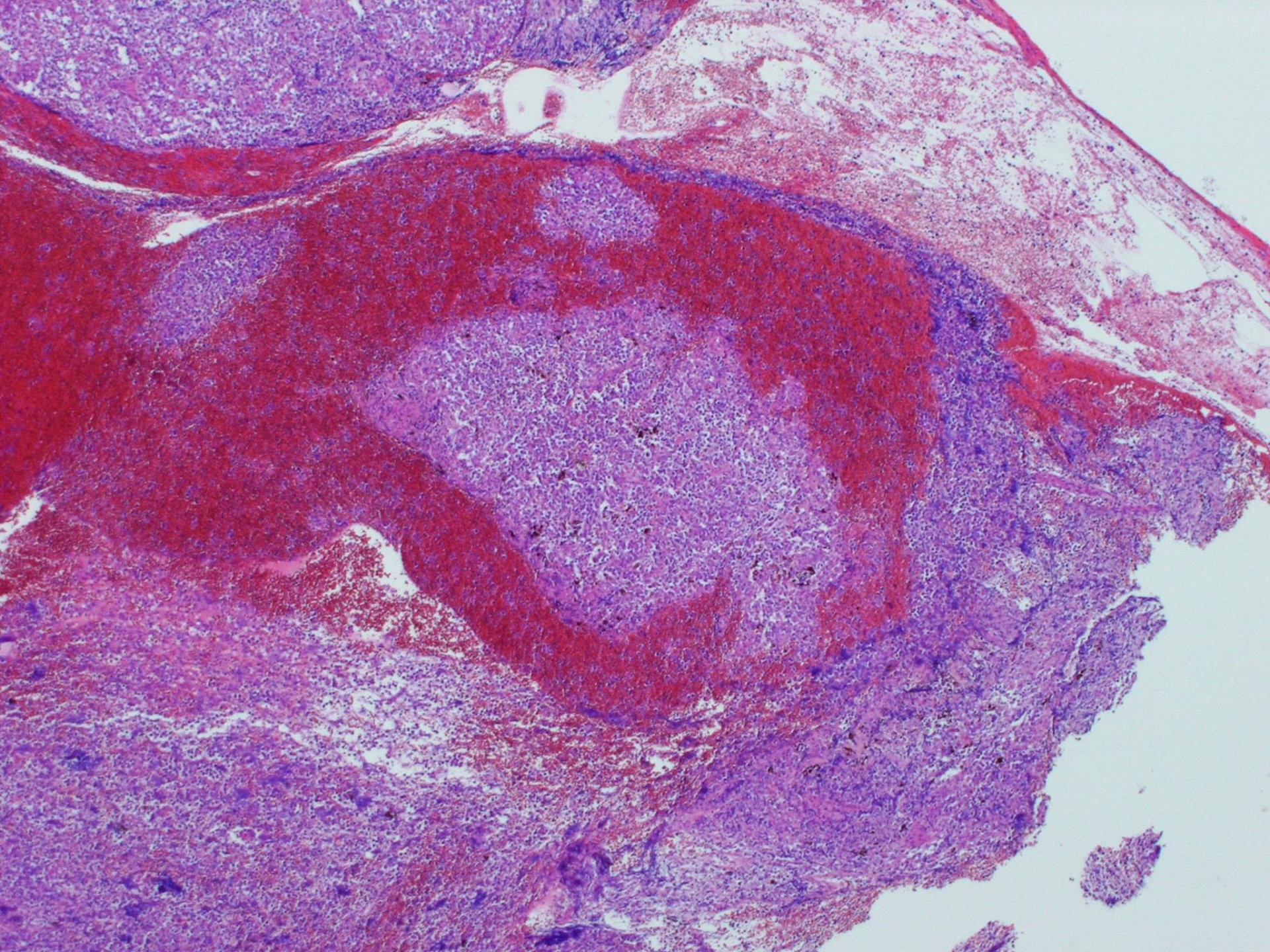




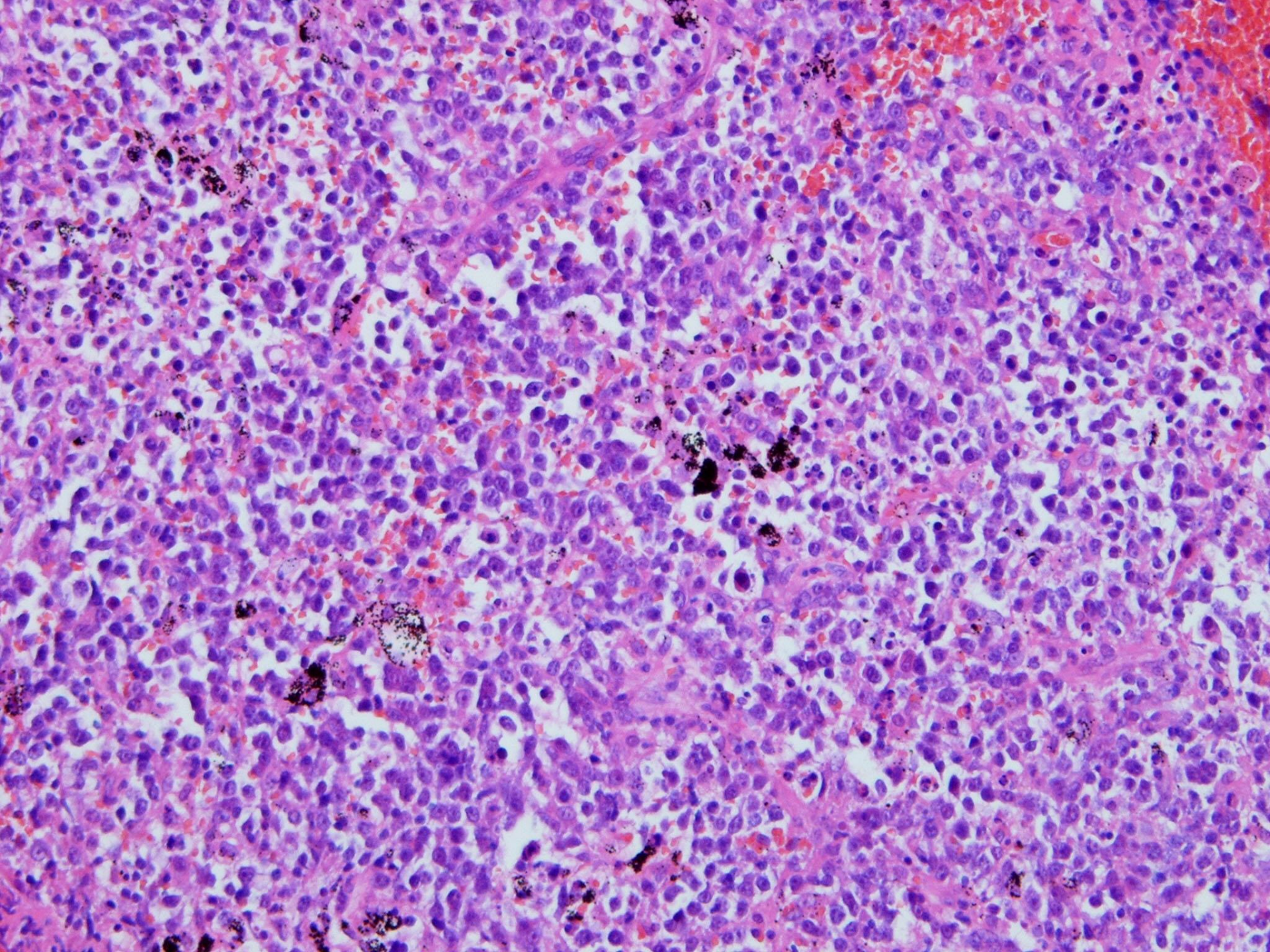




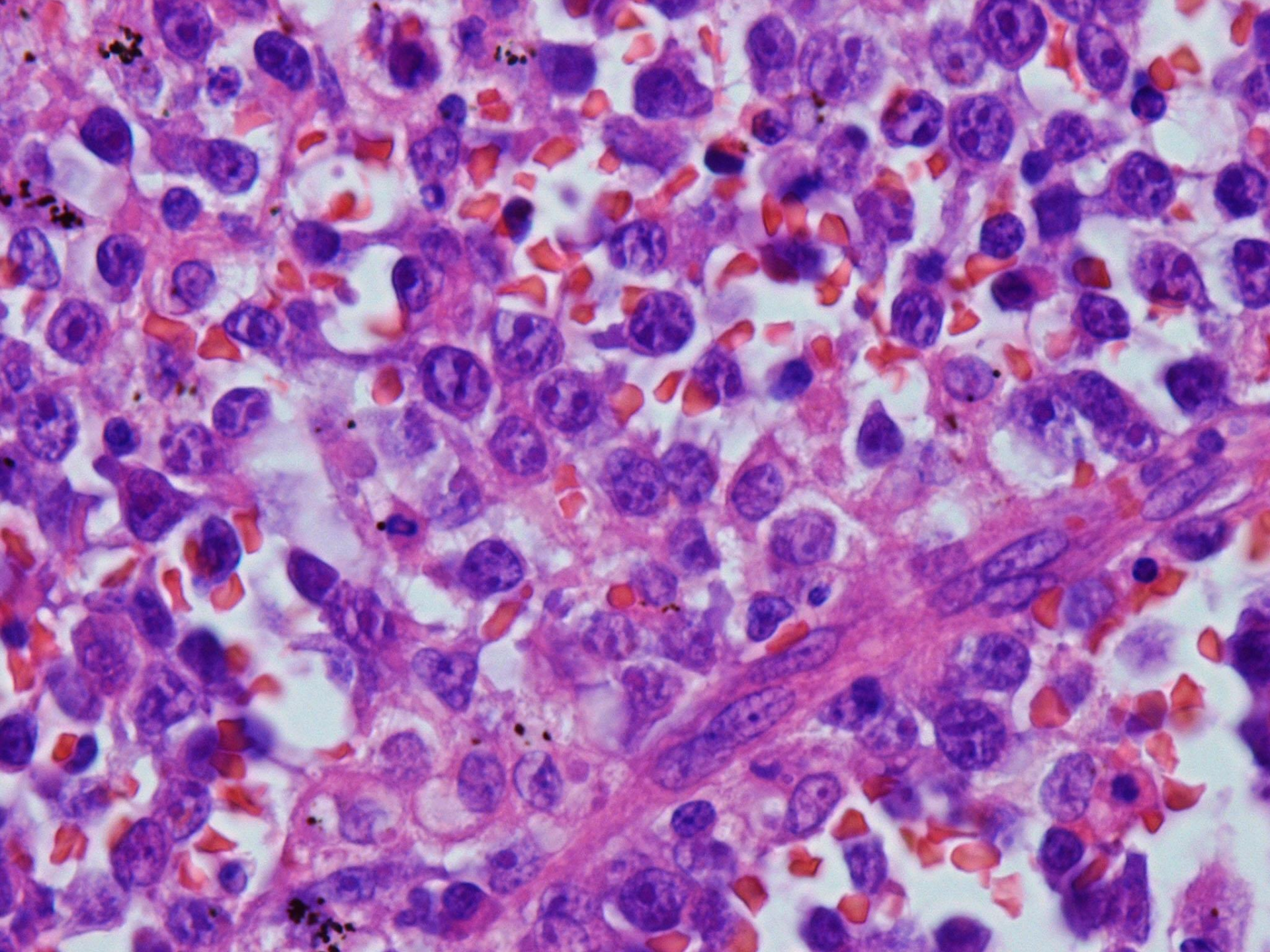












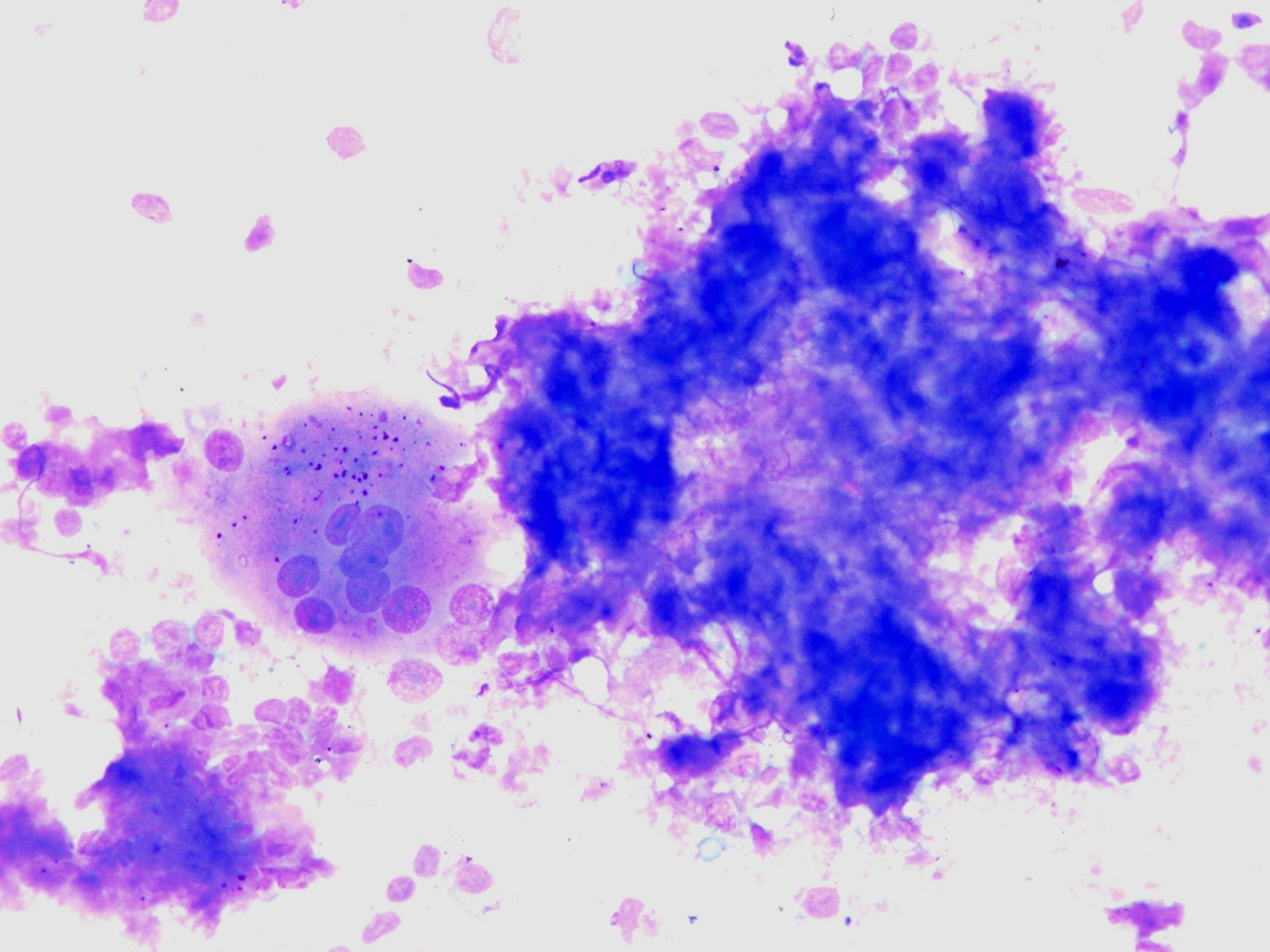
# Sampling issues in Hodgkin

- ▣ Necrotic areas – identification on US & cytology
- ▣ Fibrosis
- ▣ Adequate time between passes for pathologist to pick up Hodgkin cells
- ▣ Once diagnosis suspected – change needles

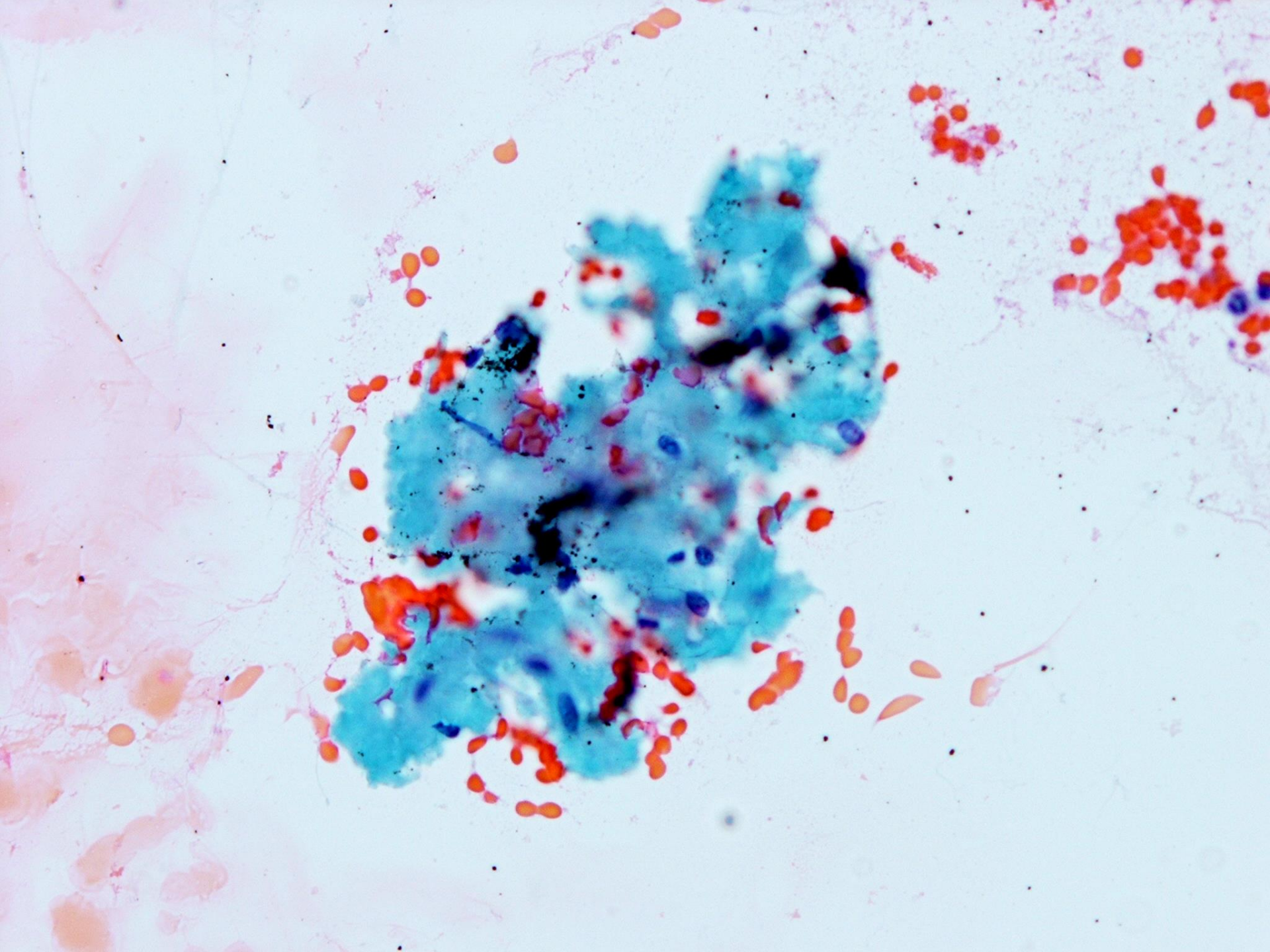


73 M, mediastinal lymphadenopathy, small volume cervical lymphadenopathy

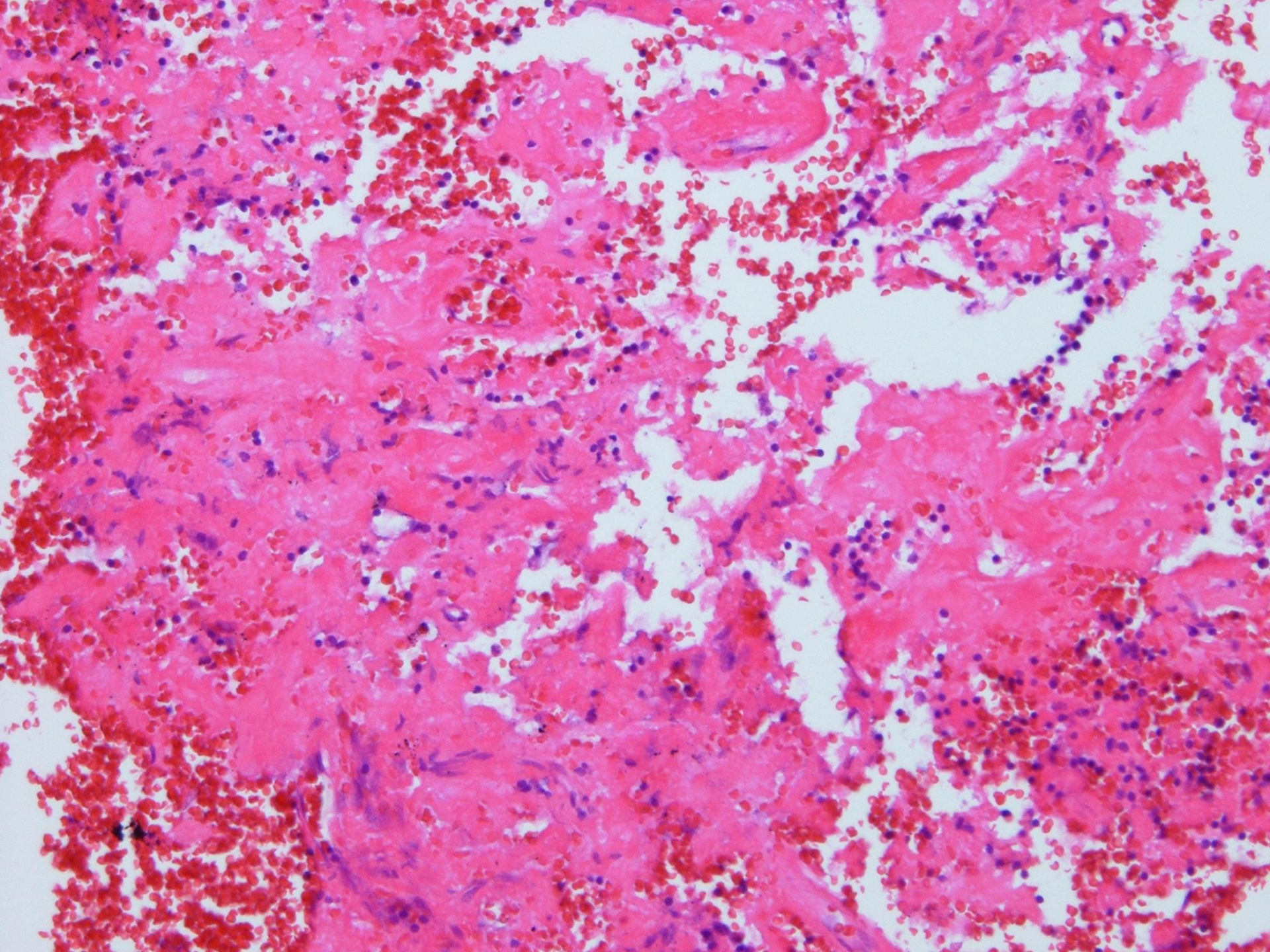




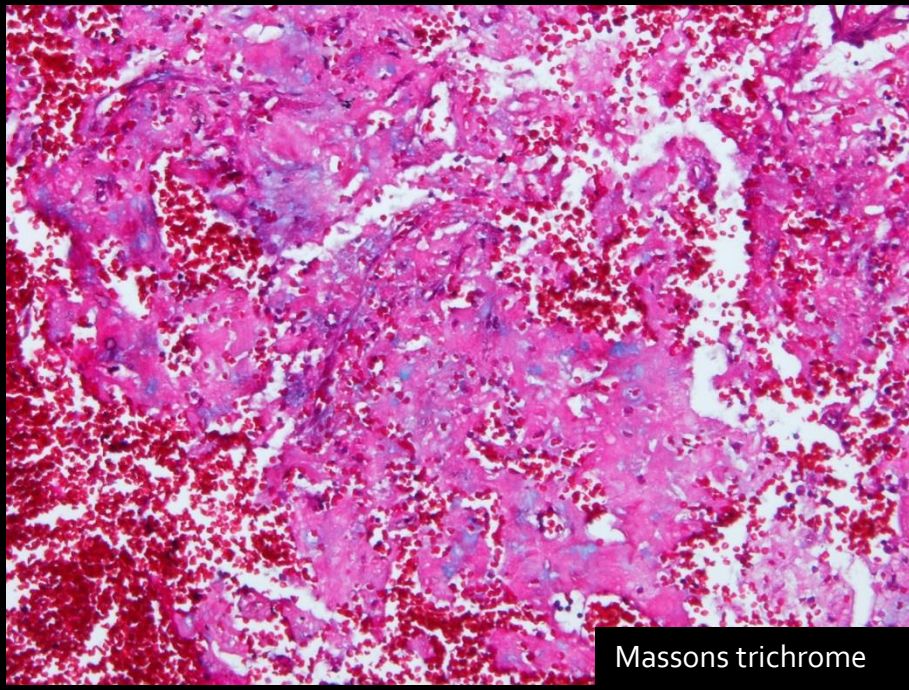




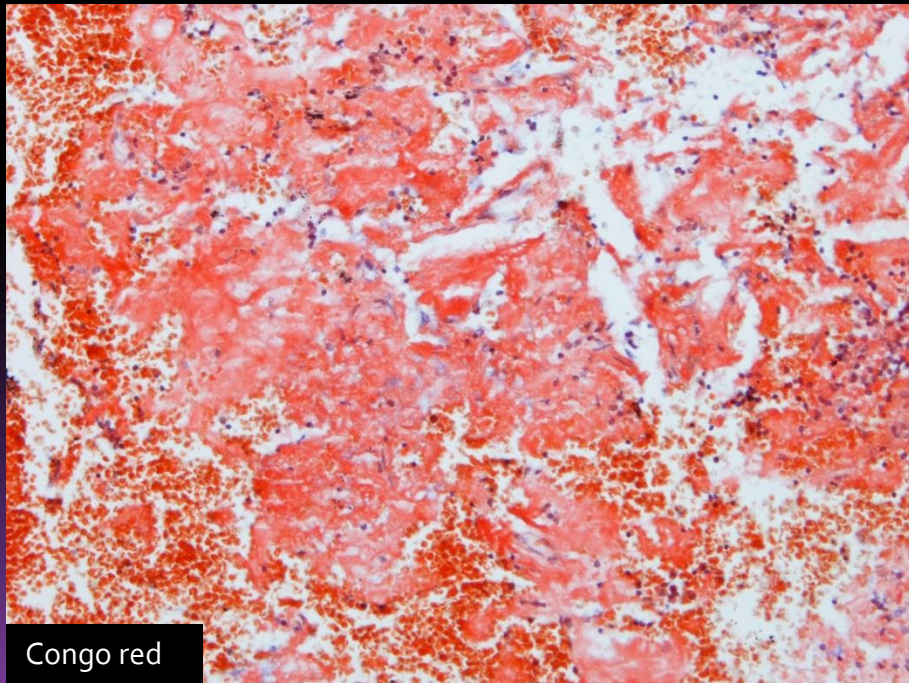




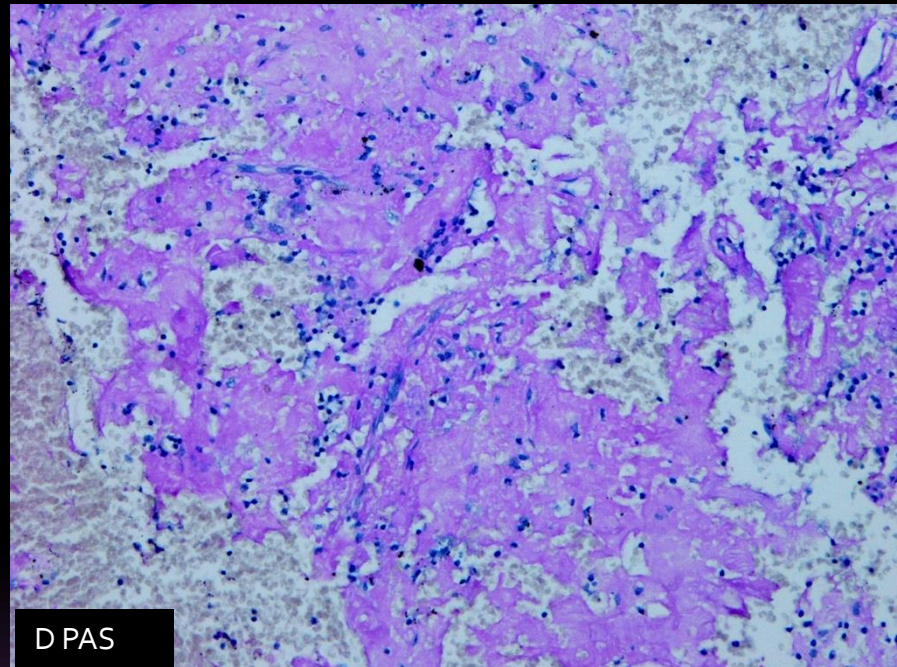




Massons trichrome

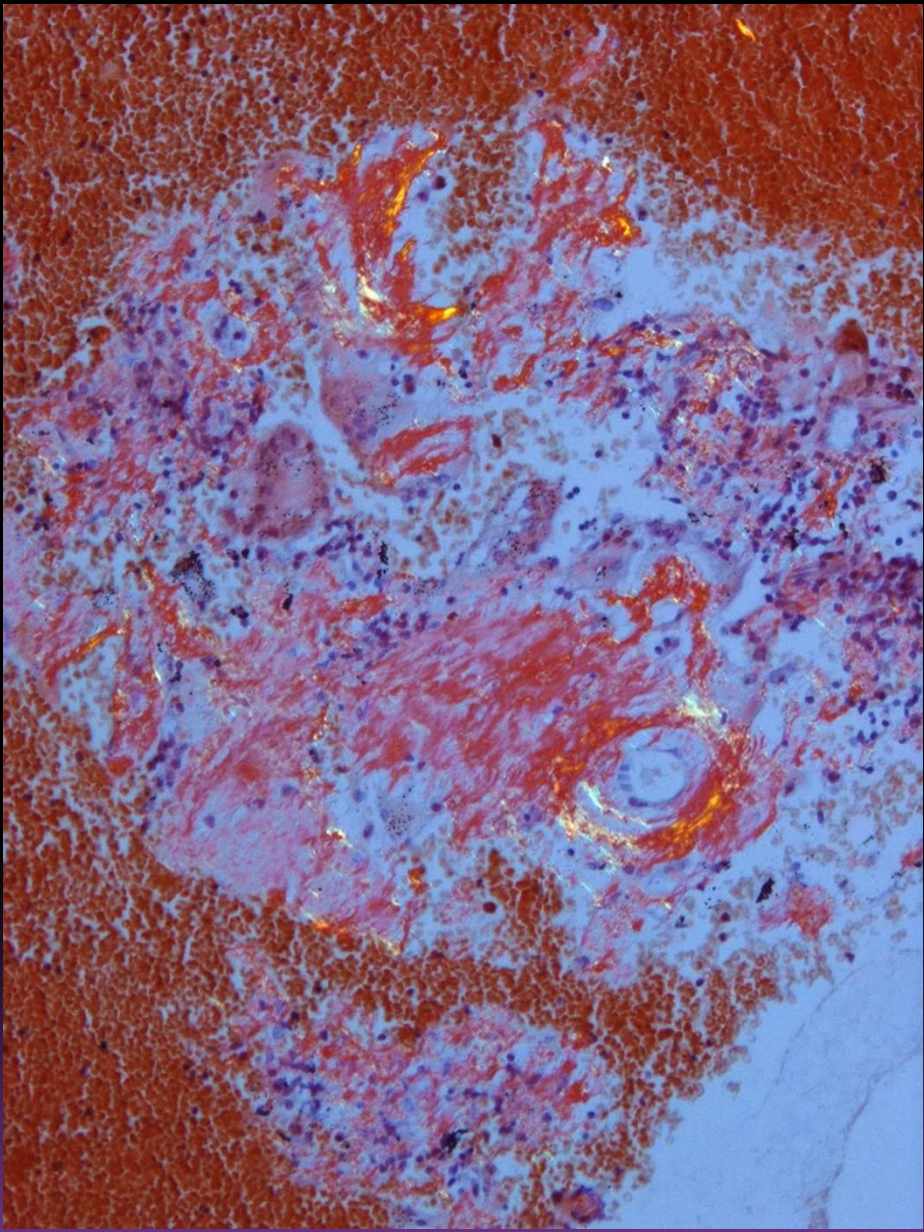
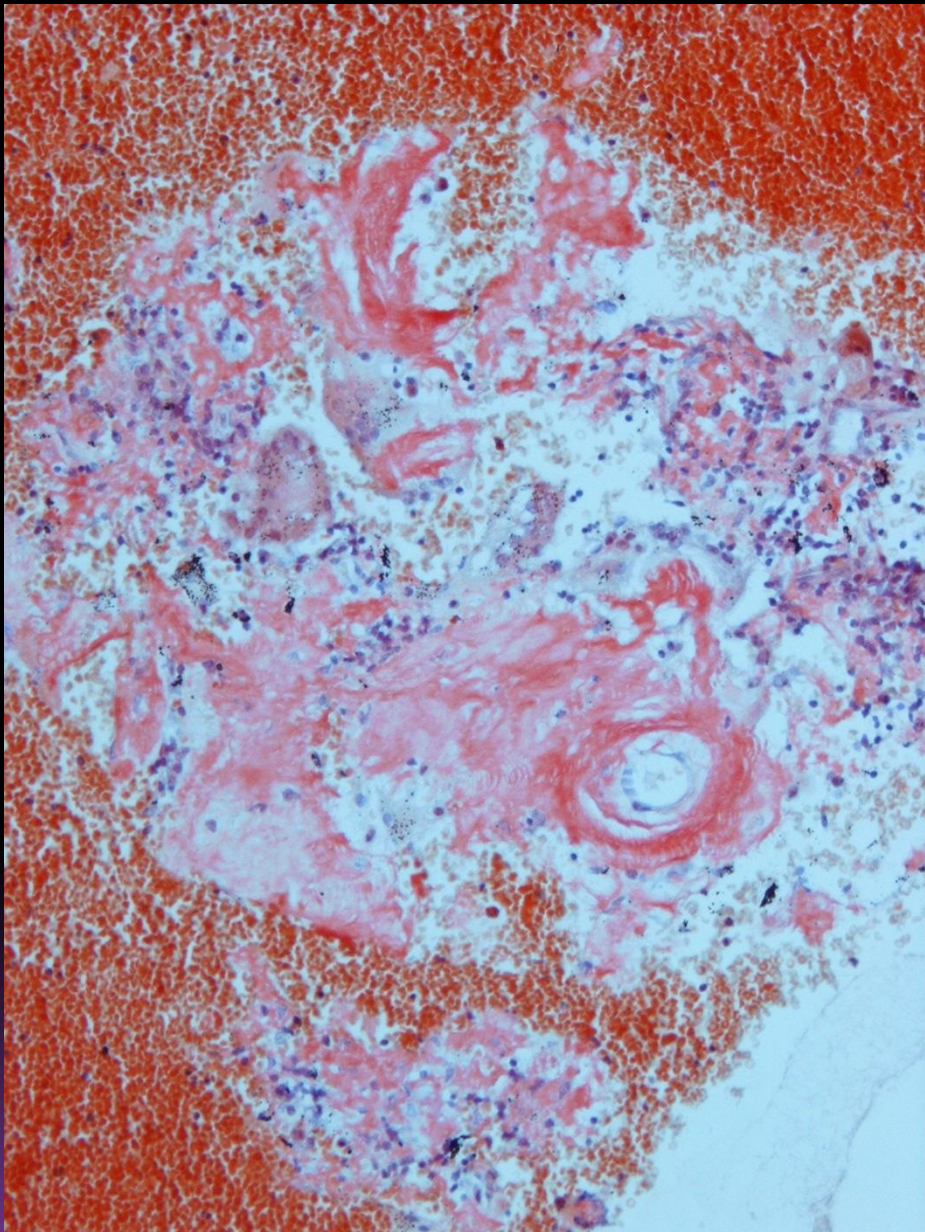


Congo red



D PAS







Negative IHC for Amyloid AA, transthyretin, kappa & lambda

---

## **Lymph node amyloidosis** (amyloid of non-AA type)

# Is this diagnosis reliable?

## How accurate is lymphoma diagnosis on EBUS?

	Year	Nos	Sensitivity	Specificity	PPV	NPV
Grosu	2015	75				
Senturk	2014	15	86.7	100	97	96.4
Moonim et al	2013	93	89	97	98	85
Marshall	2011	33	72	95		
Steinfort	2010	55	57	100		
Kennedy	2008	25	90.9	100		

Moonim MT et al. Diagnosis and subtyping of de novo and relapsed mediastinal lymphomas by endobronchial ultrasound needle aspiration. *Am J Respir Crit Care Med* 2013; 188: 216-223

Navani N, Janes S. Endobronchial ultrasound guides transbronchial needle aspiration for lymphoma: The final frontier. *Am J Respir Crit Care Med* 2013; 188: 1183-85



### Comparison between EBUS-TBNA and final diagnoses

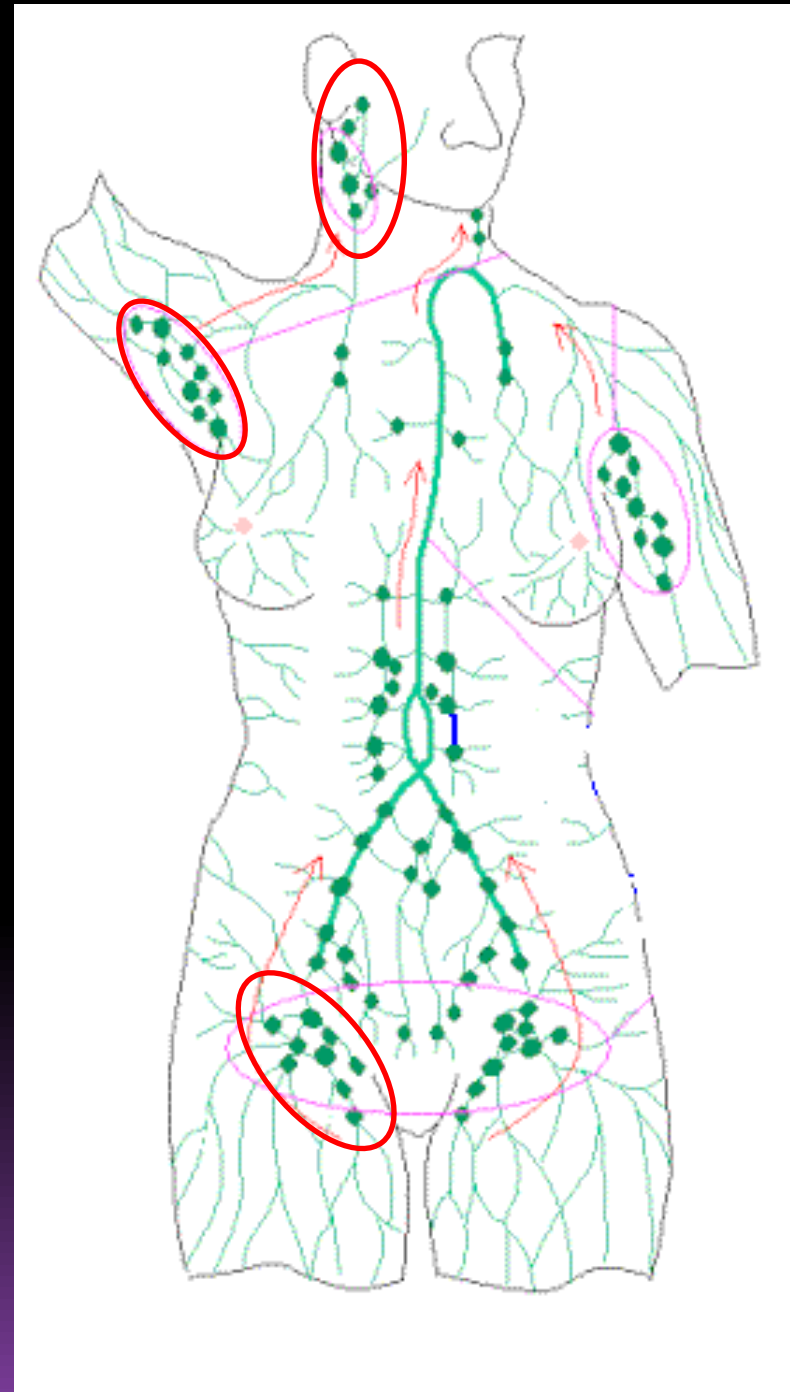
		Final diagnosis (n = 93)			
		High-grade NHL	Low-grade NHL	Hodgkin lymphoma	Non-lymphoma diagnosis
EBUS-TBNA diagnosis (n = 93)	High-grade B/T NHL (n=9)	9	0	0	0
	Probable high-grade NHL (n=1)	0	0	0	1
	Low-grade B-NHL (n=26)	0	26	0	0
	Hodgkin lymphoma (n=17)	0	0	17	0
	Probable Hodgkin lymphoma (n=6)	1	0	5	0
	Non- lymphoma diagnosis (n=32)	0	0	0	32
	Inadequate (n=2)	1	0	0	1

### Comparison between EBUS-TBNA and final diagnoses

		Final diagnosis (n = 93)			
		High-grade NHL	Low-grade NHL	Hodgkin lymphoma	Non-lymphoma diagnosis
EBUS-TBNA diagnosis (n = 93)	High-grade B/T NHL (n=9)	9	0	0	0
	Probable high-grade NHL (n=1)	0	0	0	1
	Low-grade B-NHL (n=26)	0	26	0	0
	Hodgkin lymphoma (n=17)	0	0	17	0
	Probable Hodgkin lymphoma (n=6)	1	0	5	0
	Non- lymphoma diagnosis (n=32)	0	0	0	32
	Inadequate (n=2)	1	0	0	1

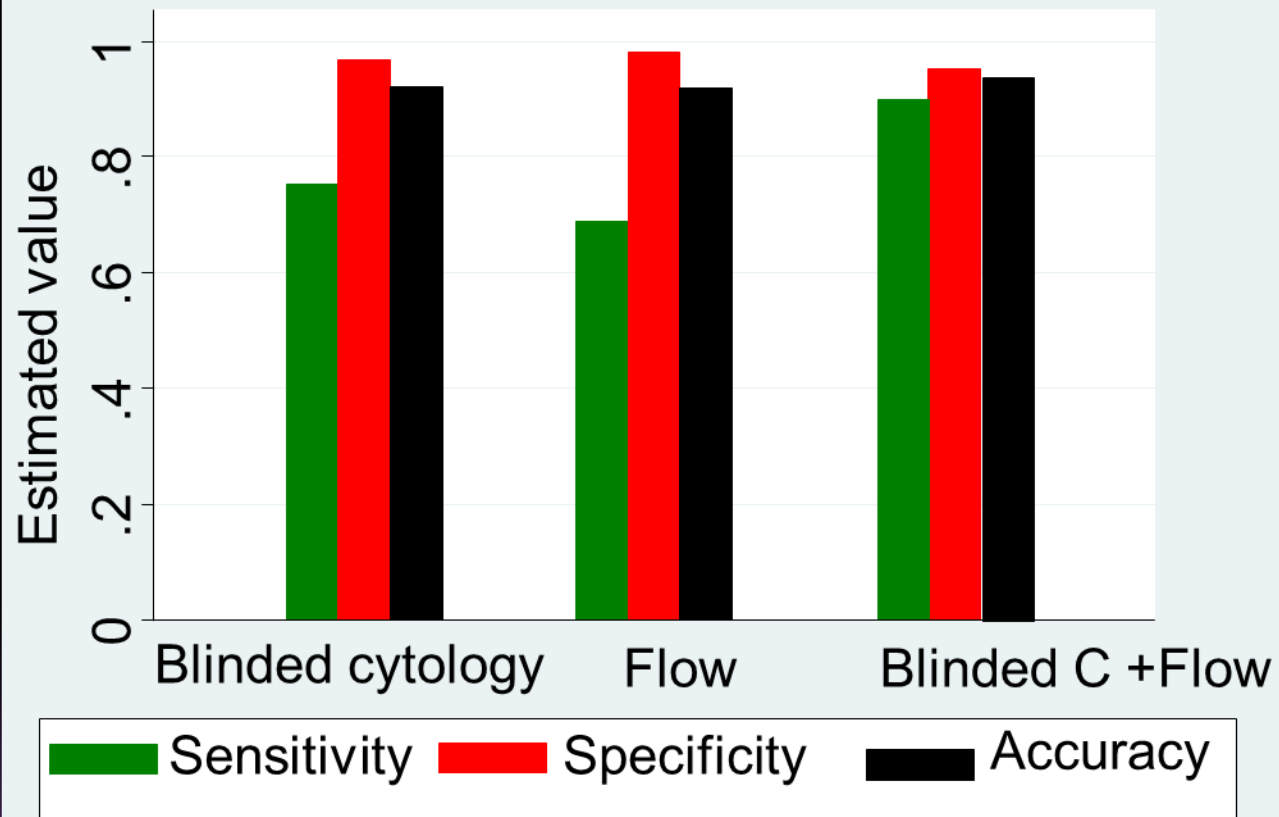


# Superficial lymph node / mass sampling



Do we need to biopsy every lump?

## Sensitivity, Specificity & Accuracy - All Lesions





# Flow cytometry of 'normal / reactive' lymph nodes

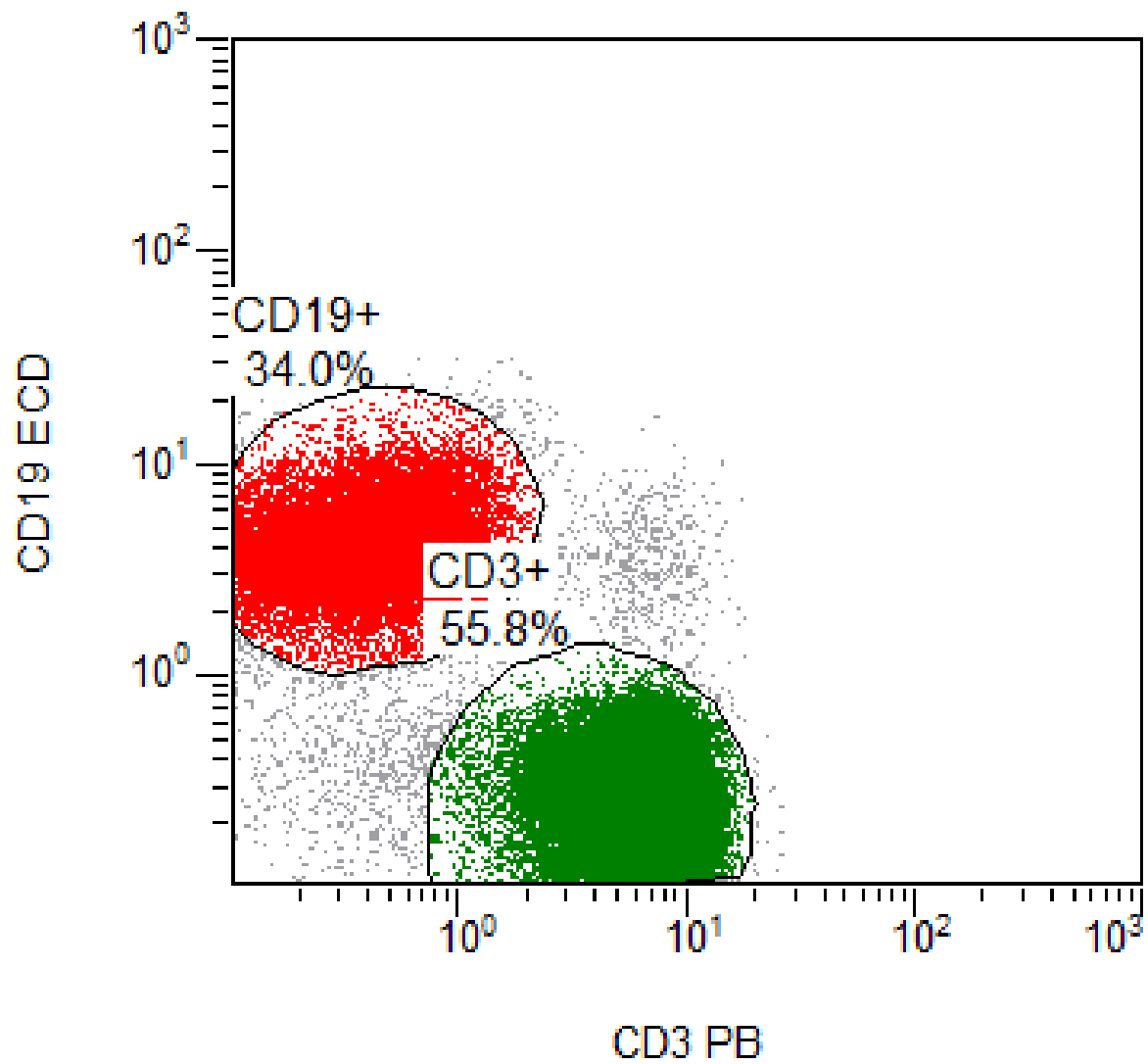
- Aspirates collected in normal saline.
- Add fetal calf serum for cell preservation
- Commercial flow cytometry transport media now available
  
- 4 colour vs 8 colour vs 10 colour

# GSTT – FCM FNA panel

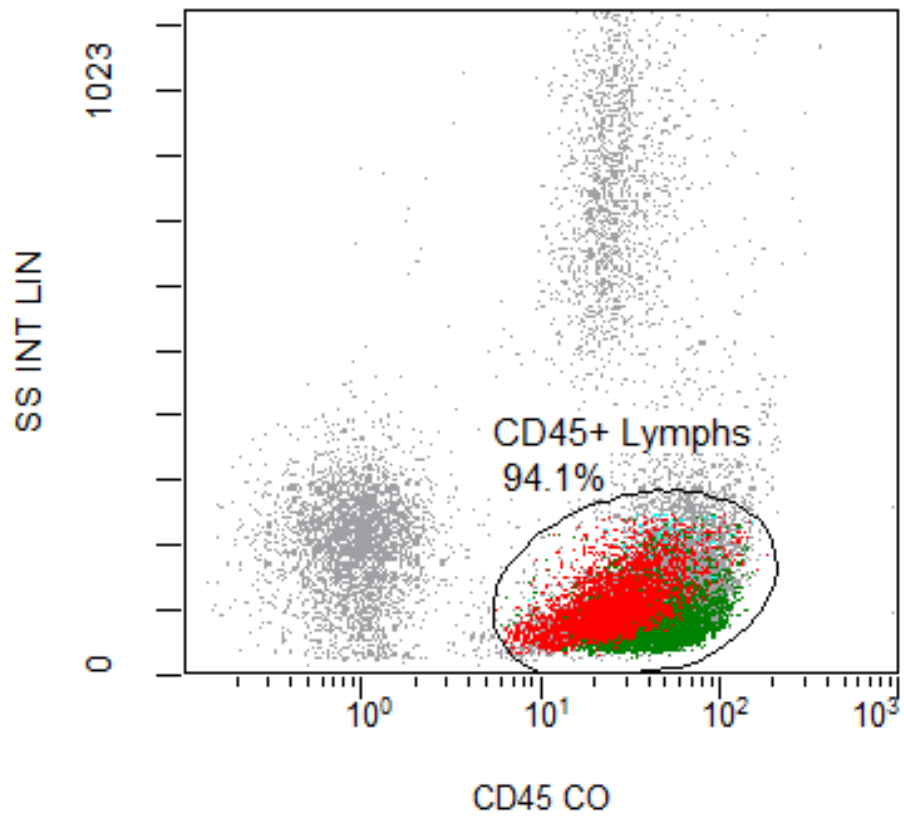
- 10 colour
- 2 tube
- 500 – 600 / year

	CO	ECD	APC750	PB	PC5.5	PC7	APC	APC700	PE	FITC
Tube 1	CD45	CD19	CD20	CD3	CD5	CD7	CD4	CD8	CD14	CD43
		B-cell			T-cell				Mac/mono	
Tube 2	CD45	CD19	CD20	FMC7	CD5	CD10	CD23		Lambda	Kappa
		B-cell			B-cell NHL				Light chains	

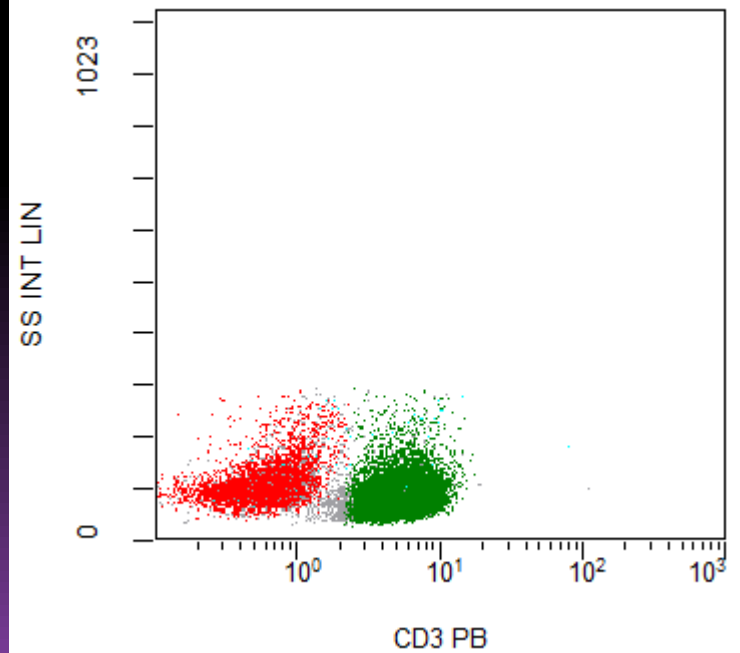
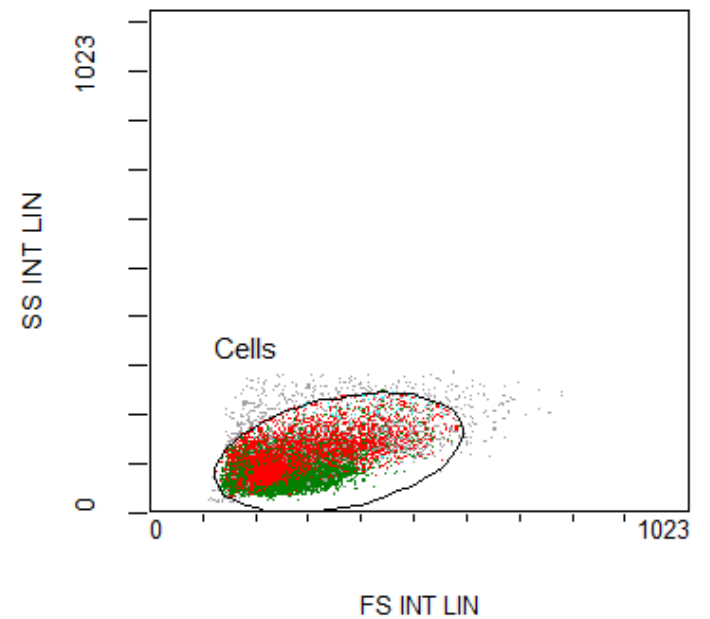




[Ungated] FL10 INT LOG/SS INT LIN



(20000) [CD45+ Lymphs] FS INT LIN/SS INT LIN



**Events / tube**

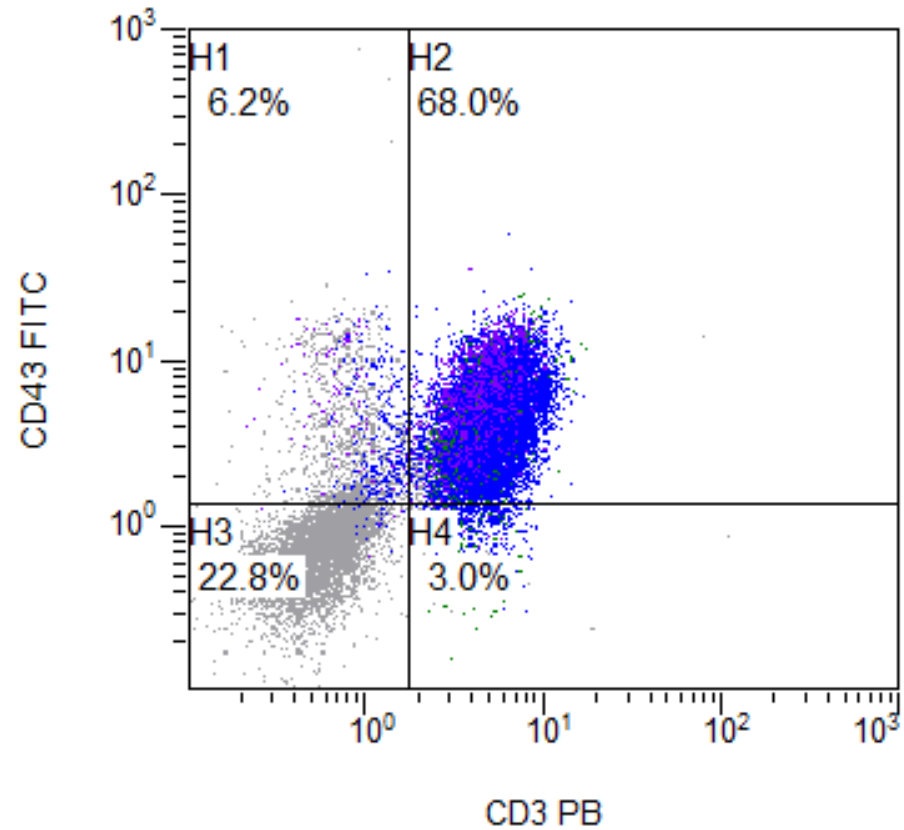
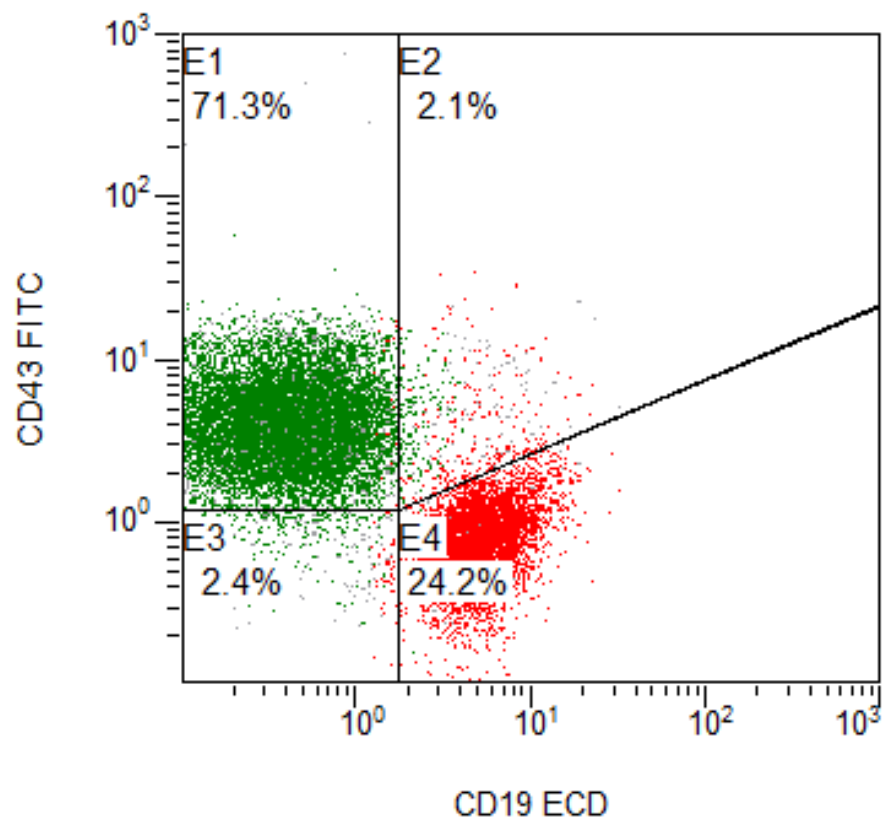
Palpable mass FNA

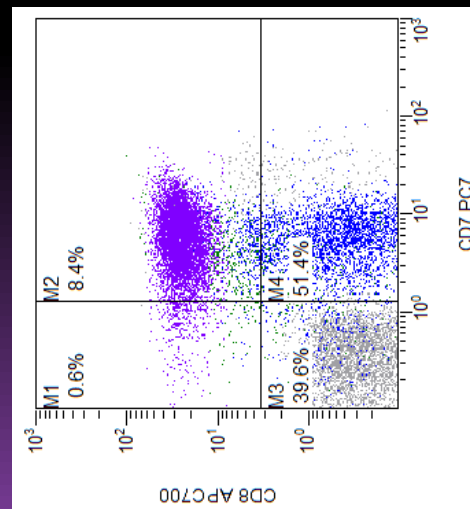
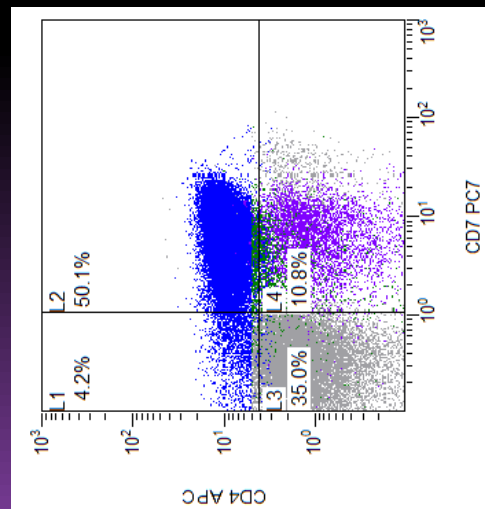
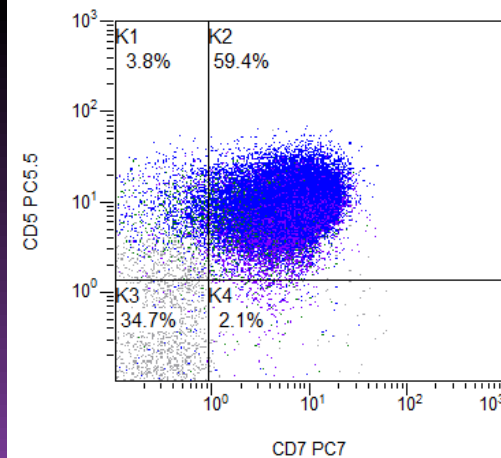
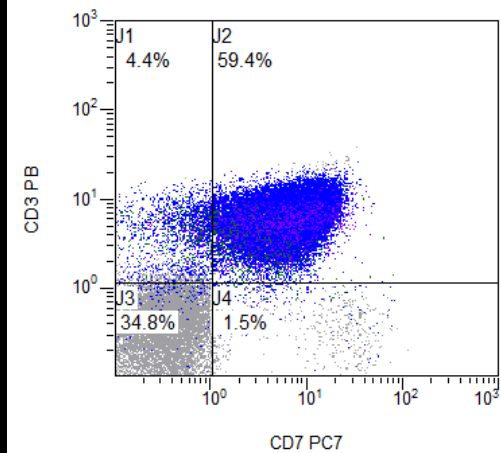
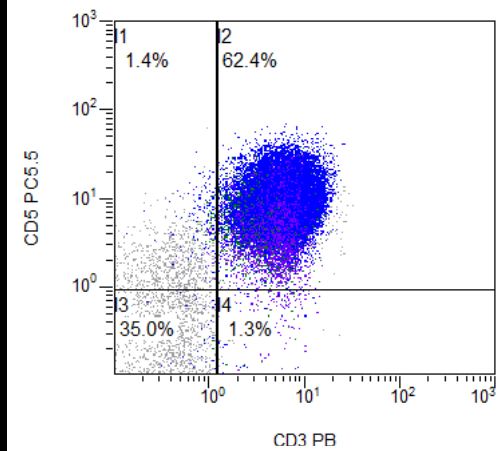
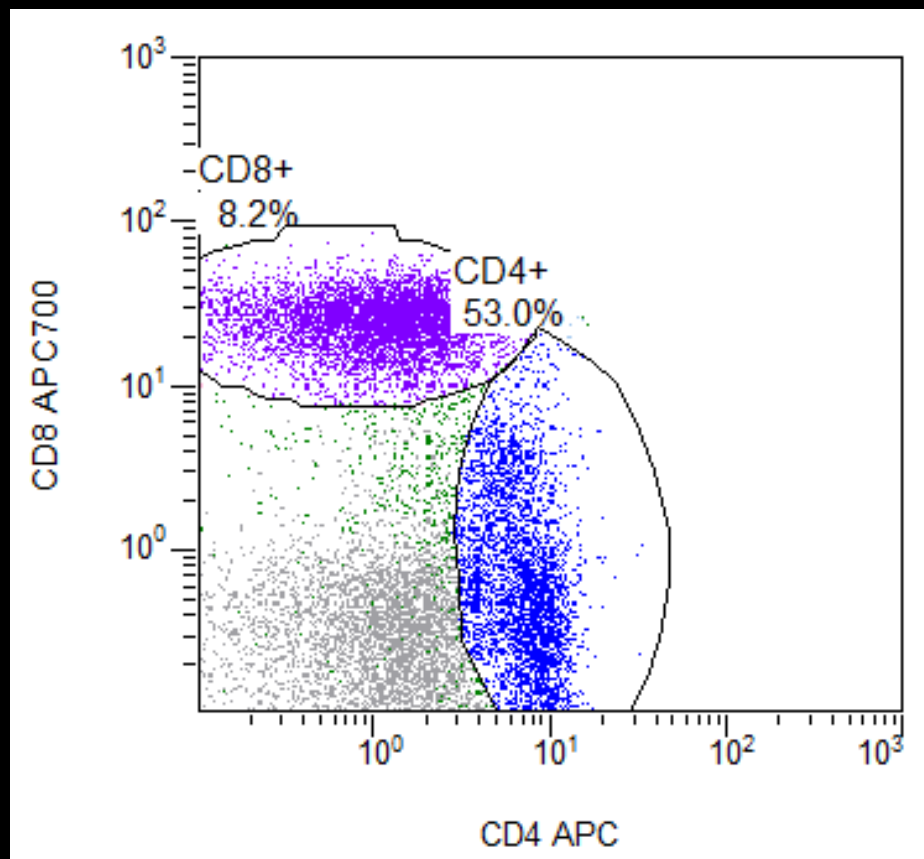
1000 - 10000

EBUS FNA

15000 - 25000

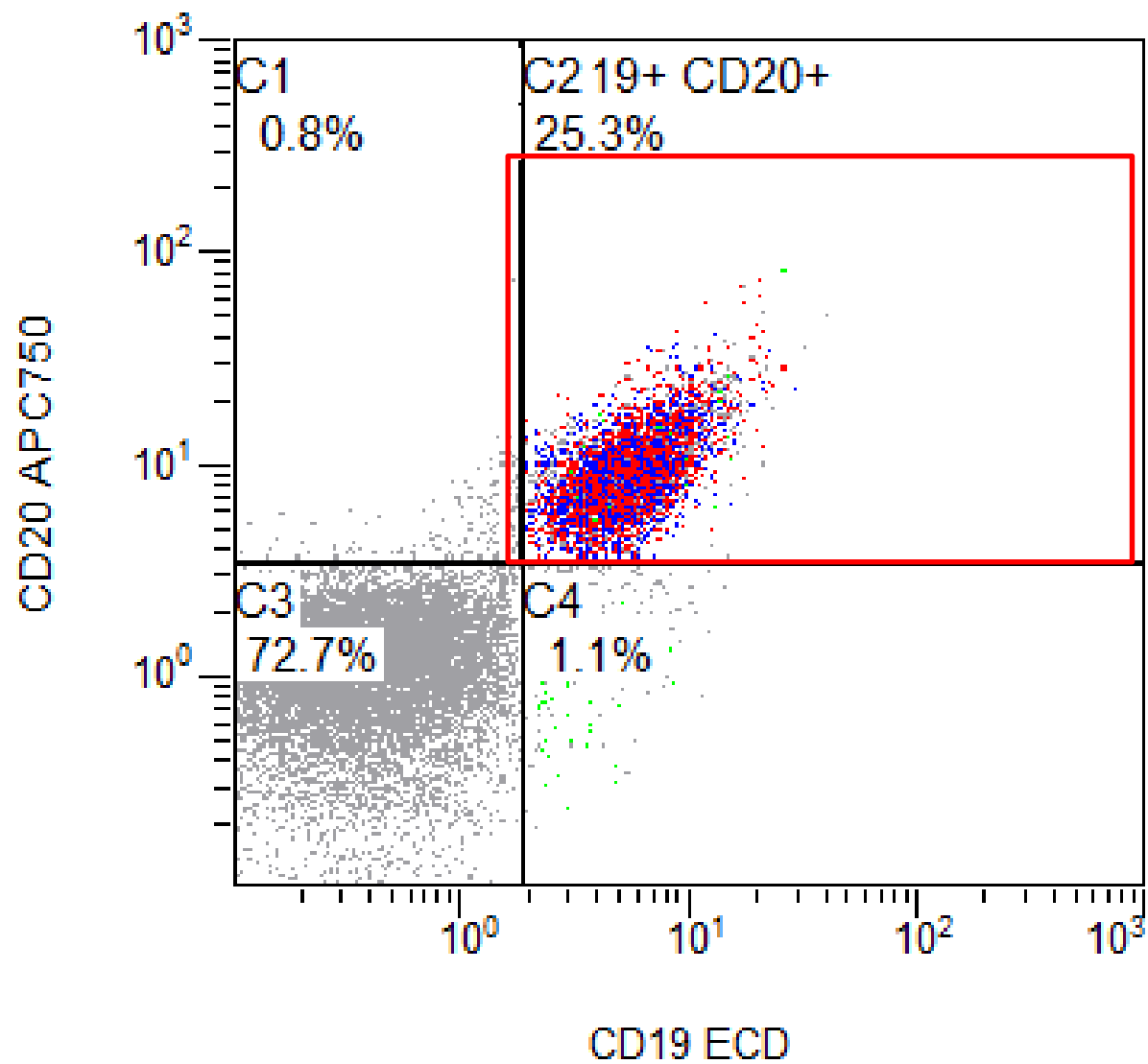




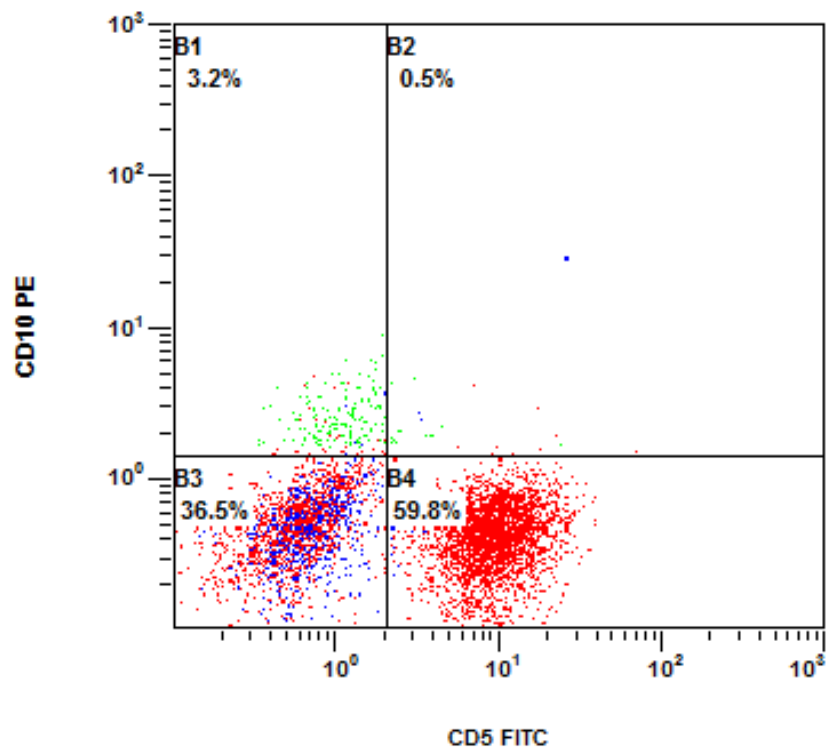




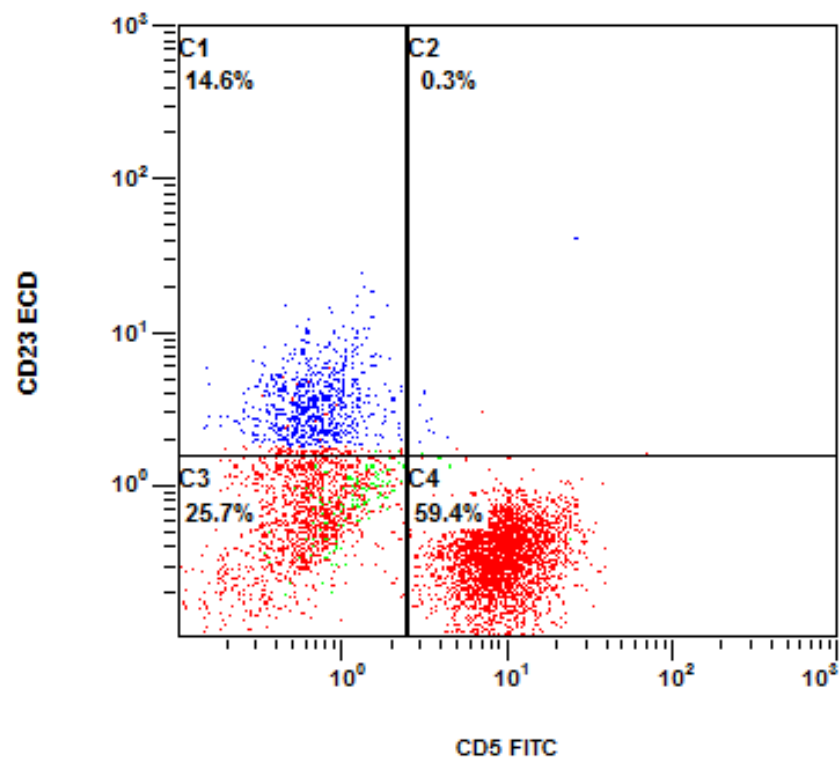
[Cells AND CD45+ Lymph] FL3 INT LOG/FL8 INT LOG



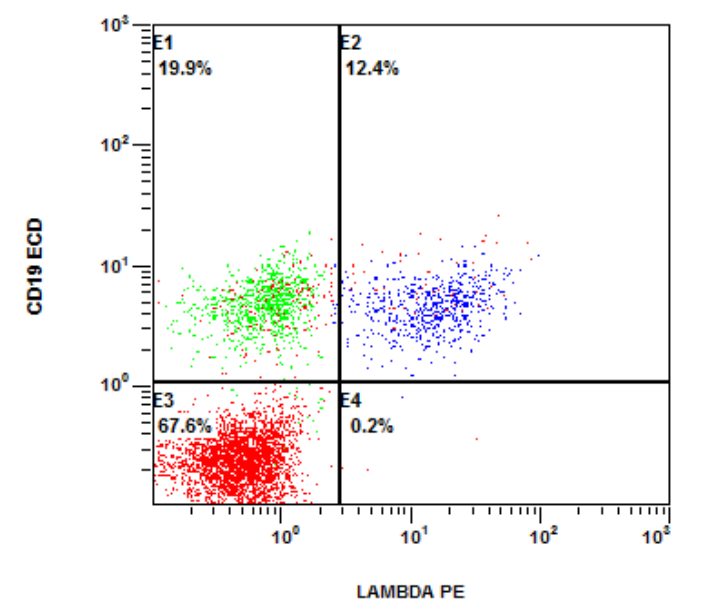
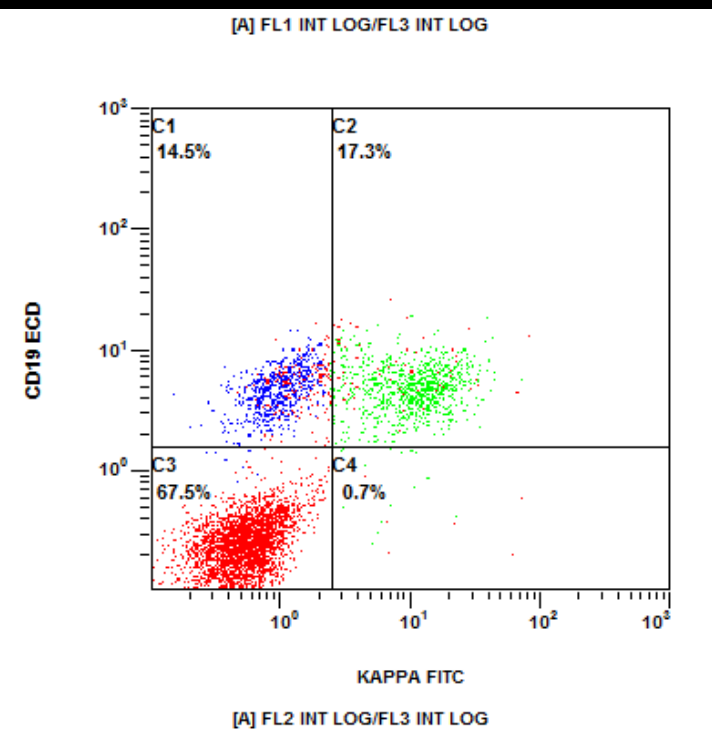
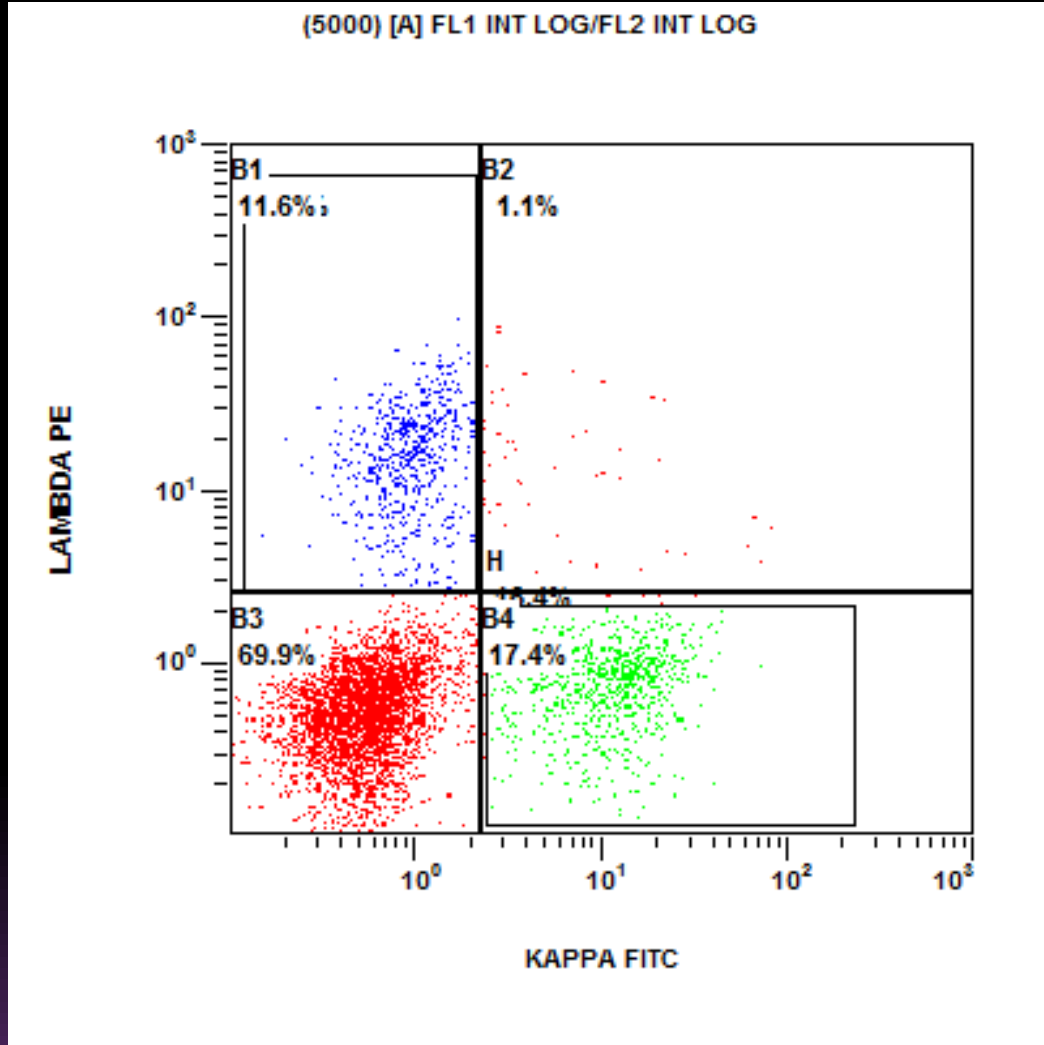
(5000) [A] FL1 INT LOG/FL2 INT LOG

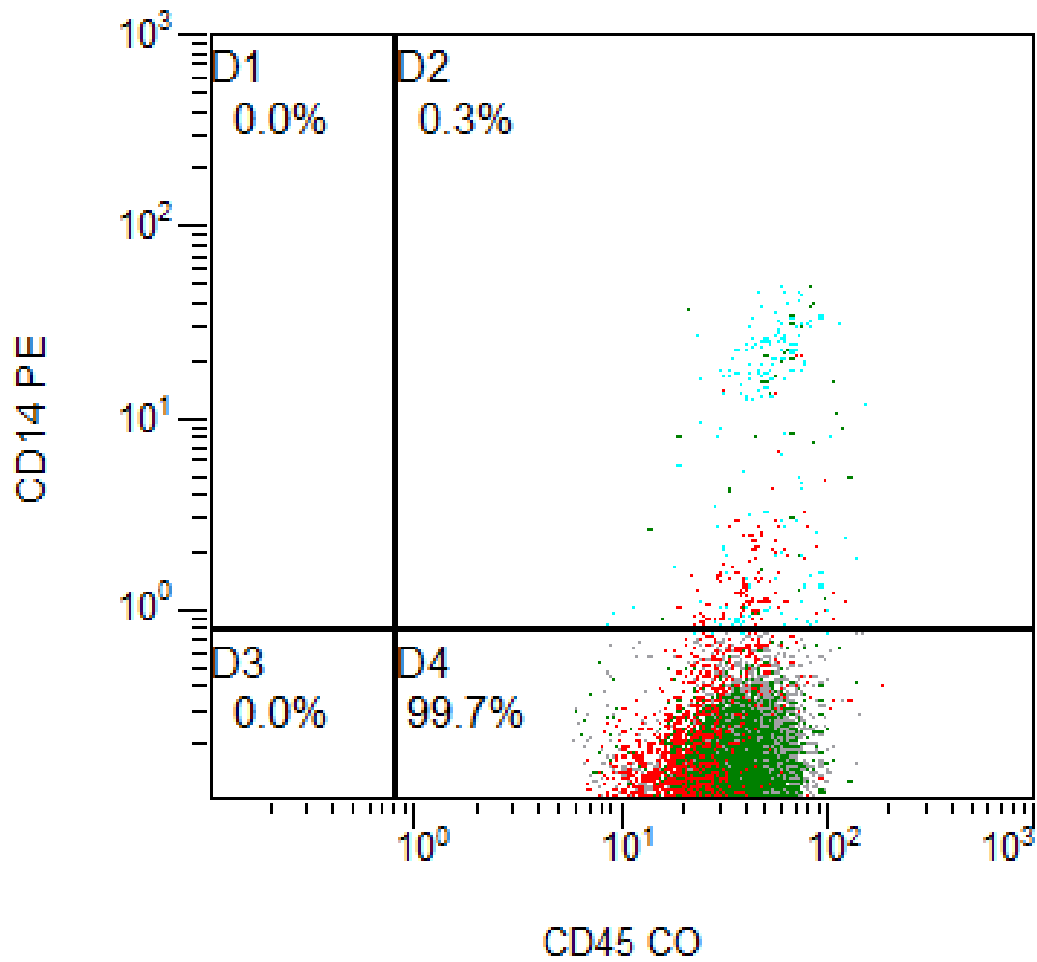


[A] FL1 INT LOG/FL3 INT LOG











**Patient Details**

Hosp No: DoB:		Patients name:	
Lab No:		Clinical details: Persistent right inguinal? LN. 1.5-2cm non tender. Skin lesions on prescription drugs (GP, nature not known.	
Requesting Dr:		Date tested:	
Panels to be set up:			
Previous results:			
<b>FNA</b>	Site	<b>Right Groin</b>	

**Technical comments**



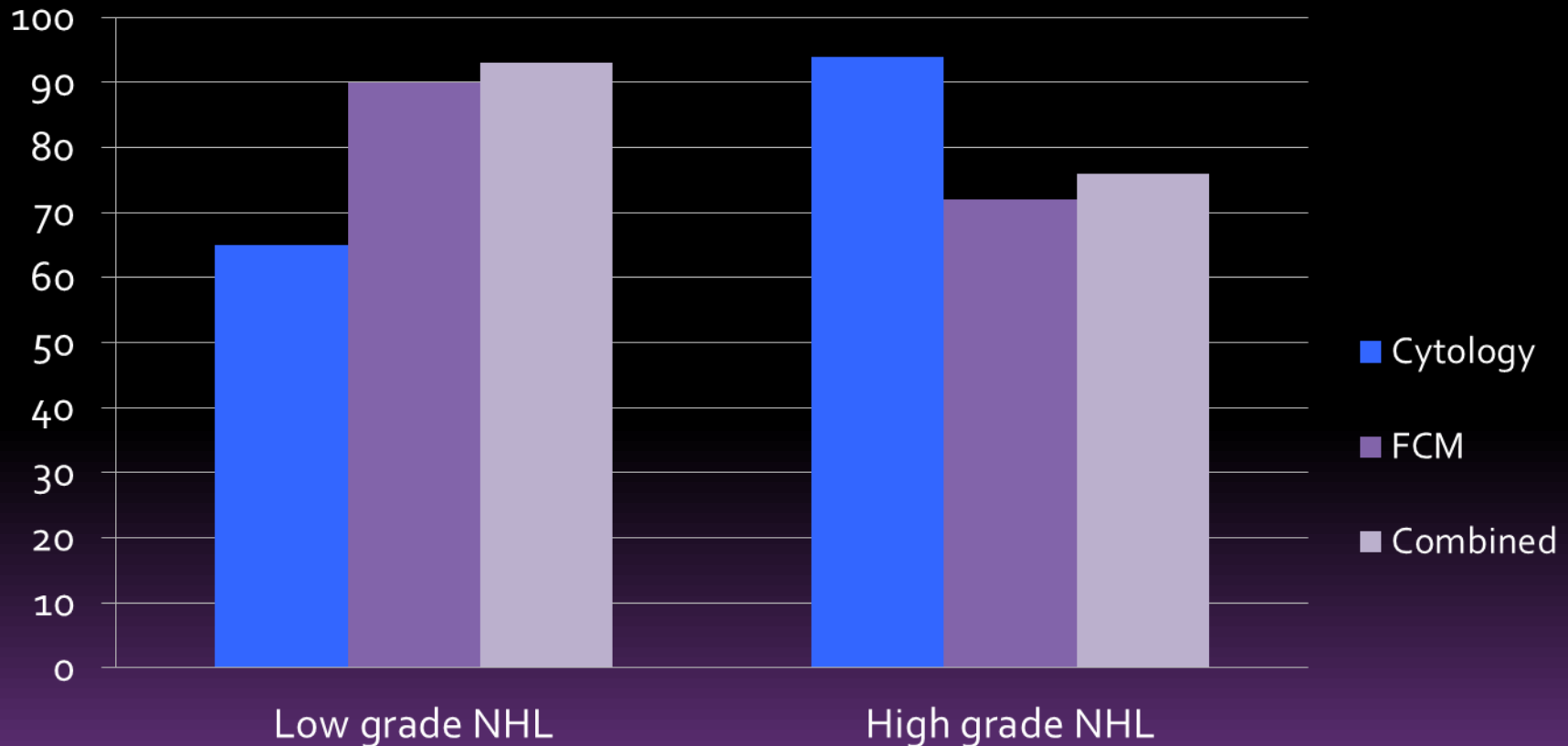
**Immunophenotyping results**

CD	% POS	CD	% POS
CD3	61	KAPPA	18
CD43	65	LAMBDA	13
CD4	50		
CD5	60		
CD7	57		
CD8	16		
CD10	4		
CD14	0		
CD19	32		
CD20	33		
CD20/5	1		
CD23	14		
CD45	97		

**Clinical comment**

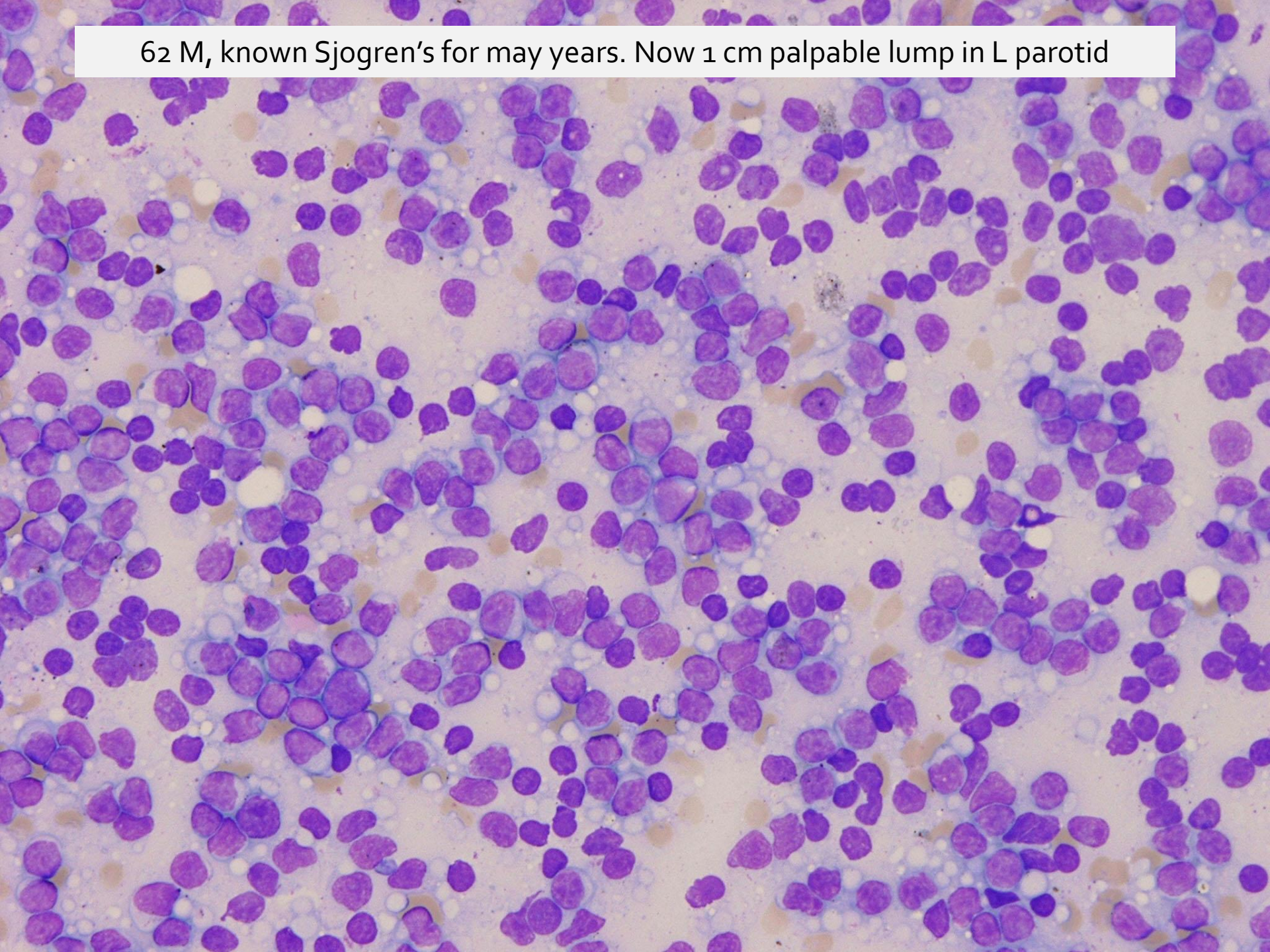
Reactive immunophenotype  
No e/o B-LPD

# What is the actual role of flow cytometry in FNA lymphoma diagnosis?

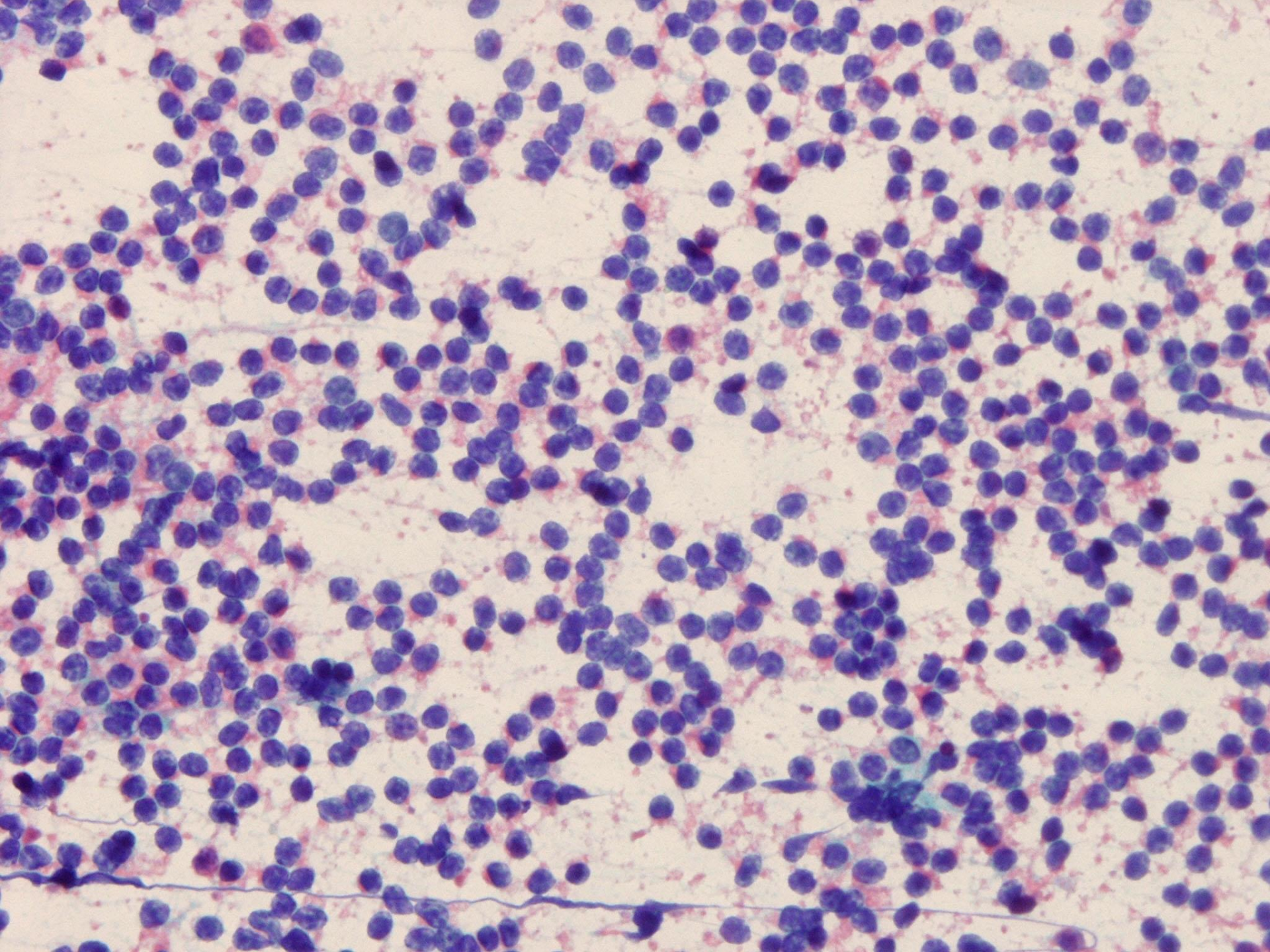




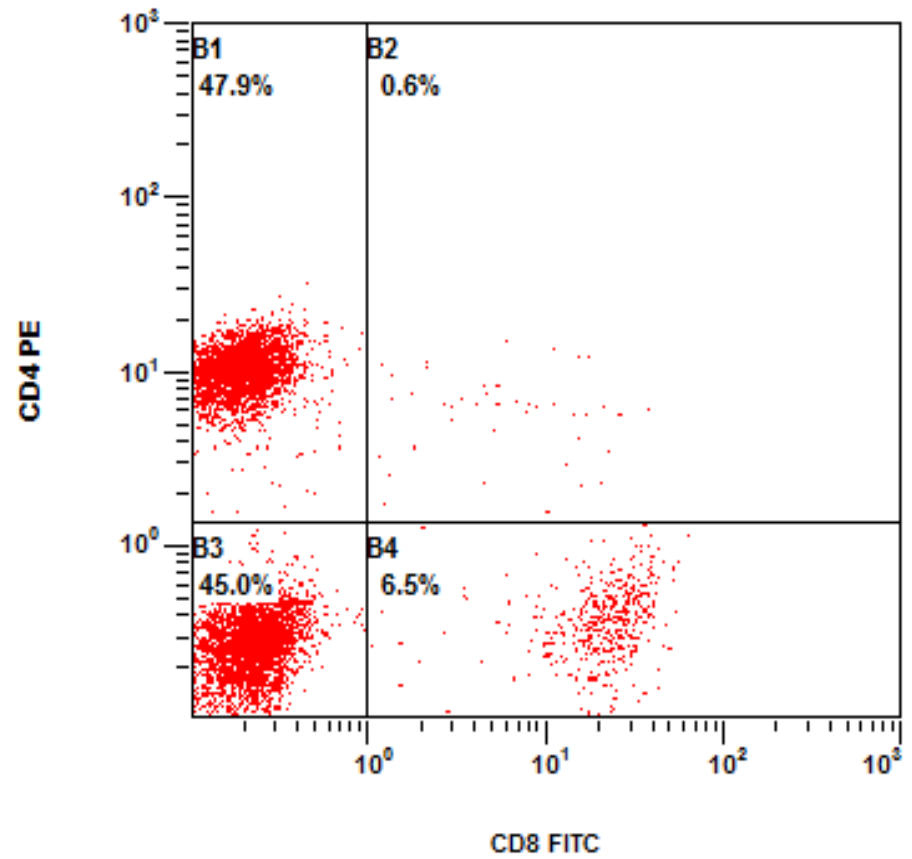
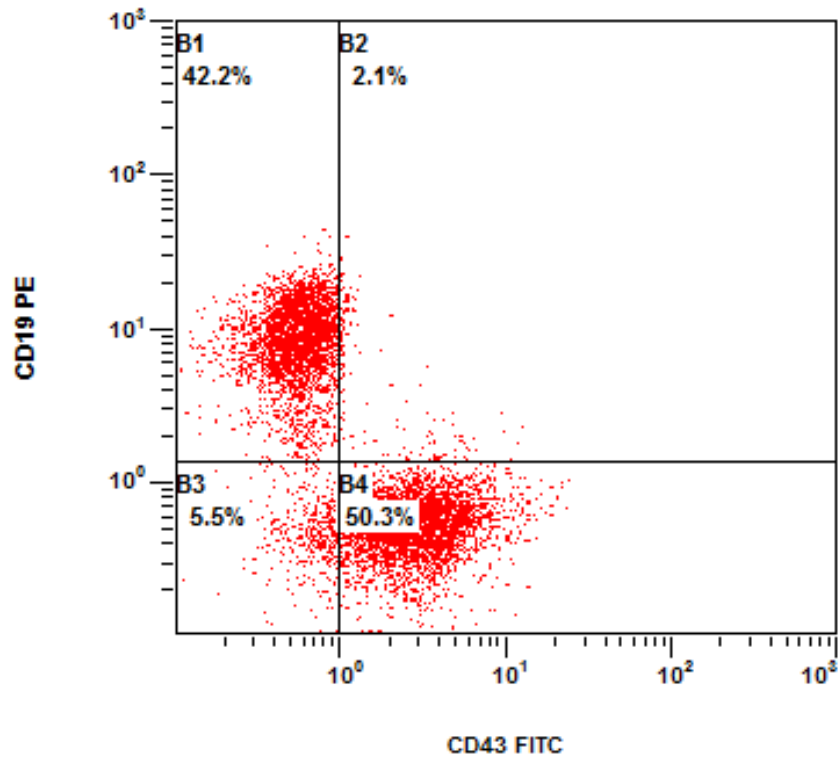
62 M, known Sjogren's for many years. Now 1 cm palpable lump in L parotid

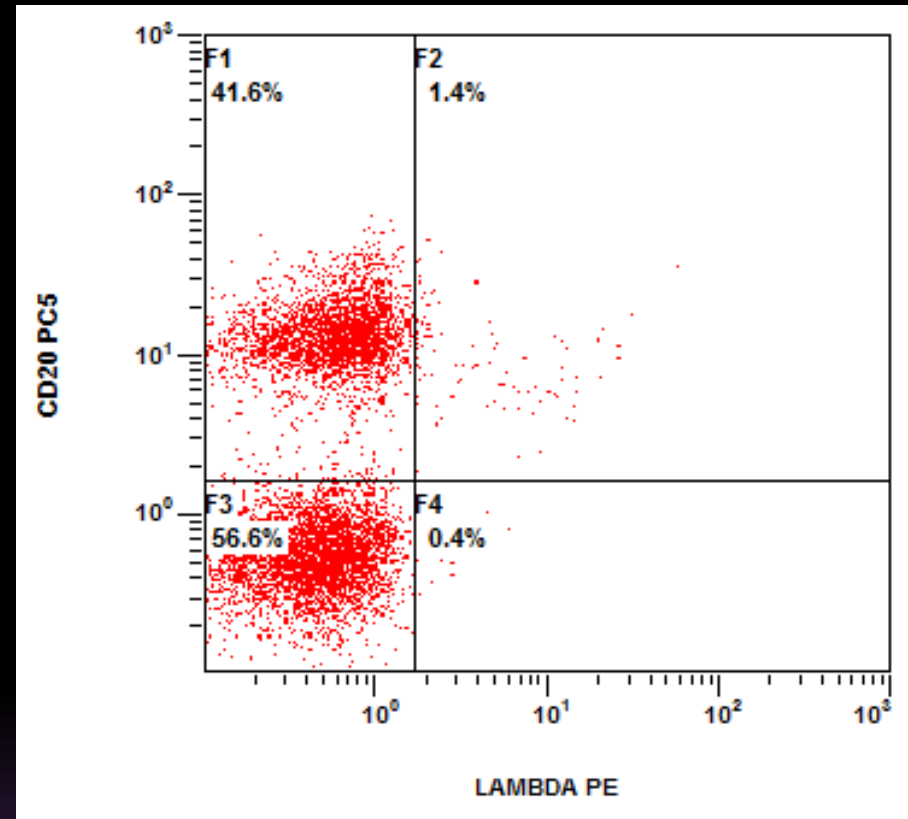
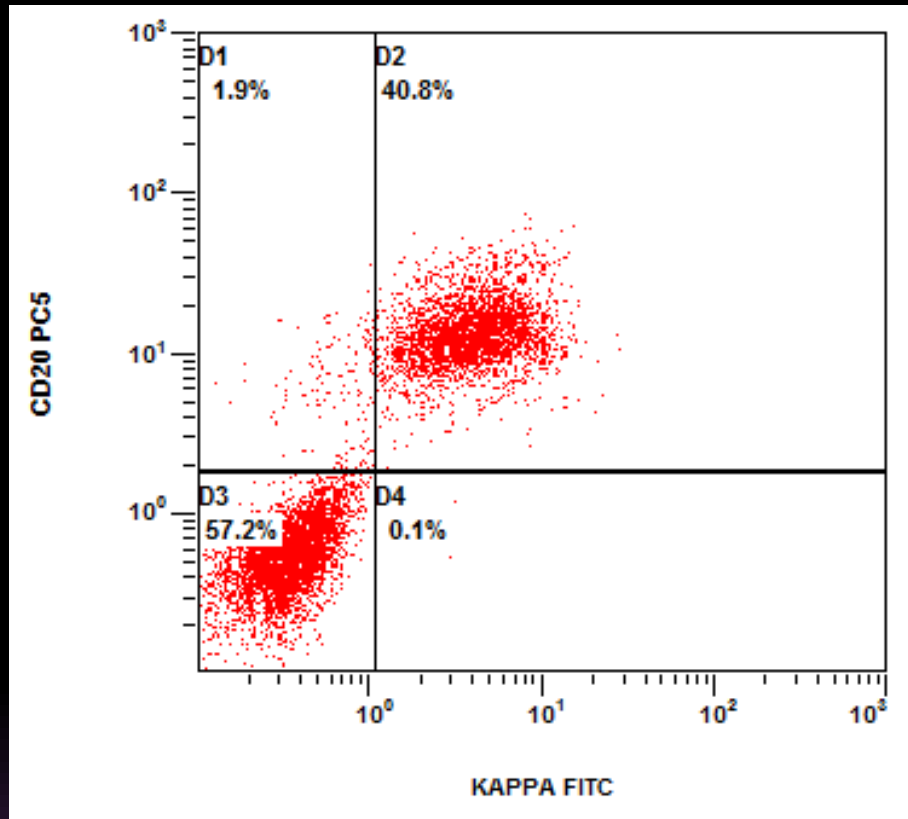




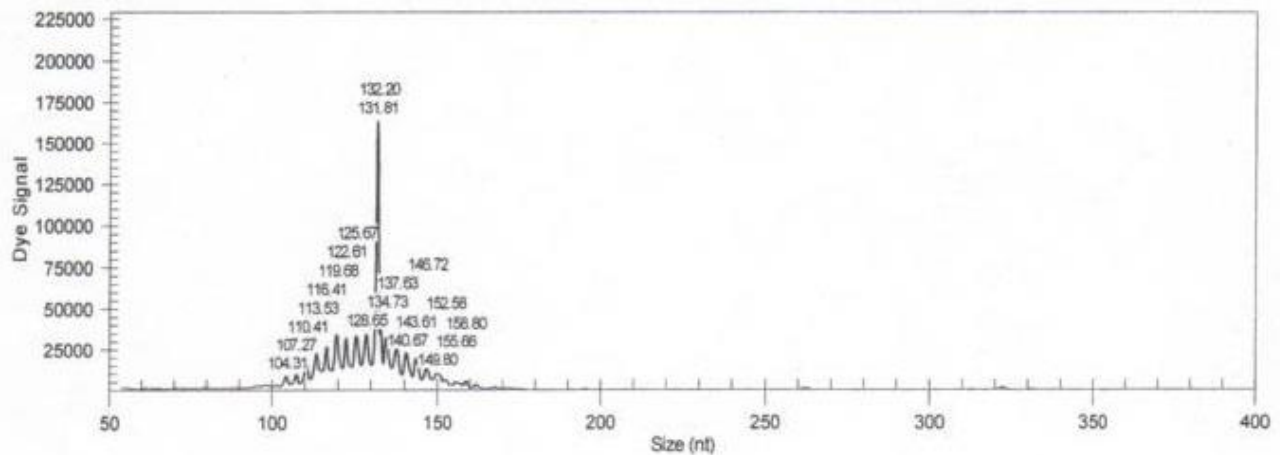
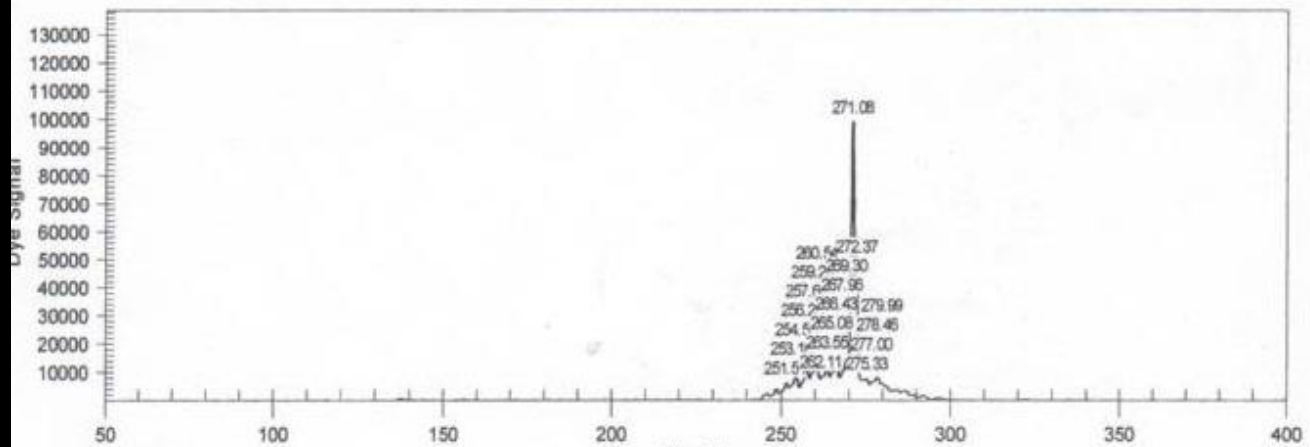
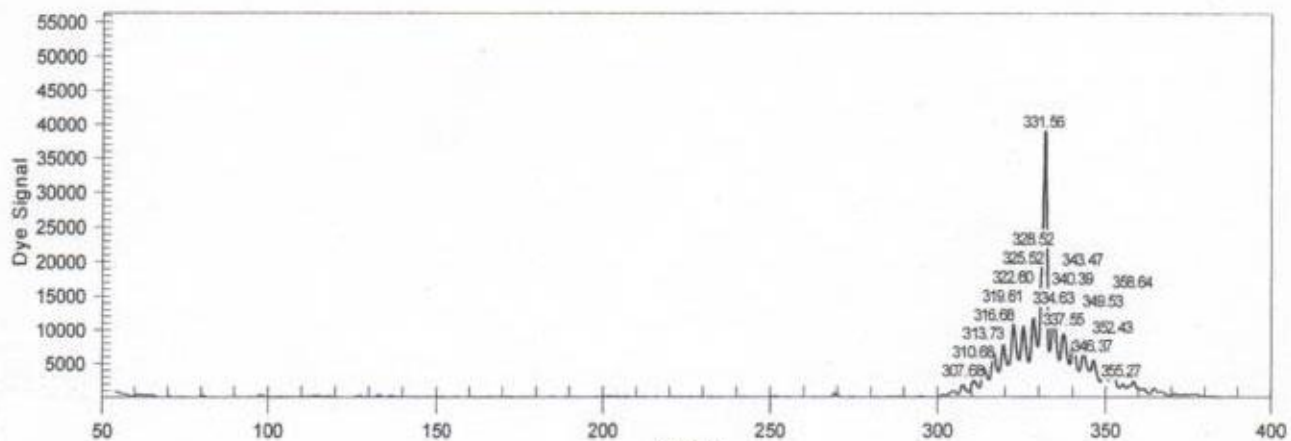












Parotid:

Low grade B-cell Non-Hodgkin lymphoma consistent with  
Marginal zone lymphoma (MALToma)

CD20(+), Kappa(+)

CD10(-), CD5(-), CD23(-)

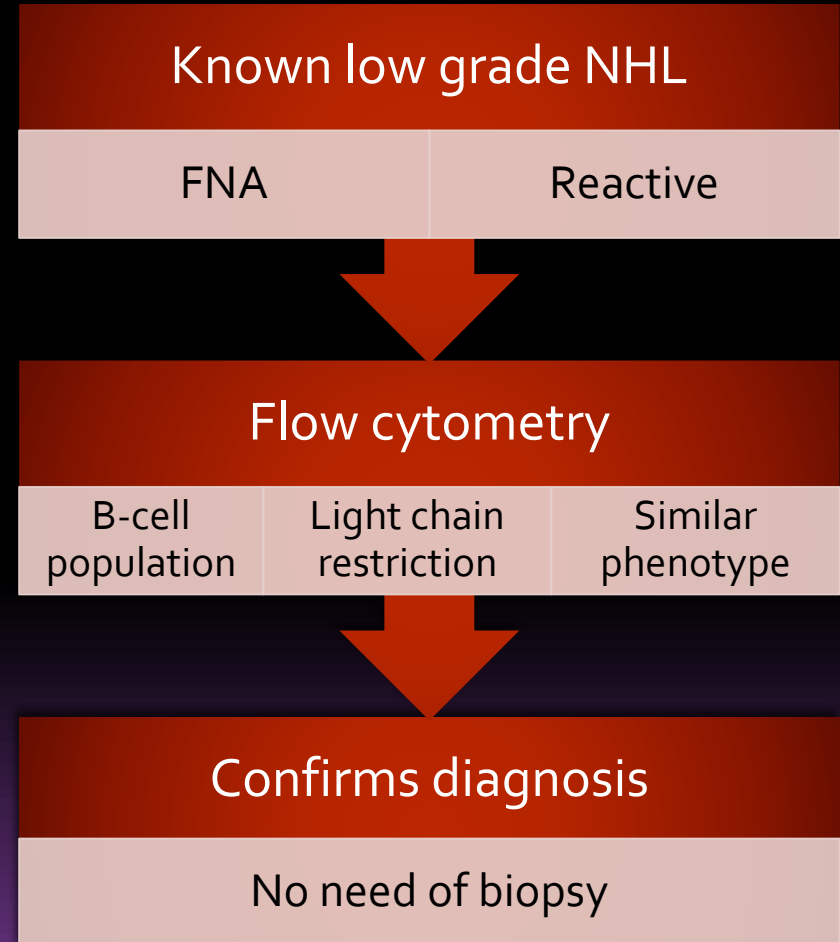
IGH gene rearrangement studies: Clonal

---



# Utility of FNA in low grade NHL

- Primary diagnosis: limited utility.
- Follow up / relapse / residual disease: very useful.
- If adequate material obtained – *obviates need for biopsy*.



# Take home message

- Structured approach necessary
- Needle washings very useful
- Ancillary investigations often convert a consistent/suspicious report into a definitive diagnosis.
- FNA with flow cytometry is very useful in follow-up of low grade lymphoma's.



**Thank you**

